



MOVE IT OR LOSE IT: Fall prevention was the focus of a free, gentle exercise session at the Dufferin Rural Heritage Centre last week. - Ted Tyler photo

HILLSVIEW

Active Living Centre

Halton Hills • Acton

By Julie Conroy

Tickets are available at the reception desk for the Grand Opening Gala dinner on September 11. There will be a limited amount of tickets available, so make sure you purchase yours early. You won't want to miss this special occasion.

Watch this column for other special and exciting presentations that will happen each day starting on Monday, September 8.

If you aren't a member of the Centre, this is your chance to join us. Membership is pro-rated at this time of the year and you pay for the balance of 2014 plus 2015.

Real Tetreault and I were at Blue Springs Golf Course discussing our lunch menu for the September 17 golf game. We always invite the Georgetown members to join us. We will be enjoying squash soup and their famous Monte Cristo sandwich followed by apple crisp and ice-cream.

It sounds perfect after an enjoyable round of golf on the Academy course. Those who still have the energy will be able to play another nine holes of golf following dinner. Tickets are available at the reception desk, and the price is the same for members and friends.

Lunch on Friday, August 8 will be soup and sandwiches plus of course desert, tea and coffee. If that appeals to you, drop in and add your name to the list. You can always stay for Bingo following lunch.

The Bid Euchre group welcomed Gord Inglis as a first time player on Thursday afternoon. Gord, Ellie Holtman and Frances Hogenbirk each had mooners.

The movie *Enough Said* starring Julie Louis-Dreyfus and James Gandolfini will start at 1 p.m., on August 12.

If you are passing by, please drop in and say "hello" to the person at the reception desk. If you

haven't had the opportunity to see the renovated Centre this would make the idea time. Don't forget coffee is always on.

Pat English was very happy to receive a phone call on Friday afternoon telling her she had won just over \$100 in the weekly 50/50 draw.

Remember, the Centre will be closed on Monday, August 4 for the Civic Holiday.

There is other trip planned for the winter. We will be going to Runaway Bay in Jamaica from January 29 until February 8. For more information please check the clip board. As usual, this is a trip organized by a travel agent.

Members of the Hillsview Active Living Centre would like to pass on our condolences to Marion Storey, a very hard working volunteer, on the passing of her husband, Wes, last week.

Our thoughts and prayers are with Marion and her family.



LUNCH BUNCH: Members of the Friday Lunch "B" team served up a tasty feast recently at the Acton Seniors Centre. The kitchen crew included, from left: Margo Bollert, Joan Maloney, Sharon Dorion and Helen Croghan. - Julie Conroy photo

BRANCH No. 197

LEGION NEWS

By Sharon Graham P.R.O.

Comrades,

The Leathertown Festival is on August 10, and the Acton Legion will have a booth in front of the Cenotaph. We hope to see members come out and support us.

On August 17, we hold our annual Gary Munday Memorial Fishing Derby. It starts at 11 and will run till 3 p.m. It is open to everyone. Parents come out and fish with the kids. There are prizes a barbecue and games. For the older

ones, there will also be a dunk tank.

If you are planning a wedding or a party of any kind, why not come and check out the Legion? We have a main hall which is very big and accommodating for your needs. Whatever you are planning, you can do it all at the Branch. The grounds are just beautiful for a wedding service followed by a great meal in our main hall.

Please enjoy your long weekend stay safe.