

# Raiders take to ice in search of talent

Just when you thought the hockey season was over the Georgetown Chrysler Raiders begin preparing for a new season.

The local junior B squad is trying to get an early jump on their Central Ontario Junior B competition and have organizer a spring camp to help them sort out the talent that the staff has been looking at over the past year.

The red, black and white hopefuls take to the ice at Gordon Alcott Arena this afternoon (Sunday) from 1 to 4 p.m. and then are back at it Tuesday evening. A final spring workout will be held next Tuesday (April 28).

According to president and general manager Finn Poulstrup the camp is by invitation only but interested parties can contact coach Charlie Hanman at 877-4646 if they are interested in taking part.

The Raiders are coming off their most successful season in ten years and hopes in the Raider camp are high that they will challenge for league honors.

Coach Charlie Hanman, who guided the Raiders to a 20-15-7 mark in his initial season, is expected to be back behind the bench next season. Poulstrup will make the recommendation to the executive at their next meeting.



KATIE ROWLAND

# Katie Rowland qualifies for Gymnastic Nationals

Georgetown gymnast Katie Rowland was successful in her bid to qualify for the Provincial Novice gymnastics team.

The 10 year-old member of the Bramalea Gym Club finished fourth on beam and fifth in floor to become the youngest member of the provincial squad that will compete in Quebec City on May 12 weekend.

Her overall performance was good for seventh against the 11 and 12 year-olds.

In addition to Rowland, local gymnast Angela Stiles will also compete. Stiles is a member of the high performance Junior Program and will compete in Quebec City, hoping to earn a spot on the National team that will compete in the Junior Pacific Alliance in Brazil later this summer.

Another local gymnast, Melissa Sheppard has qualified for the Provincial Gymnastics Championships in Tyro A. She placed first overall at three qualifying meets to earn the berth in Kingston on May 2.

Sheppard, who now trains with Gymnastics Mississauga, claimed top honors at the final Metro West qualifier with first place finishes in beam and floor, as well as second in bars and third in vault.

HALTON HILLS WEEKEND

# SPORTS

## Sports

### SHORTS

#### Get in shape

Sandra Cousens has put together a full program of fitness using a circuit training format. During a one hour session for six weeks, you will rotate to various stations where you will be put to the challenge. Circuit training is great for building up your cardiovascular system, strength, endurance and flexibility in a least amount of time. It is also an excellent way to get yourself in shape for your summer sports activities and have a lot of fun doing it. The program will run from Sacre Coeur School Tuesdays, April 14 to May 19, 7:30 to 8:30 p.m. To register, just use the mail in registration form in our Spring and Summer Brochure. For more information please contact the Halton Hills Recreation and Parks Department at 873-2600, ext. 268.

#### Something meaningful

Halton Hills Recreation and Parks Department is looking for adults who have some time available on Wednesday afternoons, 12:30 to 4:30 p.m. They are a group of adults who get together weekly for an afternoon of fun and activity. If you would like more information on what we do, and how you can contribute towards our group, please contact Debbie Miethig at the Halton Hills Recreation and Parks Department 873-2600, ext. 267. You won't be disappointed!

#### The Challenge is on

Participation Challenge on May 27 hopes to make physical fitness in Canada an important and fun part of life. The point is to exercise at least 15 minutes, phone the fact to the central phone number and that total gets recorded nationally. Halton Hills has challenged Milton, and our goal is to total more person involvement than Milton does. Last year only 30 per cent of Halton Hills' population phoned in their participation, allowing Milton victory.

This can be an individual or a group activity, so that anyone may participate. Mark the calendar for May 27 and plan to do your thing for your town and your health!

# Johnson qualifies for regional squad



Angela Johnson managed a second place finish at the third regional qualifying gymnastics meet in Oakville recently, earning a spot on the Central Ontario team that will compete at the Provincial championships. Johnson's

gold medal performance on beam, coupled with a bronze in floor, earned her second overall. She will now compete with the regional team in Bracebridge on May 30. She will compete in the Pre-Argo division.

# Halton Hills gymnasts bring home team title

Halton Hills gymnasts performed well as the Central Region of the Ontario Gymnastics Federation held its third qualifying meet in Oakville recently.

The following gymnasts competed in the Pre-Argo category: Jennifer Robertson, Daniela Soria, Ashley Johnson, Ainslee Emerson and Krista Meads.

Daniela earned a bronze medal on the bars with an excellent score of 9.30. Ashley Johnson earned a silver medal in the same event with a score of 9.35. Krista Meads was eighth with a score of 9.05.

Jennifer Robertson performed an outstanding routine on the floor and earned a silver medal with a score of 9.20. Ashley Johnson earned a bronze medal in the same event with a score of 9.15.

Johnson earned a gold medal on the beam with a score of 9.20. Soria was also close to perfection with her bronze medal on the beam and a score of 9.10.

Johnson was second overall - a silver medalist - in this third qualifying meet. This placing combined with her sixth and eighth place finishes in the first two meets qualified her for the Central Region team. This team is comprised of six girls and two alternates. They will compete in Bracebridge on May 30 for the Provincial Championships in the Pre-Argo category.

The girls had a total team score which earned them a first place position. They also won the overall team award for the three qualifying meets. There were a total of 25 competitors from 12 different clubs at each meet.

Jennifer Stocks competed in the Tyro B division. She had an excellent competition with scores of 8.9 on the floor, 8.4 in the vault, 9.1 on the bars and 8.8 on the beam. Her fine routine on the bars earned her a fifth place ribbon and she also earned a fourth place ribbon on the beam. Stocks was in 11th place overall and is to be commended for her achievements.

The gymnasts in the recreational and competitive programs will now be preparing for their Gym Jamin' demonstration on Sunday, May 31 at the Georgetown high school. This is an opportunity for parents and the community to see the gymnasts perform in all four events and in their well-choreographed dance routines.



Members of Halton Hills Gymnastics' Pre-Argo Team were big winners recently as they won first overall at three regional qualifying meets. Members include, (front) Krista Meads, (middle) Ainslee Emerson and in back, Daniella Soria, Ashley Johnson, and Jennifer Robertson. Team member Jennifer Stocks was absent from the photo.