

Showcase Day at HALC-Acton well attended

By Julie Conroy

Hillsview Active Living Centre-Acton

The annual Showcase Day at Hillsview Active Living Centre Acton was well attended. Many of us enjoyed watching Chef Dale McCarthy from the Everton Culinary School make delicious choux pastry, which he then turned into mini profiteroles. They were filled with a mixture of whipped cream and custard and topped with either caramel or chocolate. Delicious! Others enjoyed the Bone Building class and are looking forward to participating in the weekly drop-in Monday morning classes. As we get older we all need to look after our balance and keep fit.

Forty people sat in the lounge and enjoy a boxed lunch while catching up on all the events that happened over the summer.

In the afternoon Stephen Ilott gave a very humorous and informative presentation on De Cluttering your home. Stephen stressed that the time to start de cluttering your home is six months before your planned move. Start a little at a time. This way you avoid the stress of finding homes for the treasures and junk at the last minute.

Some people chose the second afternoon option and took the opportunity to try Zumba Gold. This is a great way of exercising to up-beat music and getting fit at the same time.

Frances Hogenbirk asked me to mention that

darts has started again. They play on Monday mornings at 9.30 a.m. They would love to see some more players and the social dancing is on Thursday afternoons at 2 p.m.

If you are celebrating a birthday in August, September or October and are intending to attend the Birthday Tea on Tuesday, Sept. 20 please phone the Centre (519-853-5951) and let the reception desk know. Don't forget to include your guest.

Hillsview Active Living Centre members and staff were delighted to hear that Keith Black had been chosen as Acton's Citizen of the Year for 2016. It is a well-deserved choice! Keith gives so much of himself and his time to helping others. I know we appreciate it when he takes time to come to the Centre and give a presentation offering advice and driving tips to those present. The tips are always excellent and help make seniors feel a little more comfortable when they reach the magic number of 80 and have to take the driver's test every two years.

Lunch on Friday, Sept. 23 will be soup and sandwiches plus dessert tea and coffee followed by Bingo at 1:15 p.m.

Suzanne Blanchet Haffey was working at the reception desk on Friday afternoon. When I went to draw a name she said pull me and to our amazement hers was the name I pulled. Congratulations Suzie! She won \$194.

Join HALC-Georgetown for End of the Summer Dance

By Florence Riehl

Hillsview Active Living Centre-Georgetown

Half way into September and each day sees more and more activity at the Centre. Why not come and be a part of it?

Tomorrow evening, Friday, Sept. 16, from 7-9 p.m., is your opportunity to shake a jig at our End of the Summer Dance. Live music will be provided by the Hawks Nest Trio featuring Neil Cotton. Tickets will be available at the door. Cost \$5 member and \$7 non-member.

Tuesday, Sept. 20 from 10 a.m. to noon you will be able to come and learn from an art demonstration by William Band as he creates a cottage scene in water colours. This Art Program is being held at the Centre through the auspices of the Library. In order to attend you will need to register by calling 905-873-2681 ext. 2511.

On Monday afternoons around 1 p.m. some of the members gather to play Mexican Train Dominoes. Don't know how to play? Wendy will incorporate lessons during regular play for anyone interested in learning. Keeps the old brain going!

Then you can come back on Tuesday at 1 p.m. to learn how to play Rummikub, a game played with tiles rather than cards but featuring many of

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the elements common to all rummy games. Again don't know how to play, Wendy will teach you how to master the game in no time.

This Friday and Saturday, we will be manning a table at the Georgetown Market Place to promote the sale of our Travel Voucher tickets. If you have not purchased yours yet, this will be an opportunity for you to do so. The tickets are \$10 each or three for \$25 for a chance to win a \$2,200 travel voucher with Great Canadian Holidays. All proceeds come to the Centre.

Have you noticed that our Centre gardens are in need of some loving care? Perhaps you would have a little time to become a part of a very informal Gardening Circle. If you are interested and able to improve the look around our front entrance please speak to the Staff for more information.

Have you thought of joining us for dinner at Mrs. Mitchell's and then off to Orangeville to see a mystery comedy at Theatre Orangeville. Date for this is Nov. 2. Final sign-up will be within the next two weeks.



PUBLIC WORKSHOP
for the
MATURE NEIGHBOURHOODS CHARACTER STUDY

The Town of Halton Hills initiated the Mature Neighbourhoods Character Study to examine whether the Town's Zoning By-law is effective in maintaining the character of our mature neighbourhoods, in response to increased pressure for large scale home rebuilds that are sometimes referred to as "monster homes".

We invite you to join us at a public workshop that will feature a presentation on the Study's progress and public feedback to date, as well as a facilitated and interactive group exercise in which you will be able to share your input about how neighbourhood character can be regulated.

Please RSVP by September 29 to Rukshan de Silva at rukshand@haltonhills.ca or 905 873 2601 Ext. 2302.

OCTOBER 3 6:30-8:30PM
HELSON GALLERY @ HALTON HILLS CULTURAL CENTRE

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