



POLE POWER: The physical benefits of Nordic Pole Walking are well-known and the program, offered at the Dufferin Rural Heritage Centre, is growing in popularity. - Ted Tyler photo

Red light runners targeted

Traffic enforcement in intersections is the focus of a Halton police initiative that kicks off tomorrow (Friday) in Acton, Georgetown and Milton.

One District officers will specifically target right-turn, red light runners in an initiative to educate and deter motorists who don't come to a complete stop before turning right on a red light. This dangerous practice can, and has, caused serious injury to pedestrians who may not

be easily seen as they cross the road in front of vehicles.

A Highway Traffic Act conviction includes a \$325 fine, loss of three demerit points, and increased insurance premiums. "It's an easy thing to avoid," said Constable Mike Hunchak in a press release issued Monday. "If you obey the law, and drive safely, you'll never get a ticket," he said, adding police don't like giving out tickets, and the best way to avoid one is to come to a full stop at a red light before turning right.

Road safety is a shared responsibility. The Halton Regional Police Service remains actively committed to ensuring the safety of our community through a balanced approach of education and enforcement initiatives.



4H REPORT

By Ashley Lang

July 8th 4H Halton Goat Club.

Injecting goats, keeping them away from poisonous plants and breed differences were on the agenda of the

The executives and other members of the club announced the breed of goat they had chosen for the project.

One of the leaders, Marie Martin, told us about plants that are poisonous to goats and one of them was something most of us people enjoy: Rhubarb.

We also talked about how to put a halter and harness on a goat, and recapped how to know if your goat is healthy or not.

We then got into groups of two and had to figure out the two breeds of goats that were on the sheets.

Before the meeting ended, the leaders showed members how to inject a needle into a goat, went over goat breeds and terms and distinct descriptions of each breed.

I WILL NEVER FORGET YOU, ALLEN

This past July 27th I will have endured the pain and agony of living without my only son for eleven long years or, 132 endless long months. Counting 572 empty weeks and oh yes I do count the days of missing him, longing and aching for my

baby. Like many other mothers who lost a child, 4019 days without the twinkling bright blue eyes and easy going smile.

An irresponsible drunk driver took the life of my son without any remorse. It was Sunday at 10:33 pm and my son was driving home in his blue Ford Escort and never arrived.

Allen is home with his father God in heaven now because of that trust in Him and not because of anything he did in his life to obtain God's favour. I miss him more than words can say.

Allen was taken at a very young age. We know that everyone will die but we don't know the time or

place of our death. Not many of us even think about it. And if the thought does come to us, we play it down. We all believe that we are generally good people at heart and if there is a heaven and hell, we will go to heaven.

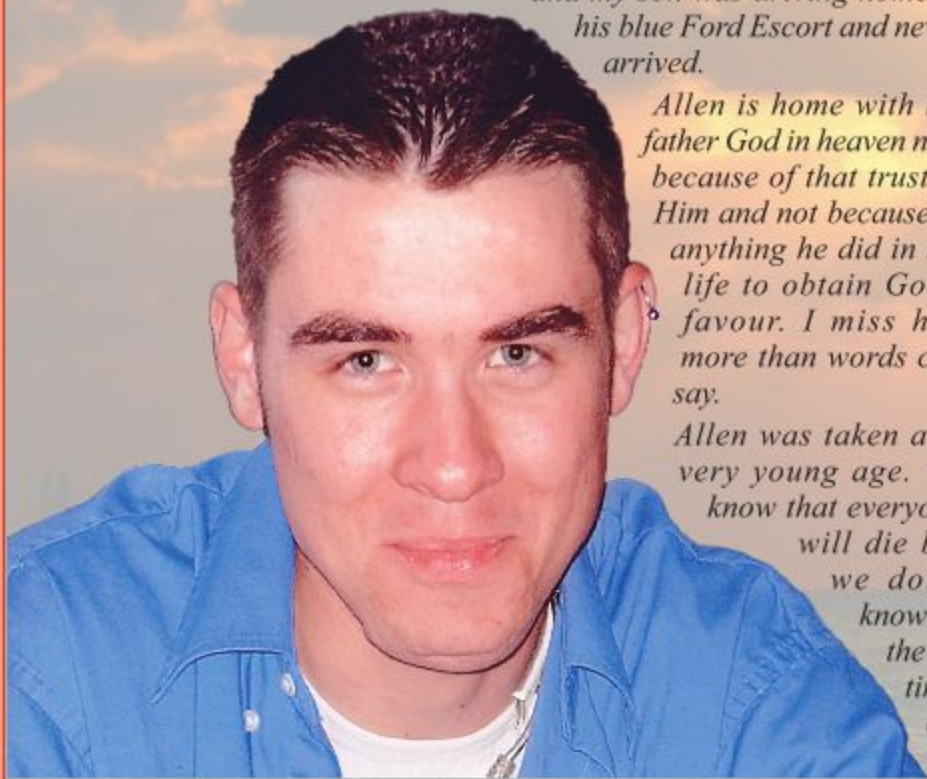
What we may not know is that we all have transgressed the law of God and stand condemned before Him. God's laws are a reflection of His nature and reveal His true character to us. Some examples of how we have broken God's laws may be: 1) Bearing false witness or telling lies. 2) Using God's name as a cuss word to express our anger at someone or something. 3) Taking something that does not belong to us regardless of its value. 4) Jesus said, to lust is to sin because God judges the intent of the heart as well as our actions. And finally 5) Being angry at another person for no reason reveals a murderous heart. This is only five of the ten commandments. Even if we have broken only one of the ten commandments we have transgressed against the author of all commandment. Making us guilty

of all His laws and condemned to eternal punishment.

This should concern us deeply and cause great fear. To be condemned by men we can look to God for help but to be condemned by God we have no where to turn to for help.

But God in His great mercy has provided a way for us to be dismissed from the judgement we deserve. God the son came to us in the form of flesh as Jesus of Nazareth and willingly gave His life on the cross as a payment for our lawless actions. Jesus took the wrath of God on that cross, shedding his blood and life so that we would not be condemned to an eternal punishment. And to prove that Jesus was God in the flesh, He rose from the dead on the third day defeating death once and for all. A sign for all to ponder. Jesus is the first fruit of the resurrection to come.

All we have to do is believe that Jesus is who He claims to be, put our trust in Him and stop breaking God's law. This is what Allen was doing and it is our prayer that you will do the same.



ALLEN K. VRYENHOEK