

Strategies working as teen pregnancies down

Strategies used in Halton to prevent teen pregnancies have been working according to the Halton Regional Health Department.

Between 1976 and 1986, the pregnancy rate of Ontario's adolescents declined by 23 per cent with Halton being one of the regions with a lower than provincial average.

A recent study from the School of Social Work at McMaster University emphasizes that school sexuality education and public health family planning clinics go hand in hand to lower the unplanned pregnancies in a community.

The Halton combined program has been in place since 1975. Community agencies such as the Halton Board of Education, the Alcohol and Drug Assessment Prevention and Treatment Program (ADAPT) and the Halton Rape Crisis Centre, support the Halton Regional Health Department (HRHD) and the Halton Board of Education to ensure sound community based support for sexuality education.

In spite of the strong curriculum in the Halton schools which teaches teens about healthy relationships and decision-making skills, teens indicate they want their parents to be one of the main sources of information on sexual health. The Canada Youth and AIDS study found that most students would like to get information about sex from

family members. Unfortunately, teens feel that most parents are not well informed about sexuality issues.

The study goes further to say that teens do not believe parents realize how sexually active they are. A variety of educational opportunities which are provided in the community about teenagers' sexuality are generally not well attended by parents.

In Halton, most sexuality education focuses on skill development using a comprehensive decision-making model. Issues such as, how the use of alcohol affects sexual behavior, or how to have a healthy relationship are discussed as well as teaching abstinence and methods of birth control. Teenagers are encouraged to discuss these issues with their families.

Ten years ago, unplanned pregnancies were the major health concern of adolescents' sexual decisions. Today, sexual decisions can have a more serious and life-threatening effect on the health of our teens.

The Halton Regional Health Department is prepared to help parents become the primary source of sexual health information for their children. There are many resources available in Halton on how to be an askable parent.

For more information, contact Healthline Halton at 825-6060, or the Sexual Health Program at 842-6500.

NOTICE

THE REGIONAL MUNICIPALITY OF HALTON WILL ELIMINATE REGIONAL FUNDING FOR THE WASTE CONTAINER STATION

LOCATED AT
57 ARMSTRONG AVE., IN GEORGETOWN
EFFECTIVE JANUARY 1, 1993

A USER FEE

WILL BE CHARGED
FOR WASTE & RECYCLABLES DISPOSED OF AT THE SITE
THE FEE WILL BE BASED ON

- \$1.50 PER STANDARD BAG (OR)
- \$125.00 PER METRIC TONNE (LOOSE OR LARGE LOADS)
- NON-CONTAINERIZED ITEMS INDIVIDUALLY PRICED
- G.S.T. WILL BE ADDED

REGIONAL MUNICIPALITY OF HALTON
878-8113

LEFERINK TRANSFER LIMITED
877-1420

ST. GEORGE'S ANGLICAN CHURCH

60 GUELPH STREET 877-8044

SUNDAY, DECEMBER 20 - ADVENT IV

8:00 a.m. - Holy Eucharist

9:30 a.m. - Holy Eucharist

11:15 a.m. - Mattins

7:30 p.m. - Festival of Lessons & Carols

CHRISTMAS EVE

7:00 p.m. - Holy Eucharist

9:00 p.m. - Holy Eucharist

11:00 p.m. - Holy Eucharist

CHRISTMAS DAY

10:00 a.m. - Holy Eucharist

December 27 - Christmas I

8:00 a.m. - Holy Eucharist

10:00 a.m. - Holy Eucharist

NEW YEARS DAY

10:00 a.m. - Holy Eucharist

RALPH SHERWOOD

Conservation Award

Nominations Wanted

Do you know a neighbour, teacher, club, newspaper or agency that has done good things for conservation in Halton during 1992? We want to hear about them!

Nominations accepted up to December 31, 1992.

Please complete information below and send to:

Halton Region Conservation Authority

2596 Britannia Road West,

R.R. #2, Milton, Ontario

L9T 2X6

Or Call (416) 336-1158 for more information.



Category: (Check One) Individual Institutional Educational

Nominee: _____

Address: _____

Phone # _____

Reason for Nomination: _____

Nomination: _____

Address: _____

Phone #: _____

Signature _____



Promoting the Wise Use of Natural Resources for 35 Years

DIET NO MORE!

THE ULTIMATE "NO EFFORT" DIET IS HERE



Forget all the diet cookies, shakes, the things you cant' take forever.

PT helps the body to balance itself by encouraging the burning of fat. There are no drugs, synthetic chemicals, or artificial ingredients in PT.

PT is a very specially formulated combination of naturally concentrated botanicals;

1) Joint Fir 2) Oirana 3) Kelp

Shed all those unwanted pounds and eat all your regular food. Simply take PT, 100% natural herbal capsules with every meal.

What could be easier?

✓It's Simple ✓It's affordable ✓It works

Imagine how you'd look if only you could shed those extra pounds

100% Money Back Guarantee

Put us to the test ...

GLADYS (519) 853-2642

SANDRA (416) 877-5312

Call 7 days a week - 9 am to 9 pm