

Your **EYES** can be a window to your **HEALTH!**



How does nutrition impact your eye health?

Can hormones influence your vision?



What surgical options are available?



Does inflammation play a role?

Ask about micropoint stimulation (MPS)



How do you manage symptoms of cataract? Ask about UV and glare protection

Are you prepared financially to invest in your eye health?





Let us **teach** you how!

Eyes Focused on You

Dr. Caroline Teske & Associates - Optometrists

Our passion is education! Our aim is to empower patients to have a better understanding of cataracts and general eye health. Eyes can be an indicator of your overall health and need to be part of your health wellness plan.



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