

# Parchminum: the newest kitchen tool everyone wants



Who can't use a little help in the kitchen? It always feels great to discover a new kitchen tip or gadget that makes our lives easier, helps us save time and money, and inspires us to cook healthier meals.

flavours, allowing you to bake, roast, and cook with any sauces, and then serve at the table, without dirtying more dishes.

Six ways you can use cooking sheets to make your life a little easier in the kitchen:

1. Better for pocket book and environment
2. 1 sheet = 25 boxes of parchment paper
3. Less cost, less waste
4. Doesn't transfer flavours
5. Easy clean up, sticky items rinse away with soap and water
6. Cut to size of pan or bakeware

When you're considering cooking with sheets, look for non-stick options that are PFOA-free, suitable for gas and electric ovens, microwaves, and grills and are heat resistant to 550°F.

More information is available online at [cookina.co](http://cookina.co)

Pan sheet cooking is all the rage because cooking sheets are heat resistant and virtually non-stick, making cooking easy and fun because there's little clean up. Whether indoors or outside on the grill, reusable cooking sheets have evolved.

Parchminum is the newest hi-tech, non-stick presentation and cooking sheet that moves easily from the oven to the table. One sheet combines the efficiency of parchment paper with the durability of aluminum foil.

Cooking without the need of oil and non-stick sprays is much healthier and terrifically convenient, says Dee Gibson, a culinary and entertaining expert. You'll want to look for a cooking sheet that transfers no odours or

- [newscanada.com](http://newscanada.com)



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