Georgetown student visits New Brunswick

The University of New Brunswick in Fredericton is hosting 56 of the top high school students in the country, including Georgetown's Henry Anderson.

They're on campus to participate in Shad Valley '93 until July 24. A unique summer program, Shad Valley promotes excellence, technology and entrepreneurship among Grade 11 and 12 students.

During the four-week program, they will attend lectures on computing, entrepreneurship, mathematics and technology; hands-on labs and seminars; and guest lectures by local business people. In addition, participants will have the opportunity to put their entrepreneurial skills to the test with individual and group projects.



Dennis and Riemke Hancock are proud to announce the graduation of their daughter Tanya Alayme, from The University of Western Ontario with a Bachelor of Education degree.

Tanya received a B.A. (Hons.) English, Sociology degree from McMaster in 1992.

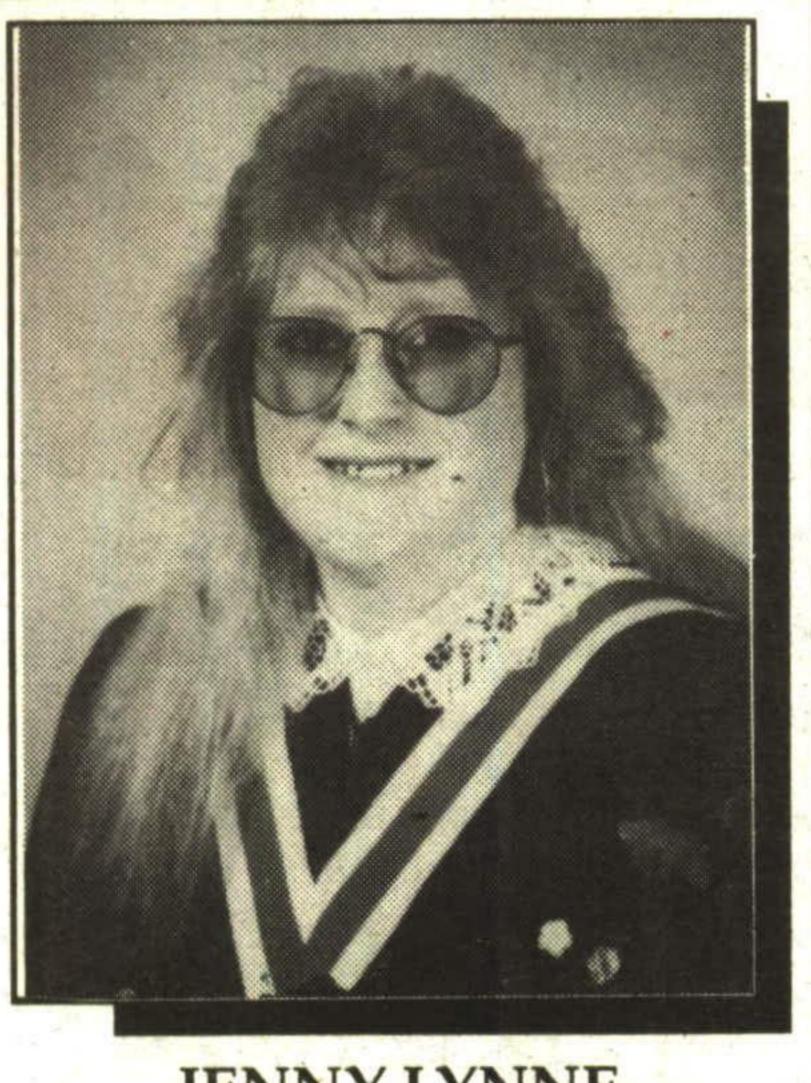
> We are all proud of you! Mom, Dad, Tim, Kevin & Molly



MIKE

Mrs. Vickie Engleby and the late Fred Engleby are proud to announce the graduation of their son Mike and their daughter Jenny-Lynne from Georgetown District High School.

Congratulations!



JENNY-LYNNE

Foot problems can affect your lifestyle

Tired feet?

Take them to

a foot clinic

For many people, going bare foot is one of the true pleasures of life. Yet all too often, foot problems are the root of considerable pain that can affect your lifestyle and even the simple act of walking.

The Occuptional Therapy (OT) Department of Georgetown and District Memorial Hospital, and Women's College Hospital Mobile Foot Clinic, have teamed up to offer the community a number of foot care services.

Hazel Vaz, an occupational therapist at Georgetown Hospital, was instrumental in bring-

ing this foot clinic to the community.

"Earlier in my career, I worked with the Arthritis Society and treated many patients suffering from serious foot problems. During the course of my treatment, I would often refer patients to the College Women's Hospital Foot Clinic.

"Since joining Georgetown Hospital, I have continued to

take advantage of the expertise of Women's College Hospital through their Mobile Foot Clinic," explains

The foot clinic at Georgetown Hospital is available to patients on a physician-referral basis, and involves a pre-clinic assessment to determine the patient's particular problem. Educational materials on footwear are also provided to patients.

Lifestyles, including extra-curricular activities are reviewed, complemented by a physical examination to determine what areas are impacted by foot problems. Symptoms may range from painful feet, foot deformities and poorlyaligned toes, to unequal leg length or gait problems.

Once the assessment is completed, an appointment is then made to attend the next Mobile Foot Clinic, generally held every six weeks. While the majority of patients treated by the OT Department are elderly, Hazel is also seeing an increase in younger active adults which she attributes to their increasing awareness of the need for supportive footwear.

The Mobile Foot Clinic enables patients to select which footwear

which will best meet their needs. "Supportive footwear no longer

look like standard army issue. Today there is a variety of comfortable footwear such as sandals, dress shoes, slippers, athletic shoes and extra-deep orthopedic footwear - taking into considreation aesthetics and function," says Vaz.

There are shoes to fit almost any foot ranging from 4 to 12, and width styles from AA to EEE. Shoe modification

commercial/custom such as orthotics support problem feet through better alignment.

"Our patients are not under any obligation to purchase the products through the Mobile Clinic," Vaz

"The focus is the assessment and educational process to enable patients to make appropriate choices in their footwear."

Shoes, orthotics and foot care products from the clinic are not covered by OHIP. However, patients may claim the products on their extended health care or other insurance plan.

For more information on the Mobile Foot Care Clinic offered at Georgetown Hospital, contact the OT Department at 873-0111, Ext. 112.



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