



## Entertaining the troops

Nearly 40 carriers for the Georgetown Independent/Acton Free Press were treated to an afternoon of bowling and lunch at Georgetown Bowl, Tuesday afternoon at the annual carrier Christmas party. **TED BROWN** Independent/Free Press

# Acton kids assured of a good start to the day at the new Dine and Dash Breakfast Club

By **LISA TALLYN**  
Staff writer

Acton kids in need of a hearty breakfast will be able to get one every school day beginning Monday, Jan. 18.

That's the start-up date for the Dine and Dash Acton Childrens' Breakfast Club which will run weekday mornings at St. Alban's Anglican Church between 8 and 8:30 a.m.

"This program is starting due to the increased demand on Acton FoodShare food bank," said the club coordinator Janet Cullen. "It's a known fact that one in six kids lives below the poverty line. Children are the innocent victims of poverty."

Cullen says the club will not have a stigma attached to it, and will be for both children whose families can't afford a good breakfast and those that can, but want to eat with their friends or are left on their own in the mornings.

"The goal is to feed kids that need it and to provide a place for kids to come and talk."

Children who can afford it will be charged a nominal fee of 25 cents per breakfast. Cullen hopes that families who are not in need of the breakfast due to financial constraints will donate money, food or their time to the club.

The club is sponsored by the Acton churches and will be staffed by volunteers.

Cullen, who worked in nutrition services at McMaster Hospital, says they will offer a cyclical menu at the club. Each day there will be a choice between a hot and cold breakfast.

She says the daily menu will follow the recommendations of Canada's Food Guide and club volunteers will also work in conjunction with the region's public health nurses.

"The food will be donated by the community, local businesses and Acton FoodShare," said Cullen. Throughout the year, area churches will conduct food drives for breakfast foods.

The club is currently in need of a

variety breakfast foods to get started. Cullen says they require donations of eggs, milk, cheese, fruit, bread, cereals and muffins. Cullen says they will also welcome donations of frozen pancakes and muffins, which they can re-heat for the kids.

Cullen says there is also a need for volunteers to work at the club.

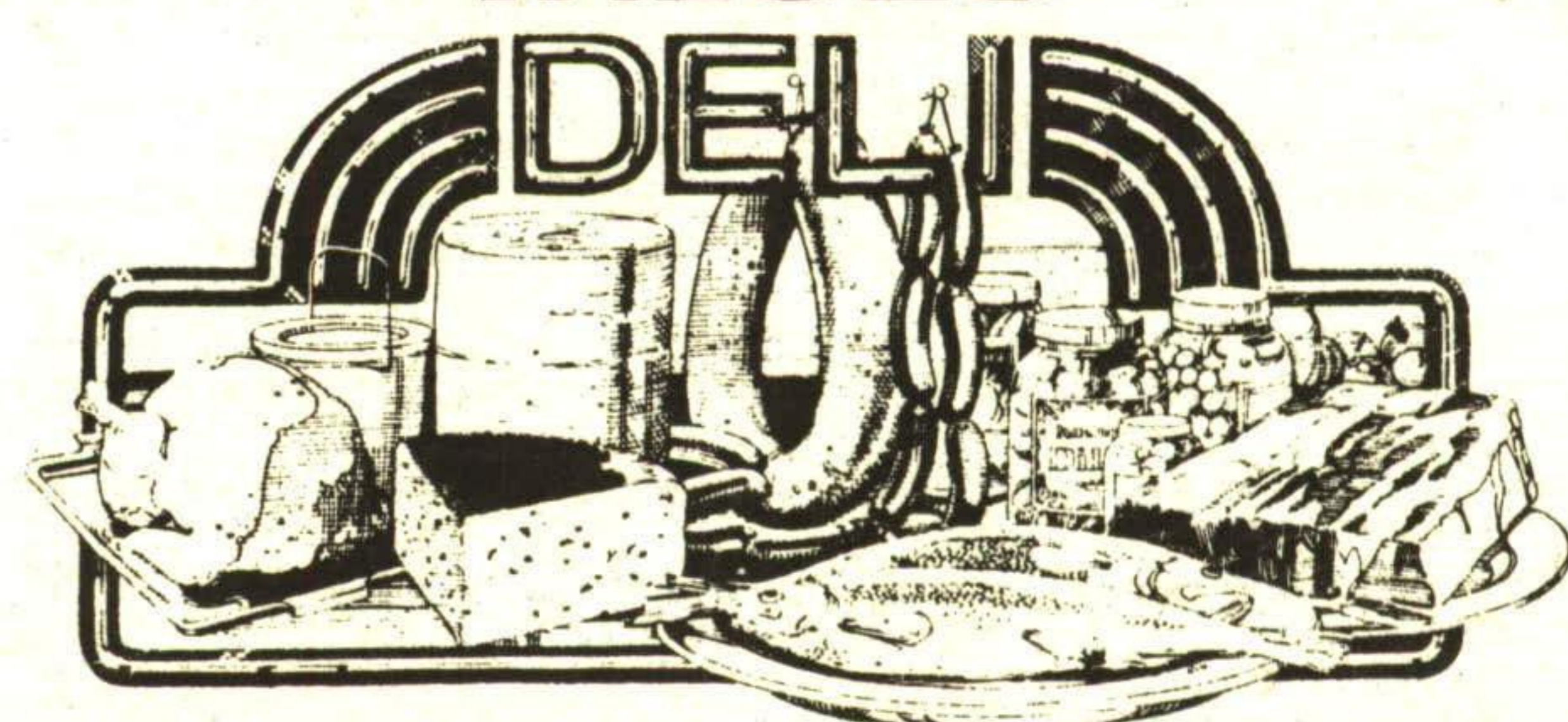
Anyone interested in donating food or their time should contact their church or Cullen at 853-2712.



