

# SUMMER SAFETY TIPS THIS WEEK'S TIP:



## SUN SAFETY

Here are some factors you should keep in mind when protecting yourself and your child from the sun.

- Sheer clothing will allow the sun's rays to pass through. Protect underlying skin with an appropriate sunscreen.
- Be particularly vigilant if your child has fair skin and red or blond hair. These children are most at risk for developing skin cancer as young adults.
- Never use baby oil as sunscreen. The oil will intensify the effect of the sun and cause your child to burn faster.
- Don't book your child's outdoor sports lessons between 10 am and 3 pm, when the sun's rays are strongest. Reschedule outdoor activities for either earlier or later in the day.
- Make sure that there is shade provided at school, pre-school and even at summer camp and that basic sun protection measures (clothing, hats and sunscreen, as mentioned previously) are followed everywhere your child goes.
- Plan your child's play area in a shady spot in your garden.
- Plant some shade trees or put up a shade structure too.

If you have any questions relating to caring for your child's skin, talk with you pediatrician or your dermatologist.

Halton County Radial Railway Museum



NIGHT SHOW  
SAT., JULY 17  
from 7:00 p.m. until 10:00 p.m.  
Open Every Day from 10-5 p.m.

PHONE 519-856-9802

Rockwood, Ontario  
Guelph Line, 9 miles north of 401

ALL ABOARD!  
A MUSEUM WITH A DIFFERENCE

## RAVES

HAIRCARE WAXING  
MANICURE

118 Guelph Street  
Georgetown

873-0865  
(Open Evenings)

## GLENLEA DRUG MART

for all your health care needs  
294 Queen St.  
Acton, Ontario  
853-2220

Extended hours on  
Monday to Thursday  
9 a.m. to 9 p.m.  
Friday and Saturday  
9 a.m. to 6 p.m.  
Closed on Sundays

Serving your health care needs  
for the past 21 years

## PLUMBING SUPPLIES

- Acrylic Bath & Shower Units
- Whirlpools
- Vanities & Medicine Cabinets

- SINCE -  
1958

877-2293  
874-3002



HOWELL  
PLUMBING SUPPLIES LIMITED EST. 1958

PLUMBING SHOWROOM

11 Armstrong Ave., Georgetown

GREAT MOVIES! *Entertainment Tonight* GREAT PRICES!

HELP US FEED ACTON'S CHILDREN  
TUESDAYS: FILMS FOR FOOD

RENT ANY MOVIE GET ONE FREE  
WITH ANY DONATION TO FOODSHARE

145 Mill St. E., Acton  
E.T. 853-5353

SAME DAY SERVICE  
IN BY 11



FREE PICK-UP  
DELIVERY  
REPAIRS &  
ALTERATIONS

North Star Dry Cleaners

PHONE (416) 877-0469

55 MAIN ST. S.

GEORGETOWN, ONTARIO

## ACADIAN POOLS AND SPAS

- Service and Equipment
- Spas
- Pool and Spa Chemicals
- Drinking Water Systems
- Inground and Above Ground Pool Installations

134 GUELPH ST.  
GEORGETOWN, ONT.  
873-3320



BioGuard  
Authorized  
Service  
Centre

## Tim Hortons

Round the clock freshness

Donuts, Timbits, Muffins, Cookies, Cakes, Pies and More

5 Mountainview Road, Georgetown

OPEN 24 HOURS  
7 DAYS A WEEK

877-6493

You're In Good Hands  
with

Allstate



DAVID R. WALSH  
Insurance Agent

873-1643

New  
Location

232A Guelph St., Suite 204  
Georgetown

