APPLICATION FOR 1993 MEMBERSHIP - ERIN HEIGHTS

Erin Heights Golf Club

R.R. 2, Erin, Ontario N0B 1T0 (519) 833-9702

Join before March 5, 1993 and pay less for your membership



Name (s)		
Address		
City	Postal Code	Telephone No.
The person (s) listed above wish to pur Club under one of the following: (pleas	rchase a membership at se check one)	Erin Heights Golf
	On or Before March 5, 1993	After March 5, 1993
FULL MEMBERSHIPS (7 of Senior Male	days per week)	
	7000.00	\$625.00
Senior Female	\$480.00	\$535.00
Husband & Wife	\$895.00	\$995.00
(each additional family member under		\$175.00
Junior (under 18 yrs. March 1, 1993)	\$275.00	\$295.00
WEEK-DAY MEMBERSH	IPS (Mondov to Friday	avalendia a la alidada
Male or Female	\$430.00 10 Friday 6	\$480.00
Husband & Wife	\$690.00	\$770.00
(each additional family member under	· ·	Ψ//0.00 -
WEEK-DAY membership	\$125.00	\$135.00
FULL membership	\$165.00	\$180.00
/ALL DDICEC IN	ICLUDE 7% G.S.T.)	
(1/2 price for persons 75 years of		
been members for at least t	the last five consocut	tivo voore)
	ine last live consecu	live years)
The holder of any of the above membership can golf season at ERIN HEIGHTS GOLF CLUB. M PURCHASER ONLY. Members at Erin are enti	lembership cards are to be u	sed by the
in Mississauga for one-half the effective Green TO REVOKE THIS MEMBERSHIP SHOULD C	Fees. (MANAGEMENT RES	ERVES THE RIGHT
ENCLOSED IS MY CHEQUE IN		
payable to ERIN HEIGHTS GOLI	r CLUB.	
Applicant Date	of Payment A	pproved by
A receipt and your 19	993 membership card(s)	

Junior members are restricted on the following days only:

- after 11:00 a.m. Tuesdays (Ladies' Day)
- before 3:00 p.m. Wednesdays (Men's Night)

will be forwarded by return mail in April.

• after 2:00 p.m. week-ends (Tournaments)

- Our facilities include: 9 hole regulation Golf course
 - 5,842 yard Par 72
 - Snack Bar & Pro Shop facilities
 - Fully licensed
 - Tournaments welcome



Hwy. 10 - north to Hwy. 24

(Village of Caledon), West to Dundas Street in Erin, turn right to Erin Heights Golf Club.

For further information contact:

Gary Graham, Manager (416) 822-4869

FOURNAMENTS WELCOME!

Cold temperatures ensure March skiing

Well I hope you are enjoying a great ski season. The temperatures have been right and lots of artificial snow has been made to ensure skiing until the end of March.

To help with your mid-season skiing I have been using my ski poles to assist in balance and performance. All too often parallel skiers bank or incline to the inside of a turn to achieve edging. This procedure quite often will put weight onto the inside ski during the completion phase of your turn.

Try the following procedure for a few runs. Holding both poles comfortably in front of you, allowing the tips just to touch the snow. Make sure the arms are more than shoulder width apart. Now, using the pole tips as sensors drop them along the surface of the snow while skiing parallel, do not pole plant.

What you might find is that the uphill pole may be leaving the snow as you start to make your turn, which would indicate a rotation, or banking inwards at the start.

With proper movements of down and to the inside for the proper angles to achieve an edge you will find the hands must stay higher not being forward as the pole tips remain in contact with the snow.

By DOUG LEEMING

Once you have developed this position on your skis, try to incorporate your pole action.

Now it is critical that you maintain the contact with the snow with your outside ski pole. This will keep the shoulders more horizontal and gives you better balance.

Remember any abrupt or unnecessary movements will disrupt performance. This tip will allow you to be in balance at the top part of the turn which should allow you to edge better and develop more confidence.

It is easy to provide a ski tip such as this but remember it will take approximately 15 hours of training to change your muscle memory to accommodate this new position.

So get out and ski and enjoy the great snow conditions.

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Suburban Telephone Company Limited

1st stop light North of Hwy. 7 & Hwy. 10 Turn left - 15 Fisherman Drive, Unit 17

10:30 a.m. - 8:30 p.m. 7 Days a Week All required Registrations with CRTC & Bell Canada Member of the Halton Hills Chamber of Commerce