

Welcoming fall with a spiced cake

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What's Cookin

Gerry is writing today...

'Tis the season for the harvest of our fall apples. This conjures up warm aromas coming from the oven, so many apple desserts to make what's the best?

Dave's absolute favorite pie is the apple pie, hands down. Or he may tell you that the pie in front of him is his favorite. I get that too. I am awaiting the end of September when my favorite cooking apple, the Northern Spy, is ready.

A lot of apples remain in storage most of the year, so they are readily available til summer, but the Spy seems to run out, so no apple pies for a few months. I have tried Courtland, Wealthy and Melba with good results.

So many ideas for cooking with apples, try apple crisp, baked apples, ap-

plesauce, roast pork with apple rings, red cabbage with apples, apple tart, apple dumplings, apple butter, apple fritters, the list is endless.

Best of all for just eating are these fragrant, juicy, crisp and tender fruits.

So get out to an apple farm with your friends and family, enjoy a fun day picking your own, enjoy some apple cider in the warm sunny fall afternoons, then create a special treat with your hand picked treasures.

Today's recipe for applesauce raisin cake is another great item that packs well for lunches. Time for a dessert!

Have fun and keep cooking!



Add egg.
 Add dry ingredients alternately with applesauce to creamed mixture.
 Bake in greased 8" pan for 1 hour at 350 degrees celcius.
 Dust with icing sugar when cool.

Applesauce Raisin Spice Cake

INGREDIENTS

- 1 ¼ cups flour
- 2 tsp. baking powder
- ½ tsp. baking soda
- ½ tsp. salt
- ½ tsp. each cinnamon, allspice, nutmeg
- 1 cup raisins
- ½ cup shortening (some of it butter)
- ¾ cup sugar
- 1 egg
- 1 cup applesauce (store bought or homemade)

METHOD

Mix dry ingredients and raisins and set aside. Cream shortening and sugar.

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