

SENIORS LIVING

Try your hand at Pickle Ball, coming soon to Acton Hillsview

By Julie Conroy
Hillsview Active Living Centre-Acton

The latest copies of Acton's Hillsview are at the reception desk. Don't forget to pick yours up! Inside you will find all the exciting events that are planned for the next four months and see some of the pictures of events that have happened over the last few months.

We hope to see many of you at our Spring Mother's Day Luncheon on Saturday, May 7 from 11 a.m. to 2 p.m. Not only will you enjoy a delicious lunch but you can stock up your freezer with baking and not need to bake during the summer. We always have a delicious selection of freshly baked cakes, pies, and cookies etc. You might even find the perfect book to take to the cottage over the summer or win one of the many prizes.

Our next social dinner is on Monday, May 16. This time the dinner will have a Carnival night theme and on

the menu is pineapple chicken and rice, plus salad. The popular Ronnie Russell will be entertaining us again. Everyone who was at the Reach Out Caribbean dinner when the chicken dish was served said how delicious it was.

When you are visiting Halton Hills Civic Centre take time to check out the pictures displayed. They are showcasing the Hillsview Active Living Centre Acton's Wednesday afternoon painting classes work.

Everyone is talking about what fun it is to play Pickle Ball. Starting in mid-May you will be able to play on the main rink on Wednesdays between 1:30 and 3:30 p.m. (Note: the newsletter says Tuesdays that is not correct.) It's a cross between tennis, badminton and ping pong. There will be a try it on June 17 during Seniors Month.

Betty Brewer had the only mooner on April 28 while playing Bid Euchre.

Lunch on Friday May 13 will be

chicken Vol-au-vents, salad and dessert plus tea and coffee.

Al Gaudet was the lucky winner of the weekly 50/50 on Friday. He won \$190.50.

Get your tickets for the Fashion Show

By Florence Riehl
Georgetown Active Living Centre

Only two days left to get your tickets for the Spring Fashion Show on Monday, May 9. Fashions to be presented by Northern Reflections. There will be light refreshments, draw prizes and a 50/50 draw. All this for \$6.00.

We are so glad you stopped by our booth at the Mall on Saturday. It was great to be able to showcase all that we have and do in our Centre. Hopefully we convinced some of you to come out and join us.

The Centre was rocked with laughter on Wednesday as we learned all

HILLSVIEW

about laughing yoga. Raucous laughter could be heard in every corner. Everyone had such a good time. I for one hope they return. Laughter really is the best medicine.

On a more serious side you will want to come to the Centre on Tuesday, May 10, beginning at 10 a.m. to hear, and question, Richard Howitt, Q.C. as he shares his expertise on wills, Powers of Attorney, and the new Probate Law. There have been some changes and you need to become aware of these. There is no sign-up sheet.

On Tuesdays and Thursdays beginning May 10 you will be able to play

pickle ball at Emerson Park from 9 to 11 a.m. Cost will be \$4 per play. The first game is free.

The new Winners Club will have their first get together on Friday, May 6. This is the only group where you lose to win. No membership fees but we do ask that you make a regular weekly commitment. This is an opportunity, for the low cost of a toonie, to try to take off weight along with other like-minded friends. We can help each other to be winners.

Travel: Last chance to sign up to join us for our trip to Stratford to see Chorus Line. It will include lunch at the Church again.



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