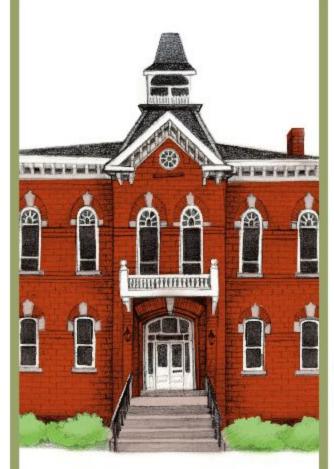


TREATS & TREASURES: You never know what you might find at an Acton garage sale. Saturday's offerings included an extensive collection of Teddy Bears and dolls, and a Chinese tea service. - Ted Tyler photo

The July 7 meeting of the Town of **Halton Hills Council**

will be held at the restored Acton Town Hall.



Time:

6:30 p.m.

Address:

19 Willow Street North Acton, Ontario

For agenda details, please visit the Town's website:

www.haltonhills.ca





Ways to beat the day dogs of summer heat

As enjoyable as summer can be, the dog days of summer, with temperatures approaching or exceeding the triple digits, coupled with intense humidity can be dangerous, and it's important that men, women and kids emphasize summer safety.

 * Check seating before sitting down. You don't have to spend

time outdoors to get burned when summer temperatures soar. Something as simple as sitting down on a surface exposed to the sun can cause burns. Before sitting down in a car, on a bench or other surfaces exposed to the heat, check the seats by touching them with your hand.

Lock car doors at all times.

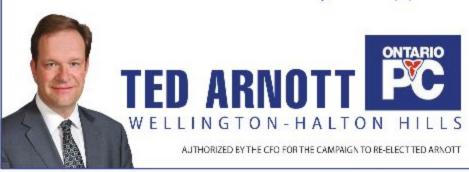
Kids might be more amenable to summer heat than their parents are, but that doesn't meaning playing outside isn't a potential threat to youngsters' health. Cars can quickly turn into ovens during the late summer swoon, and kids can easily succumb to the heat if they climb into an unattended vehicle

* Limit strenuous activities. Adults may find summer is the ideal time to get outdoors and go for a run or enjoy a little sunsoaked exercise. But strenuous outdoor activities should be kept to a minimum once the dog days of summer arrive. Heat stroke and dehydration are very real possibilities when adults and kids overextend themselves on hot days, so keep physical activity to a minimum on especially hot days or schedule activities for those times in the day when the temperature is more amenable to activity.

* Stay hydrated. Summer heat can take a toll on the body, which needs water to stay cool. Be sure to drink plenty of water even if you don't feel thirsty. The body's cooling system can fail in extreme heat or when conditions outside are especially humid, leaving men, women and children susceptible to dehydration.

Dizziness, an elevated heart rate and nausea are each symptoms of dehydration, particularly on hot

for your support.









Ruth Bowes 905-691-5058







This 1875 built home sits back from the road. Addition includes: Mud & Sun-Room, 2-car garage. 27.5 acres with approximately 20 workable acres includes 1600' grass airstrip and 2 outbuildings. Creek is the start of Grand River Watershed. Long views to south from all points on the property, wooded area along the creek, and two large vegetable plots complete the picture. Visit ruthbowes.com for a virtual tour of the property.

Find a well kept 3 Bedroom, 1.5 Bath, Brick and Vinyl, 2 Storey home with covered Front Porch and Single Garage featuring a spacious Living Room with upgraded Broadfoom, Kitchen with Centre Island and Dining Room walk-out to a large Deck, Fenced Yard and Garden Shed for a under Call me to find out!



Office: 519-853-9924

This is a great home for a growing family with four bedrooms on the main level and three bathrooms Also on this level is the renovated kitchen, the family room and large combination dining/living rooms. The basement is fully finished with access from the 3 car garage. Come and take a look, call Jennie for a viewing. Asking \$699,900

STUDIO & HOME COMBINED



\$399,990

Amazing Opportunity to own a home/studio in the artistic village of Eden Mills. Currently the "Main Street Mosaic Studio" house is div-ided into a 950 sqft living space + 750 sqft studio/store, however with a few dividing walls in the 24x29 bedroom/studio/store you can create a third bedroom and still have a studio. Kitchen features custom heated mosaic floors, mosaics in 2pc bath as well. Visit ruthbowes.com for

a virtual tour of the property.

EVERY ONCE IN A WHILE.

Enjoy living in the country and still be walking distance to town. This spacious, 3 +1 bedroom, 1.5 bath, 1645 square foot, brick and stone Raised Bungalow, is nicely set back from the road on a 125 foot by 165 foot lot. Features a Canac Kitchen with granite counters, finished lower level (suitable for extended family), 20 x 40 ft in-ground pool and 4 car garage! See it with



Large family home! Finished basement! Updated roof! Furnace! Broadloom and windows Your opportunity to put your "own touches" to this immaculate home. Enjoy the relaxing with family and friends in the family room with towering cathedral ceiling and open stair to 2nd level. Main floor laundry , formal livingdining room with double sided fireplace plus 4 bedrooms.

www.ruthbowes.com

www.reresource.ca

Heather today

www.rockwoodrealestate.ca

Prestigious neighbourhood in Rockwood