ANNOUNCEMENT!!

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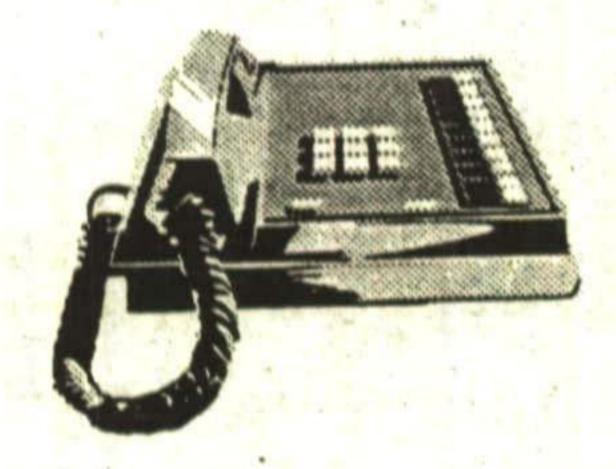
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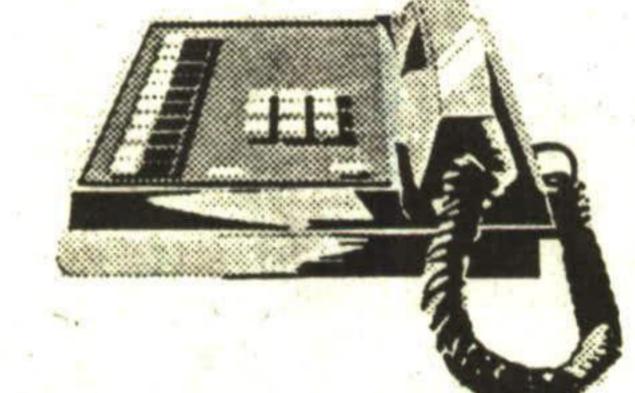
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ALL REQUIRED REGISTRATIONS WITH CRTC & BELL CANADA MEMBER HALTON CHAMBER OF COMMERCE



Dine and dash

Breakfast Club set to begin Monday

On Monday (October 18), at 8

a.m., the children of Acton will be able to get a hot breakfast on their way to school.

The churches of Acton and volunteers from the community will be serving breakfasts when the Dine and Dash Acton Children's

Breakfast Club opens its doors.

The Dine and Dash Acton Children's Breakfast Club was organized to enable the community to provide nurturing care for schoolage children while serving nutritious breakfast meals. I

t offersa buffet-style breakfast with things like hot and cold cereals, pancakes, muffins and juice at St. Alban's Church on St. Alban's

This program was started last January in response to the increasing demand placed on the Foodshare food bank in Acton. Children are the innocent victims of poverty and this is a way to help.

The response to this program was tremendous! The group served over 1,600 breakfasts in just five months, and were especially overwhelmed by the generosity of Acton. Many individuals, businesses and churches donated food, money and their time to serve the breakfasts.

Any child in Acton who walks by St. Alban's on their way to school is welcomed to come in for breakfast. We offer breakfast to all the children of Acton, so that there will not be any discrimination or stigma placed on children who come from lower income families and need this service. For those who can afford it, a nominal fee of 25 cents is charged for breakfast.

The Dine and Dash Acton Children's Breakfast Club would appreciate donations of breakfast foods and volunteers to help serve the breakfasts. If you could provide either of these or would like more information, please contact Janet

Cullen at 853-2712.

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Investment Opportunities for Our Times

With interest rates near their 30-year lows and North American stock markets surpassing their previous highs, investors have many concerns about the direction of both interest rates and stock markets and the impact future moves will have on their investment holdings. At times such as these it is important to examine all options and to be selective with respect to your investment choices.

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