# AskThe Professionals

RE/MAX SUBURBAN (91) INC.



360 Guelph St., Georgetown

877-5211 873-1058

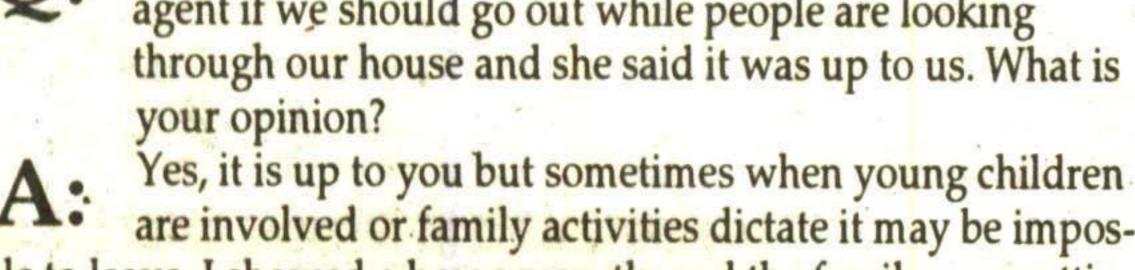
The better way - Donna Rae Sales Representative

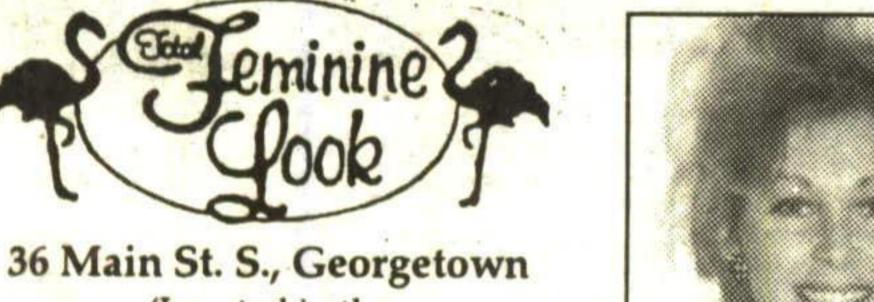


DONNA RAE

Our house is presently listed and when we asked our agent if we should go out while people are looking

Yes, it is up to you but sometimes when young children are involved or family activities dictate it may be impossible to leave. I showed a home recently and the family was getting ready to attend a wedding. Instead of refusing the showing they asked us to go ahead but please excuse their being there. would recommend that you try to leave the home so the sales representative can talk with ease to the prospective purchaser. You wouldn't really want to overhear them saying they didn't like the colour of your wallpaper especially since it was a major renovation project just before you listed the house. If you are not there, the agent can point out how easily small matters such as this can be changed. When you leave the house I also suggest that you leave all the lights on. Finally, I know some people laugh at this but something sweet smelling like an apple pie in the oven makes for a nice showing of your home.





(Located in the old Municipal Building)

(905) 873-4907

professional treatments?

DORRI BLAND Why choose the "Total Feminine Look" for

A: My approach to professional treatments is not only to improve your skin and body, but also let you experience a relaxing retreat from your individual stress. I try to focus on beneficial treatments within an affordable time and realize that you (my client) are looking for maximum results with minimum time and expense. Escape from a hectic day with an "Anti Stress Treatment" or an "Aromatherapy Treatment Facial". Come into the "Total Feminine Look" and experience pampering that is courteous & unique for a healthier you! Why make your life more complicated?



Janine M Carter



Floor".

Consultant for P.C. Software Installation Instruction and Trouble Shooting



Peter Zions

Construction Ltd.

A FAMILY BUILDING TRADITION FOR 27 YEARS

A: building materials more efficiently.

Acton

853-2464

So many businesses have become environmentally conscious, what is the building industry doing?

