# Halton Hills asks residents to take part in Bike to Work Day

The Halton Hills Bicycle Friendly Community Committee is inviting local commuters and residents to come out to the Noon Hour Bike Ride on Bike to Work Day on Monday,

For the fourth consecutive year, the Town will host its annual Noon Hour Ride event.

Join Town staff and local residents for a leisurely noon hour ride through scenic trails and the quiet downtown side streets in Georgetown.

Bring your own picnic lunch and enjoy it when we stop part way through the ride at the Georgetown Fairgrounds.

Residents, especially those who work from home, are encouraged to join the ride. It is an opportunity to experience some of our beautiful natural areas and quiet residential streets.

This group ride is an opportunity to meet your neighbours while enjoying a local cycling excursion.

The Halton Hills Noon Hour Bike Ride is a great way to meet neighbours and Town employees on this unique cycling ride and is part of Smart Commute Halton's Bike to

Town staff is encouraged to ride their bike in the morning to work as well as to participate in the Noon Hour Ride event.

Councillor Jane Fogal, Chair of the Halton Hills Bicycle Friendly Community Committee said, Riding a bike to work just one day of the year may be all it takes to change a habit. It is also a great way to reduce stress, get some fresh air and discover some of our beautiful trails.

The Noon Hour Bike Ride will begin at the Halton Hills Civic Centre main entrance at 1 Halton Hills Dr. in Georgetown at 11:45 a.m., with departure at noon. Velofix, a mobile bike maintenance company, will be on hand to make minor adjustments and pump tires for participants in the ride.

If you are planning on joining the ride please notify the organizers in advance by emailing hhcycling@haltonhills.ca.

The Halton Hills Bicycle Friendly Community Committee also organizes the Halton Hills Community Cycling Challenge, Bike it to the Market and Bike it to Leathertown Festival.



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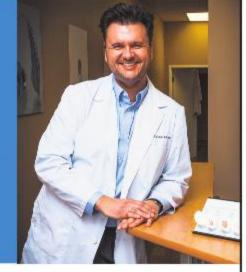
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