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MONDAY, SEPTEMBER 5

TOPS (Take Off Pounds Sensibly): 6:15-7:15 p.m. St. Joseph Church, (back entrance), 64 Church St. E., Acton. TOPS offers tools and programs for healthy living and weight management, with group fellowship and encouragement at a low cost. You are welcome to attend your first meeting free of charge bring a friend if you like. There is no obligation. Info: www.tops.org, 519-853-1189.

Cribbage: Come out to the Hillview Active Living Centre-Georgetown, 318 Guelph St. Mondays, 7-9 p.m. and play and have fun playing cribbage. Everyone welcome: \$2/member, \$4/non-member.

Open Grief Support Group: The pain of losing a loved one is a difficult pain to bear. Sometimes we don't know how we can carry on. If you are dealing with grief, be it recent or long term, you are invited to attend this open monthly meeting. Learn about grief, find ways of dealing with grief, hear the stories of others. Held at Norval United Church, 486 Guelph St. from 7:30-8:30 p.m. For more information contact Paul Ivany, 905-877-6122, paul@norvalunited.ca, www.norvalunited.ca

BBQ Smoked Ham Chop Dinner: 5-7 p.m. at Ballinafad Community Centre. Call 905-877-4072 for tickets. Sponsored by the Ballinafad United Church.

TUESDAY, SEPTEMBER 6

The Palette and Pencil Guild of Credit Valley Artists: meets every Tuesday afternoon from 12:30 to 3:30 p.m. for Open Studio and once a month on the last Tuesday evening of the month at 7 p.m., at The Cottage

in The Cedarvale Park, Georgetown. Come and paint in your favourite medium with other local artists. For more information please email: sheila@creditvalleyartisans.ca

WEDNESDAY, SEPTEMBER 7

Georgetown Yarn Sip N Stitch: Every Wednesday from 1-3 p.m. we have a drop in social. This is open to yarn crafters of all skill levels. Bring your current project and come for a fun afternoon of stitching and socializing. Always free. 170 Guelph St.

Acoustic Jam: at the Shepherd's Crook on Wednesdays, 8 p.m. Players, singers of all levels welcome.

THURSDAY, SEPTEMBER 8

Optimist Club Bingo: every Thursday. Grand Prize \$250. Starts at 7 p.m.; doors open 6:30 p.m. The club is located on Hwy. 7 between Georgetown and Acton, just west of 22 Sideroad.

Acton Farmers Market: 3-7 p.m. on Thursdays until the second week of October. Come for the freshness, stay for the fun! Enjoy home grown produce, meats, baked goods, crafts and lots more! Info: downtownacton.ca

PickleBall: 7-9 p.m. at Emmerson Park, Carruthers Rd., Georgetown. Come and learn the game of Pickle-Ball, Florida's most popular sport. Will run for the summer months of June, July and August. For more information, please contact Mitch at 905-703-4340 or email mitch3m77@hotmail.com

Senior Men's Luncheon: 12 p.m. at Holy Cross Church, Argyll Rd. All retired men are invited for a delicious lunch, great camaraderie and an interesting speaker. The speaker is Dr. Paul Zeni and the cost is \$10. Info: 905-877-6029.

SleepCountry PLUS **MIX & MATCH SALE** ENDS SOON!

\$498 CURTAIN QUEEN SET

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BACK TO SCHOOL

Details inside



Shane and Leah's Stag and Doe

When: September 10th 2016

Where: Acton Town Hall, 19 Willow St N. Acton ON

Time: 7pm-1am

Price: \$10 in advance or \$15 at the door, tickets can be picked up at Blooms Away or Trendz Hair Studio

Prizes: Door prize are two tickets to the Craft Beer Festival

Other prizes include: Signed Blue Jays memorabilia, facial gift package, scentsy gift basket, 3 month gym membership and much more.

Food and drinks :)

... Lend Me Your Ears

By Cory Soal R.H.A.D.

CAN I HAVE A TRIAL PERIOD!

Members of the Association of Hearing Instrument Practitioners of Ontario recommend a 30 day time period in which they may return their hearing aid(s) if they are not completely satisfied. (There may be a service fee charged if an aid is returned). The criteria for satisfaction of the hearing aids is that you find them beneficial. You have the final word.

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