Arthritis Society looking for help

The Arthritis Society is implementing its new six-week program on Arthritis Self-management in the Georgetown area and is seeking volunteers to be trained as program leaders.

The training of leaders will be held in August.

This program helps to understand more about arthritis and how to cope with it.

For more information call the

Arthritis Society, 967-1414. The Arthritis Society also desperately needs volunteers to help canvass in the upcoming September

campaign.

Canvassing involves going to 25 homes and takes only a couple hours of your time. Telephone volunteers to recruit canvassers are also needed.

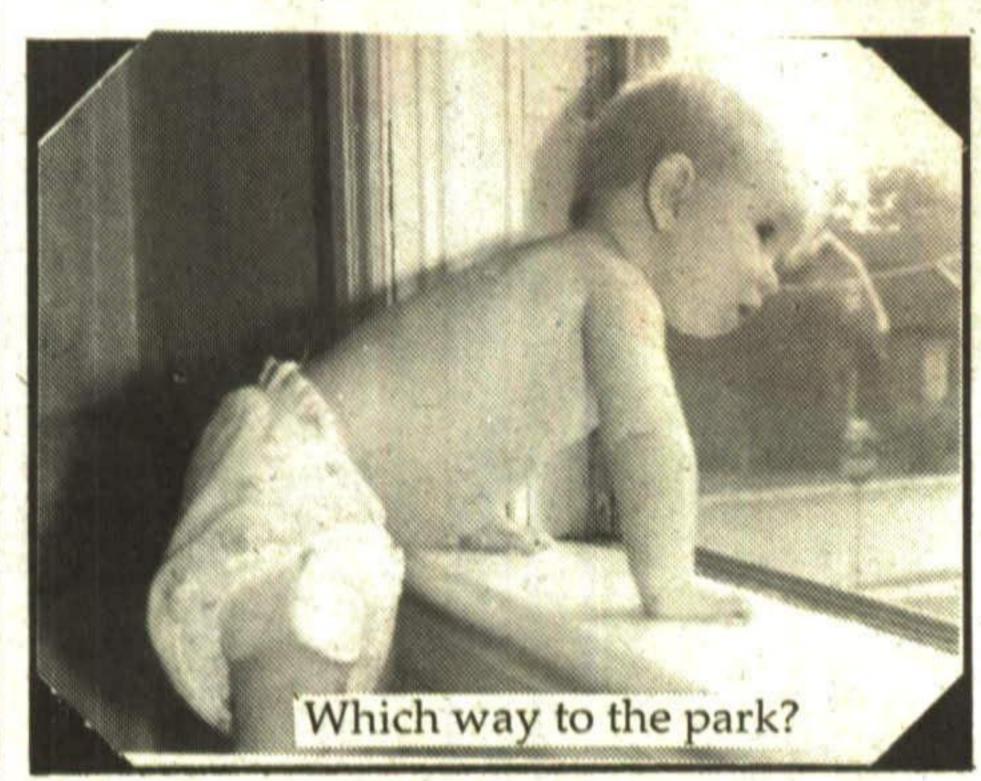
If interested, call Sophia Gosling at 897-2995.

PHOTO CONTEST

Prizes for Best Photo of Children or Pets All entries must include a caption.

Send in those Photos of Your Pets and Kids 1st and 2nd Prizes in **Each Category**







Check your family album for that special photo.

LOTS OF PRIZES TO BE WON!!!

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Georgetown Photo Your winning picture on a mug from The Mug Factory A FREE Happy Ad in this paper for each finalist.

Your photo and caption should be submitted together on a sheet no larger than 5" x 7".

Complete and attach ballot below. Mail or drop off entries to The Georgetown Independent/Acton Free Press, 211 Armstrong Ave., Georgetown. L7G 4X5.

Please indicate if you wish your picture returned All entries will be held for pick up at our office until Sept. 1. Contest is open to all amateur photographers except for employees of this newspaper or contest sponsors. Entry Deadline - Noon Aug. 5 Winners will be contacted on or before Aug. 9. Winning photos will be published on Wednesday, Aug. 11 in

The Georgetown Independent & Acton Free Press.



