

Auditions for seniors

The search is on for seniors groups and individuals to audition for the upcoming Royal Bank Seniors' Jubilee Concerts that showcase seniors talent at Roy Thompson Hall, August 15-18.

The Seniors' Jubilee is the largest seniors entertainment showcase in Canada and last year's featured more than 800 performers from 40 communities.

"This is a true variety show in the old fashion sense of the word," said Glenda Richards of Richburn Entertainment Inc. "We are on the lookout for every type of act - tap dancers, folk dancers, cloggers and square dancers, musicians, jazz and concert bands and much more."

To arrange an audition:
Richburn Entertainment Inc.
260 Queens Quay West,
Suite 2805
Toronto, Ontario
M5J 2N3,
or phone (416) 962-3819.



Playing the part

Anne Shirley and Matthew Cuthbert (played by Carolyn Sevigny and Gord MacLeod) are happy to be together as they rehearse Anne of Green Gables, which will be presented by Globe Productions at the John Elliott Theatre, May 5-14. Tickets are \$12 and are available at Royal LePage Real Estate, 170 Guelph St., Georgetown (in person only, please). Photo submitted



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8 EDWARD ST. GEORGETOWN



Lorraine Hurley

LORRAINE'S COOKERY CORNER
RE/MAX Suburban (91) Inc.
877-5211

BLACK BEAN SOUP

- 3 cups dried black beans (soaked overnight)
- 8 cups water mixed with 4 teaspoons chicken bouillon
- 2 bay leaves
- 2 chopped carrots
- 2 chopped celery ribs
- 1 chopped medium spanish onion
- 6 cloves garlic
- 2 limes, juiced
- 1 tablespoon ground coriander
- 1/2 teaspoon salt
- 1 tablespoon dried oregano
- 1 teaspoon hot pepper sauce (use 1/2 teaspoon if want less hot)
- 1* teaspoon dried parsley
- 2 teaspoons ground cumin
- 1/4 teaspoon cayenne pepper
- 1/4 cup sherry

1. Drain beans put in large pot. Add water, bay leaves, carrots, celery & onion.
 2. Bring to boil, then simmer, cover & cook for 1 hour.
 3. Add next 9 ingredients & simmer 45 minutes until beans are soft.
 4. Thicken with cornflour to desired consistency.
 5. Add sherry.
- You can garnish with a spoonful of yogurt & chopped scallions.
Makes 8 bowls, freezes well.
1 Gram Fat, 0 mg Cholesterol per bowl!



Tooth Chatter

by ALEX TRENTON DENTURIST

HELPFUL HINTS FOR DENTURE WEARERS

- * Rinse your mouth and dentures after each meal.
- * Always keep your dentures in water when not in use.
- * Brush your gums, palate and tongue daily with a very soft tooth/gum brush.
- * Your old dentures should be kept and used only in an emergency - don't throw them away.
- * Your dentures and tissues should be checked annually.
- * To ease discomfort or soreness, rinse your mouth with baking soda or warm salt water.

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Our office does not charge of consultation. If your dentures are loose, bothersome, damaged, or if you just want a check-up, don't hesitate to call our office for a free, no obligation consultation. We would be happy to discuss any concerns or questions you may have regarding your dentures.

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Alex W. Trenton, D.D.,
The Denture Clinic,
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(905) 877-2359

(Across from the Library and Cultural Centre)



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873-2000

Your Week Ahead Horoscope

- ARIES** Mar. 21-Apr. 19 Rejoice in the loyalty of others. Their devotion to you and your work will turn the tide in your favor.
- TAURUS** Apr. 20-May 20 If you are uncertain about a partner's finances, don't hesitate to bring them out into the open. Help may be needed.
- GEMINI** May 21-June 20 What has been kept under wraps will be revealed and you may be involved. Watch your back.
- CANCER** June 21-July 22 Confidence in others is shaken. Don't allow their problems to become yours. Get on with your life.
- LEO** July 23-Aug. 22 Spending money in order to make it will not work, this time. Take care of the pennies and the dollars will take care of themselves.
- VIRGO** Aug. 23-Sept. 22 An agreement made in haste must be kept confidential. Don't become obsessed with the arrangement.
- LIBRA** Sept. 23-Oct. 22 You do not need approval from others to pursue your dreams. Those closest to you will support your ambitions.
- SCORPIO** Oct. 23-Nov. 21 Changes will be more successful if coworkers are involved. Ask for their opinions and use some of them.
- SAGITTARIUS** Nov. 22-Dec. 21 You may need to take a closer look at a present relationship. It is possible that your mate has had a change of heart.
- CAPRICORN** Dec. 22-Jan. 19 Sacrifice will not come easily; but, it will be necessary to correct the damage that has been done.
- AQUARIUS** Jan. 20-Feb. 18 Indulge in a little shopping. Dress for success and boost your confidence level at the same time.
- PISCES** Feb. 19-Mar. 20 Endeavor to create greater harmony in the workplace AND in the home. It may not be as difficult as you imagine.



ANNE GENOE Associate Broker

RE/MAX

SUBURBAN (91) INC.

360 Guelph St., Georgetown
877-5211