



TOWNSHIP DIGEST

A famous author in our midst

By: Dawn Grimmer

An internationally renowned author is living quietly among us in Rockwood. Who knew?

Jeff Brown, author of several spiritually-focused books and of Good Morning America fame where he has written a series of inspirations, has been endorsed by Oprah and other famous spiritual writers.

Brown has just launched his latest book, "An Uncommon Bond", described as a "higher consciousness love story and a book that reflects his views on spirituality." It is already a bestseller on Amazon with the first press run sold out.

Brown, a former criminal lawyer and psychotherapist, is a big fan of Rockwood and feels

very productive here. He's originally from Toronto but found there to be too many distractions. "I'm mostly anonymous here and I like Rockwood's beautiful, expansive skies. I like its stillness and it is grounded, rooted and rock-solid," says Brown.

Asked why he switched gears from his previous life, Brown states: "I felt the call away. I'm a service person at heart and had to trust that I wasn't crazy. I knew I could have a meaningful way in the world."

Brown explains: "People are missing spaciousness in their lives. They are overstimulated and that doesn't serve our ultimate path. I write about how to live in the practical yet integrate with

the spiritual. My audience is real people trapped in mainstream reality. That is my work."

His previous work includes books, a viral blog and an award-winning documentary. He has also made appearances on over 200 radio shows, all featuring his unique brand of spirituality.

Although he feels the "pace of our culture and overwhelm are the greatest dangers to society", he feels the world is changing from survival towards authenticity. He writes his books to help people manage their situations.

"It's about a sacred purpose. If people found that we wouldn't hurt each other. Where there's growth there's sacred purpose."

THE FOX ON THE FAIRWAY

May 29-June 7 Century Church Theatre, Hillsburgh. "The Fox on the Fairway" a comedy by Ken Ludwig, directed by Jo Phenix. Fridays and Saturdays at 8 p.m.; Sundays at 2:30 p.m. Pre-show lunch at The Pantry Shelf, must be pre-booked with tickets. Box Office 519.855.4586. www.centurychurchtheatre.com

T.D. READING CLUB

Spend your summer playing at Wellington County Library. The Summer Reading Club runs from Thursday, July 2 to Saturday, August 15.

Last summer, Wellington County kids read over 46,000 books so, get your free TD Summer Reading Club package and join the club.

It's a fact that children who read over the summer are better prepared for school in the fall. So, parents, help your kids build their reading skills by signing them up for this free programme. Kids- you can earn Book Bucks by reading books. Trade those Book Bucks for prizes and enter a draw to win a grand prize.

Registration for the club begins Saturday, June 13 at the Rockwood Branch and continues until Saturday, August 15.

Stay tuned for more details.

4-H DISCOVERY DAYS ARE BACK

4-H Ontario is excited to offer another year of Discovery Days for youth ages 9-12 across Ontario.

These one-day camps offer youth the chance to explore opportunities available in 4-H Ontario through participation in a variety of stations. Participants are able to try out different activities and meet new friends. They'll make crafts, learn about animals and try their hand at trivia competitions and judging.

Discovery Days provide a full day of fun from 9:30 a.m. to 3:30 p.m., including lunch and a Discovery Days t-shirt for each participant.

These camps are open to both 4-H members and non-members alike, but have a maximum registration of 60 participants.

They will be held at the Boyne Community Centre, Milton on June 6. The registration deadline is May 22, 2015.

Additional information for Discovery Days for other regions, as well as the registration form, can be found by visiting the 4-H Ontario website at www.4-hontario.ca/discovery-days

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| MON | 9am - 4pm |





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