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Everyone Loves Kids & Pets So Enter Now



Juggling with stage fright, Erik Kremer, a camp counsellor for the theatre group and fourth year employee with Parks and Recreation juggles for the three to five-year-olds in the Tot Lot program at George Kennedy public school. This was his first time juggling at one of the rec programs. Erik is just learning how to juggle with his best friend, a juggler as his teacher.

Photo by TARA TOYNE



- DESIGNER EYEWEAR
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- QUALITY SERVICE EYE EXAMINATIONS

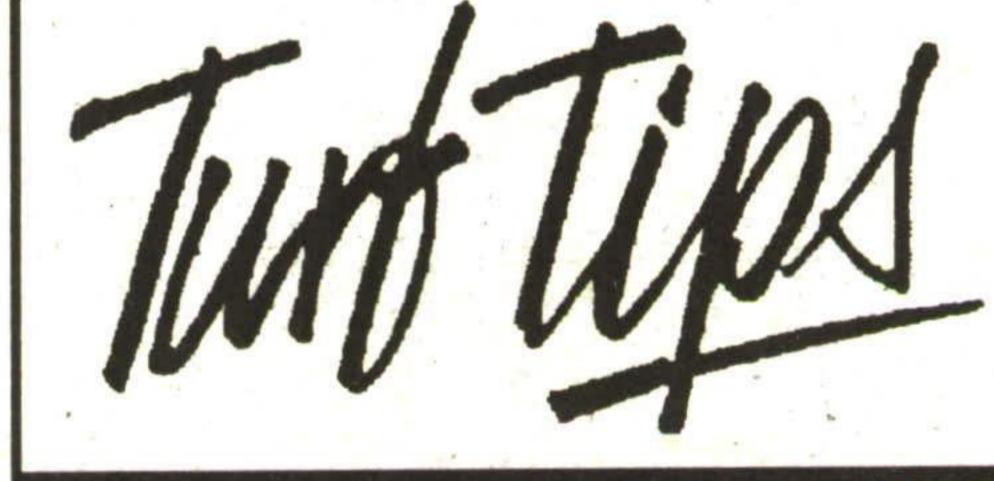
ARRANGED WE MATCH OUR

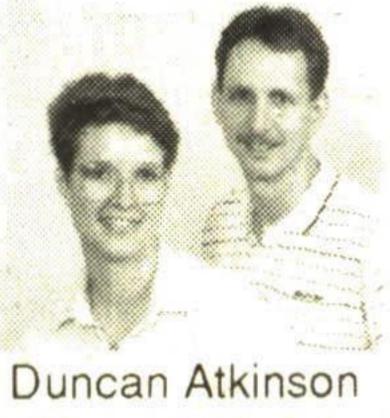
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Eileen Atkinson

THEY'RE HERE!

Chinchbugs have arrived and they are ready for another summer of destruction. The eggs are hatching and the little red nymphs are starting to suck the juices from the grass. If you are watering your lawn regularly, yet it still appears to be dry in patches, it maybe due to chinchbug damage.

Even though the nymphs are only 1/16" long, they are fairly easy to see because of their red colour. They will be scurrying along the soil or thatch surface in sunny locations. They are seldom found in the shade because they like the hot, dry areas in your lawn.

If you peer between the grass blades at the soil level, you may be able to see the little red nymphs running for cover. It's best to look on the edge of the brown grass, where it is still green.

As the young chinchbugs grow older they will change to a brown colour and then to a black colour as they become adults. Complete coverage is essential when treating for chinchbugs. If only the damaged area is treated, they will just move to the untreated area. Chinchbugs are easiest to control before they reach the adult stage.

Remember, always follow instructions carefully when applying lawn care products to your lawn. Twice as much is not always, twice as effective.

NEXT WEEK: CRABGRASS - CAN IT BE CONTROLLED?



This is a weekly lawn care column.

For additional information contact Duncan or Eileen

72 Mill Street #8 Georgetown, Ontario