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Insightful vision

Margaret Wallis Duffy (left) and Dr. Caroline Teske (right) are excited to be on set before filming the new educational series InSight on Eye Health with WOW New Media. InSight on Eye Health is an educational series dedicated at teaching wellness. Dr. Teske, a local optometrist at Eyes Focused on You, was asked by WOW NEW MEDIA and Wallis Duffy RMT to participate in this health series. In addition to Dr. Dean Smith, ophthalmologist, a group of professionals joined them to share their passion for education a registered dietician, a naturopathic doctor, a physician who specializes in hormonal health and even an investment advisor contributed their expertise. Our aim is to empower patients to have a better understanding of cataracts and general eye health, Dr. Teske explains. Look for more education next on glaucoma, macular degeneration and eye safety. Eyes can be an indicator of your overall health and need to be part of your health wellness plan. For more information, call Dr. Teske and Associates at 905-702-1616 or visit www.eyesfocusedonyou.com.