Everyone is aware of the need to conserve our nat-

The residential building industry is using wood

ural resources, in particular the forest. This has led to inno-

vations in the building industry. Some of these are as fol-

WALL FRAMING: Engineered structural steel studs for

strands and plywood laminates. Advantages are greater

span capabilities and stability. Marketed as the "A Silent

FLOOR JOISTS: Engineered truss joints, uses recycled wood

FLOOR SHEATING: Oriented strand boards (OSB), it looks

like aspenite but is heavier density. It is tongue and groove

baseboards are made from recycled wood particles (MDF). It

and at 3/4 inch thickness allows truss joints spans of 24

INTERIOR TRIM: Casings around windows, doors and

inches on centre rather than 16 inches on centre.

· ADDITIONS · RENOVATIONS

exterior and interior walls.

cuts easily and takes paint well.

• R-2000 HOME BUILDER



JANINE M CARTER

I have a 286 machine. What do I need to do to upgrade it?

The term '286' refers to the CPU (central processing unit) of a computer. The CPU is an electronic chip that provides the brains for the computer.

The 286 is only one 'generation' of CPU - 386 and 486 are others. Each generation tries to improve upon the last one. CPU speed refers to how fast the computer can do tasks. Common CPU speeds are 25, 33, 50 or 66 MHz (megahertz).

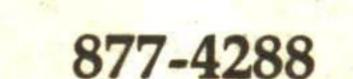
When upgrading a computer, ask yourself these questions: 1: Where is my computer letting me down? Is it too slow? Does it lack storage space? Do I get 'low memory' warnings?; 2) What will my computer need to do in the next 2 years? Am I starting a business? What will the kids need?; and 3) How much am I willing to pay? Sometimes, it costs more to upgrade a old machine than to buy a new one. Ask a hardware specialist what will be best for you. Shop for a computer upgrade like you would for a car - compare prices, service, and reliability.

## CENTRE

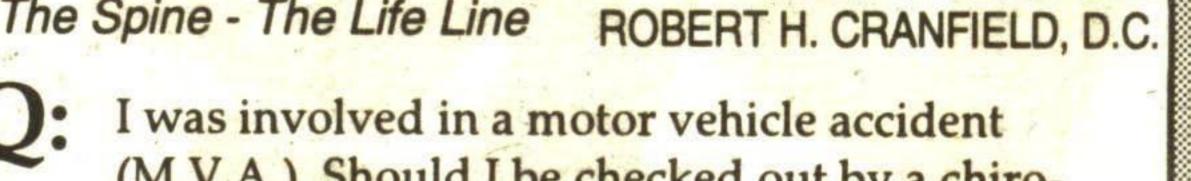
Attention:

My Question is:

518 GUELPH STREET NORVAL, ONTARIO



The Spine - The Life Line



Send your questions for any of these professionals to:

"Ask the Professionals"

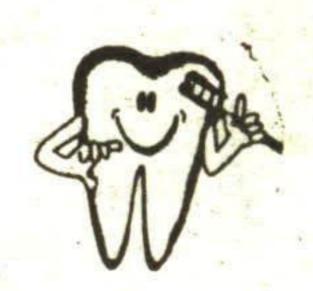
Georgetown Independent

211 Armstrong Ave., Georgetown L7G 4X5

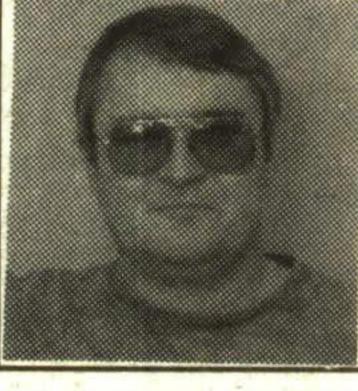
(M.V.A.). Should I be checked out by a chiro-

Being involved in a M.V.A. constitutes a trauma to the spine especially the neck and upper back. Any trauma to the spine should be examined by a chiropractor to determine if there are any subluxations (Misalignment and or malfunction of the spine). Often after the initial symptoms subside, the subluxation remains and if left uncorrected causes interference in nerve impulses and wear and tear on the discs. This eventually leads to degeneration or arthritis. Often times a collar is recommended in the case of whiplash. Research done in Finland shows that immobilization causes arthritis, with the first changes measurable in only one week! My experience has been that those patients who get in right away after a M.V.A. respond much faster than those who leave it months, sometimes years, before getting it examined and corrected by a chiropractor.

