



# Pierrette's Kitchen

Here are two rather simple but tasty appetizers to serve to your seafood-loving friends!

## Smoked Salmon Cheesecake

- 1 lb. plus 1 oz. of cream cheese
- 1 cup sour cream
- 1/4 lb. smoked salmon, diced
- 2 tbsp. green pepper, finely diced
- 2 tbsp. red pepper, finely diced
- 2 tbsp. celery, finely diced
- 2 tbsp. cooking onion, finely diced
- 3 dashes Tabasco sauce
- 3 dashes Worcestershire sauce
- salt and pepper to taste
- 1 tsp. fresh dill, chopped
- 3 large eggs
- enough butter to grease pan
- 1/4 cup bread crumbs

Whip the cream cheese in the mixer until it is smooth. Blend in the sour cream until it is completely incorporated.

Fold in the smoked salmon. Fold in the peppers, onion and celery. Add the Tabasco, Worcestershire, salt, pepper and dill.

One at a time, whip in the eggs with the mixer.

Butter a loaf pan and sprinkle the sides and bottom with bread crumbs. Pour in cake mixture.

Bake the cheesecake in a 325°F oven for 40 minutes. Remove from the oven and refrigerate for at least 4 hours before removing from the pan.

Slice and garnish with fresh dill. Yield: 12 appetizer portions.

## Caviar Mousse

Preparation: 30 minutes;  
total time, 4 hours

- 1 envelope unflavoured gelatin
- 1/3 cup cold water
- 1/3 cup mayonnaise
- 1 tbsp. fresh lemon juice
- 2 tsp. Worcestershire sauce
- 1 tsp. Dijon-style mustard
- 1/8 tsp. pepper
- 4 hard-cooked eggs, chopped
- 1/3 cup chopped red pepper
- 1/3 cup chopped celery
- 1/3 cup salmon caviar
- 2 egg whites, at room temperature
- 1/2 cup heavy cream
- 3 tbsp. salmon caviar for garnish (optional)
- Assorted crackers

Preparation: Lightly oil a 4-cup ring mold; set aside. In 1-quart saucepan, sprinkle gelatin over cold water. Let stand 3 minutes to soften. Cook over medium heat, stirring constantly, until gelatin is dissolved, about 4 minutes; cool 5 minutes.

In bowl, stir together next 5 ingredients. Then stir in next 5 ingredients. Stir in gelatin. Chill 30 minutes or until mixture mounds when dropped from a spoon.

In clean bowl, with clean beaters, beat the egg whites until stiff peaks form. With chilled beaters, in chilled bowl, beat heavy cream until stiff peaks form. Fold whipped cream into salmon mixture. Fold in beaten egg whites. Spoon into prepared mold. Refrigerate 3 hours or until firm.

Loosen mold by running a sharp knife around insides of mold, including the centre. Invert onto serving plate. Hold a hot damp towel over bottom of mold for 30 seconds. Shake to release, then lift off mold. Garnish with additional caviar, if desired. Serve with crackers.

Note: Caviar is the roe of certain types of fish which is washed, then processed with salt flavour and preserve it. Caviars such as red lumpfish and red or natural salmon are pasteurized and vacuum-packed in affordable two and four ounce jars. Once opened, any unused caviar should be closed, refrigerated and used within two days.

# SUNDAY, MAY 24, 1992 RIVER OAKS GROUP RUN

The day of the Eighth Annual River Oaks Group Run will soon be here - have you picked up your entry form yet?

The 2km Fun Run & Oakville Elementary School Challenge will begin at 8:45 am and the 10km Race takes off from the starting line at 9:30 am with the wheelchair start at 9:25 am. It all happens at the River Oaks Recreation Centre 2400 Sixth Line, Oakville on Sunday, May 24th, 1992.

Sponsored by The River Oaks Group, Developers of the River Oaks

Community and co-sponsored by Oakville Runners Club Inc. and The Town of Oakville Department of Parks & Recreation, the River Oaks Group Run is shaping up to be as successful as ever! T-shirts for the first 300 entries, fruit and refreshments for participants and cash prizes will make it a not-to-be-missed event on your family's calendar.

Entry forms are available at the River Oaks and Glen Abbey Recreation Centres. For further information, call Tom Anderson at 827-0068.

## NORTH OAKVILLE CHURCH DIRECTORY

### Faith Baptist Church

1415 Trafalgar Rd. 844-0938  
Pastor: Gordon Phillips  
Sunday Bible School: 9:45 a.m.  
Sunday Service: 11:00 a.m. & 6:00 p.m.  
Call for weekday programs. Nursery provided.

### Holy Trinity (Croatian)

2110 Trafalgar Rd. 842-2388  
Pastor: Marijan Mihokovic  
Saturday: 7:00 p.m.  
Sunday: 9:00 a.m., 11:00 a.m.

### Knox Sixteen Presbyterian Church

Dundas St. W. (Hwy #5) at Sixteen Mile Creek  
251-0653  
Minister: Rev. Cecil Cunningham  
Worship & Sunday School: 10:00 a.m.

### Munn's United Church

Sixth Line at Dundas 844-8431  
Pastor: Rev. James W. Forbes  
Worship and Sunday School: 10:30 a.m.  
Nursery provided.

### Oakridge Bible Chapel

1285 Montclair Dr. 849-0827  
Sunday: 9:30 a.m. Communion Service  
11:00 a.m. Family Bible Hour & Sunday School

### Palermo United Church

Hwy #5 & Hwy #2 827-0531  
Minister: Rev. John Shearman  
Sunday Worship & Sunday School: 9:45 a.m.  
Nursery provided.

### Sheridan Hills Missionary Church

3301 Trafalgar Rd. 844-4645  
Pastor: Ivan Preston  
Sunday School: 9:45 a.m.  
Sunday Service: 11:00 a.m.

### St. Cuthbert's Parish

Liberal Catholic Church  
worship at Palermo United Church  
Hwy #5 & Hwy #2 848-8034  
Holy Eucharist: Sundays: 12:00 noon  
Open Communion.

### St. Michael's Parish

18 Sewell Dr. 844-7977  
Pastor: Father Peter Coughlin  
Associate Pastor: Father Charlie Jordan  
Saturday: 5:30 p.m.  
Sunday: 9:00 a.m., 10:30 a.m., 12:00 noon

### St. Simon's Anglican Church

1475 Trafalgar Road 845-8351  
Sunday: 8:30 a.m. Said Eucharist  
10:30 a.m. Sung Eucharist  
Nursery and Church School

### Trafalgar Baptist Church

River Oak Public School  
Munn's Avenue 849-5850  
Minister: Rev. Gerry Brodie  
Sunday Worship & Sunday School: 10:45 a.m.  
Nursery provided.

### Trafalgar Presbyterian Church

354 Upper Middle Rd. Enter at White Oaks  
Blvd. and Lancaster Blvd.  
842-5872  
Minister: Reverend Fernie Reeve  
Sunday: 11:00 a.m.

### Trinity United Church

1251 McCraev St. E. 845-3151  
Pastor: William Sparling  
Sunday Worship  
Church School: 10:00 a.m.  
Programs for youth, senior citizens  
and handicapped.  
Nursery Provided.

### Upper Oaks Community Church

1051 McCraev St. 842-8627  
Pastor: Craig Side  
Sunday Worship: 10:00 a.m.  
educational opportunities for  
all ages: 11:00 a.m.  
Nursery provided.