John Lightle of Acton celebrated his 90th birthday recently with the help of his sister Mary Lightle, 94 (left) and granddaughter Elizabeth Visser, grandson, John Lightle and granddaughters Sheila, Marilyn and Janet Lightle.

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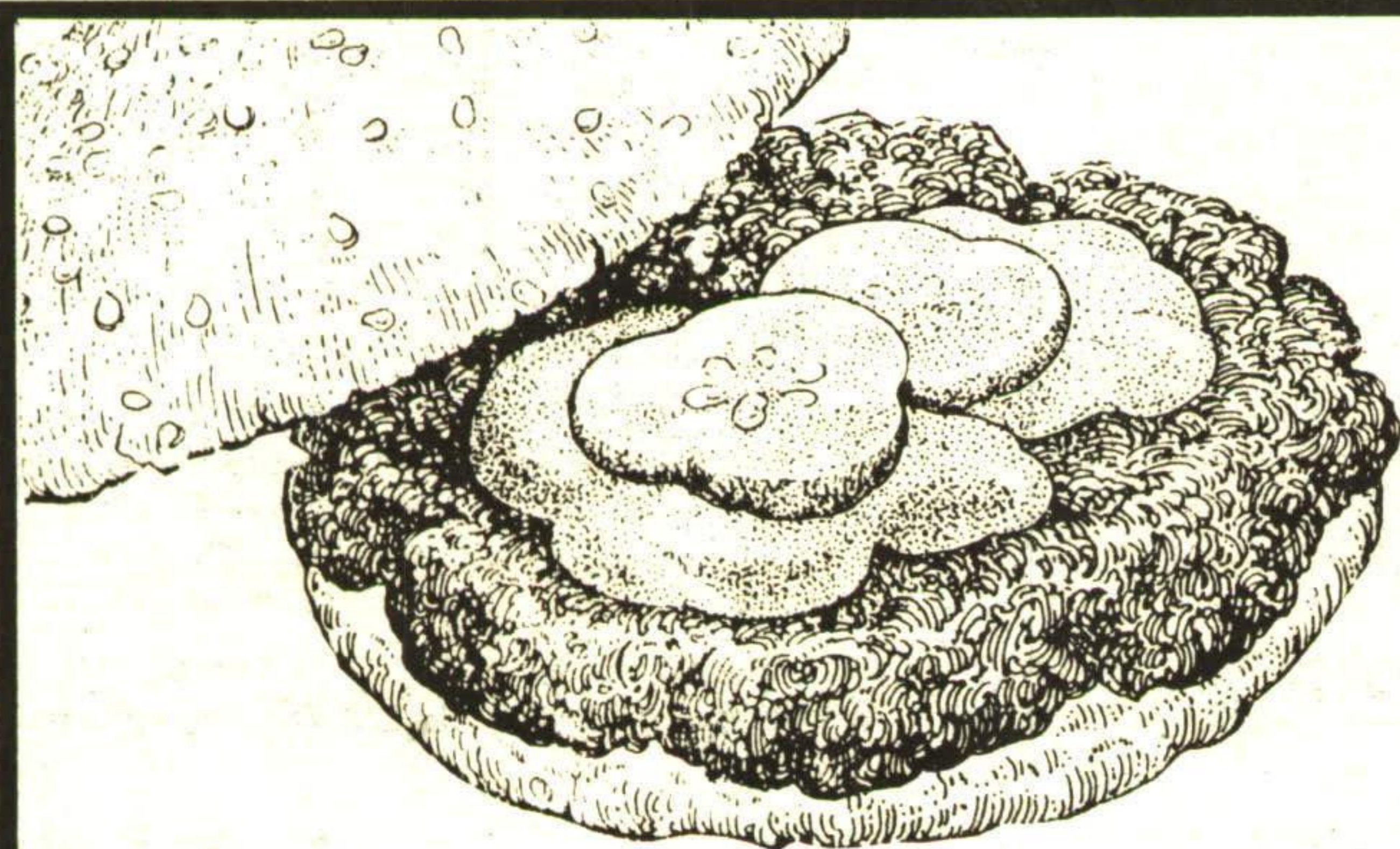
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