### Leathertown Dental Group



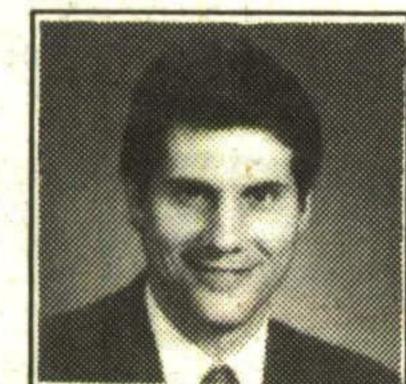
**Family Dentistry** 294 Queen St. East Acton, Ontario 853-1300



DR. PETER LEMISKI

Why should I go to the Dentist and get a regular check-up?

Your mouth is a very important part of your body. In order to keep it in tip-top shape you should go in for a tune-up when necessary. The Dentist is trained to diagnose and fix problems in your mouth. The basics include the examination for decay, broken fillings, fractured teeth, and gum disease. The dentist will also check for the possibility of oral cancer. Removal of any calculus or tartar is then performed to help keep gingival tissues healthy. Remember the saying "the teeth were great but the gums had to go" - the Dentist will help to make sure it doesn't happen. Stain is then removed to help keep the teeth smooth and slippery, to prevent food from sticking to them. The regular check-up by the Dentist will help to insure that small problems get fixed before they become large problems. The small broken filling is easy to fix. Leave it for awhile, and you may need major Root Canal Therapy. Small problems cost a little, large problems cost a lot.



348 Guelph Street, Georgetown 873-1877 BRETT WORBY

What can you look for in judging an equity mutual fund other than past performance?

I agree past performance is one of the things that can help you judge a funds ability to earn returns, but compounded past performance smoothes out variations in returns. An exceptional one year performance will affect all previous returns when averaged in - possibly obscuring past losses.

Tip #1 - Ask to see actual returns by calendar year as well as compounded average. Tip #2 - The returns of a fund do not show the affect of sales charges. Be sure all fees or commissions are explained.

Tip #3 - Check management style. Past performance don't take fund managers investment styles into account and can't help you determine whether relative under performance is due to conservative management, poor management or a management style that is out of sync with the current market.

Tip #4 - Find out if the manager who was responsible for the past performance has quit or retired.

Tip #5 - All of the above points are important, but your investment objectives and overall investment plans are equally, or more important.

#### BETTY E. McTAGUE CHIROPODIST FOOT CARE SPECIALIST

Georgetown 702-011



BETTY E. McTAGUE

Can I provide good foot care for my family?

Yes. Knowing what is correct is imperative. The following are some basic rules for proper foot care:

1. Wash feet daily using luke warm water and mild soap. 2. Avoid harsh detergents. 3. Rinse thoroughly, pat dry well, paying special attention to area

between the toes. 4. Apply a moisturizing unscented cream such as Uremol or Lanolin, daily.

5. If feet are excessively moist (perspiring), swab morning and evening with rubbing alcohol then dust with corn starch or foot powder.

6. Footwear made of natural fibers (Shoes - leather, socks - cotton, or wool) should be worn. 7. Avoid synthetics such as nylon or plastics as these have poor

breathability. 8. Cut nails to conform to shape of toes, leaving the nail long enough to extend past the grooves on either side of the nail.

9. Smooth with a file. NEVER cut down the sides or cut "V's" as those are the most common causes of an ingrown toe nail. 10. Use clippers instead of scissors to lessen your chance of injury. If the nail hurts at the corners or there is redness and these persist consult your Chiropodist. Do not try to fix it yourself.



310 Guelph St., Unit 5, Georgetown 873-4405

How often should the claws on my diamond be checked?

With normal daily wear, you should have your claws checked and cleaned once a year. If your diamond sits in a high mount claw setting, or you catch your stone frequently, every six months would be recommended.

Having your ring checked and cleaned will ensure your diamond is secure in its setting and that your claws are not worn or cracked.

When your ring is being checked, you may want to have an appraisal of your diamond. Having your ring appraised every three to five years will allow you to stay with current market value.





**BRIAN EDGAR**