

Georgetown canvassers needed

November is Diabetes Month

One in 20 Canadians has diabetes, and unfortunately, more than half don't even know it yet. Many will first learn about the disease when they are treated for one of its complications such as kidney disease, blindness, heart disease or stroke.

Kathy Ouelette has been involved in the Brampton and District Branch (which includes Halton Hills) for four years, ever since her daughter Melissa was diagnosed with diabetes at age 11.

In fact the whole family has become very involved in volunteering and canvassing over the past few years and are very glad for the chance to learn more about the disease that has affected their family directly.

"The Canadian Diabetes Association has made a tremendous difference to us. We have been able to take what could have been a not so good situation into a positive one. The association has allowed us to network with other families, meet a lot of new friends and also learn much more about the disease itself."

One other aspect the association has to offer is Camp Huronder in Huntsville which caters to diabetics from the ages 8 to 15.

"The camp is an excellent opportunity for those children who have diabetes who feel isolated in their problems. This allows the kids to see that there are other people suffering from the disease that are able to live normal lives."

Kathy also said that her daughter has attended the camp every year since she was diagnosed and

plans to return next year as a councillor in training.

By calling the Brampton and District Branch, they can help you with whatever you need to know. They serve as an information referral, often speaking with newly diagnosed people who would like information about a dietician who can make up an appropriate meal plan, they provide a parents support group for kids with diabetes and well as information about the teen group that is offered at Peel Memorial Hospital.

Because November is Diabetes month, the Canadian Diabetes Association will be working very hard in trying to raise money for research and vital services and also

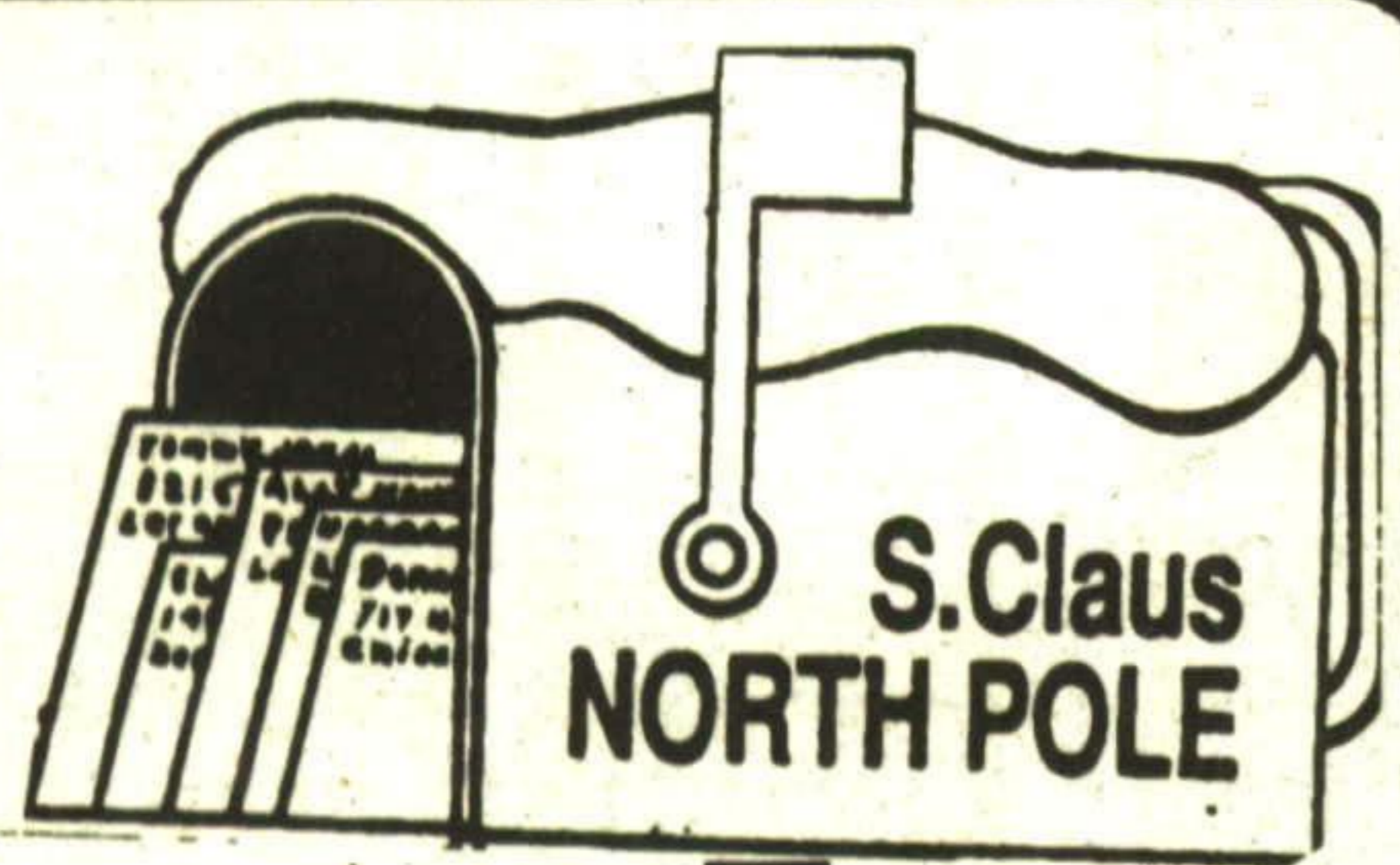
make people more aware of the disease and the effects it has.

Members will not be canvassing in Georgetown, however. If anyone would like to make a donation it can be sent to The Brampton and District Branch.

As well, the association more than welcomes anyone who wants to volunteer or pick up a canvassing kit and go door to door in their Georgetown neighborhood.

For more information about diabetes, how to make a donation or how to volunteer, please contact Kathy Ouelette at the CDA, Brampton and District Branch located at 9780 Bramalea Road, Bramalea, L6S 2P1 or call (905) 458-1648.

HEY KIDS Send your letters to Santa



..... Make Sure Santa sees your message in our upcoming "Letters to Santa" section to be published on Dec. 8 and Dec. 15.

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Porcupine's Quill books shortlisted for awards

The Porcupine's Quill, Inc. has announced two of its recent publications are finalists in the 1993 Governor General's Literary Awards.

Don Coles' elegant volume, *Forests of the Medieval World*, has been shortlisted in the Poetry category, while Vancouver author Caroline Adderson's first book, *Bad Imaginings*, has been nominated for the Fiction prize.

The critics have already been extravagant in their praise of *Forests of the Medieval World*. *Forests of the Medieval World* is


the seventh book of poems for Toronto poet Don Coles. His others include *K. in Love* and *Little Bird*. Coles teaches in the Department of Humanities at York University.

Caroline Adderson's nomination is nothing short of phenomenal. *Bad Imaginings* is her debut collection of short stories. Previously Adderson's work has appeared in *Saturday Night* and the *Malahat Review*, and she has won prizes in two CBC Literary Competitions. Her feature-length screenplay, *Ying Yang* is currently being shot in Vancouver.



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