

## RUNNERS COMPETE AT REDING INVITATIONAL

RIGHT

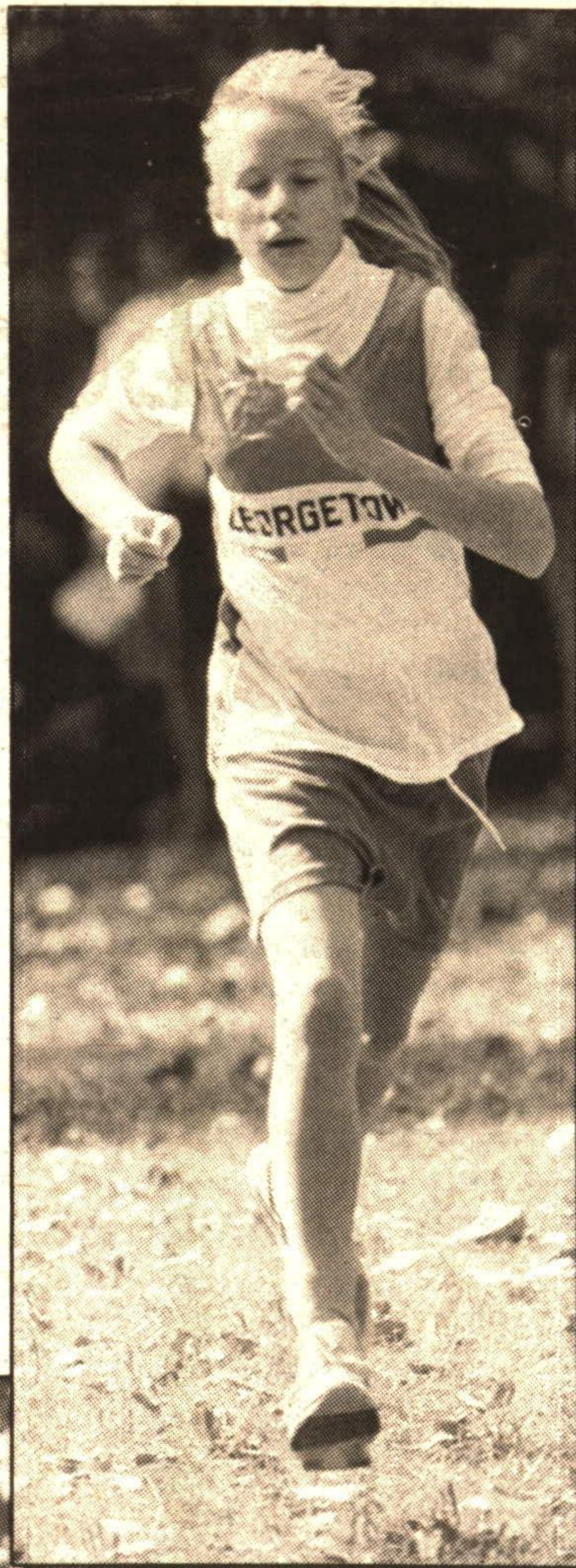
Ester Copland of Georgetown High School poured on the speed as she competed in the Midget Girls 3 km run Wednesday at the Bishop Reding Invitational Cross Country Meet at Kelso. Ester finished 13th in her run.

LEFT

Emma Gelok of GDHS battles with a Cardinal Leger runner to maintain her position during the Junior Girls 4 km run. Emma held on to finish in 21st place.

BELOW

Georgetown's Kristy Johnson kept a wide berth between her and fellow competitors in the Junior Girls division at the Reding Invitational. Kristy maintained her lead to win the 4 km run.



## GREEN THUMB GARDENING



By CHRISTINE COLE

### Spring in Your Home This Winter

Spring flowering bulbs include some of the most beautiful of garden flowers. They are the focal point of the flower beds in the spring. However, you can have an earlier show of these flowers in your home this winter. All you have to do is force them to bloom earlier, in the winter instead of spring. To do this, pot the bulbs up in the fall, chill them for several weeks and then enjoy!

The easier bulbs to force indoors include Paperwhites, Crocus (especially 'Blue Pearl', 'Remembrance' and 'Pickwick'), Hyacinths, Tulips and Daffodils (especially 'King Alfred').

Bulbs that are prepared for winter blooming require well-drained soil, and the container should be twice as deep as the bulb being forced. Clay, ceramic, plastic and metal containers are all suitable for bulbs.

Place a few stones or broken clay pot pieces in the bottom of the pot. Add soil to half fill the container. Then, gently place the bulbs onto the soil. Do not grind or rotate the bulbs into the soil, as this could damage the bulb and hinder its development. Tulips and daffodils need a small space between them (approx. one inch), but the smaller bulbs can be placed closer together. Add enough soil to bring it up to the tip of the bulb. Water well and then place the planted bulbs in a dark, cool (40°F - 50°F) location for 12 to 15 weeks. A cool basement, garage or porch are suitable.

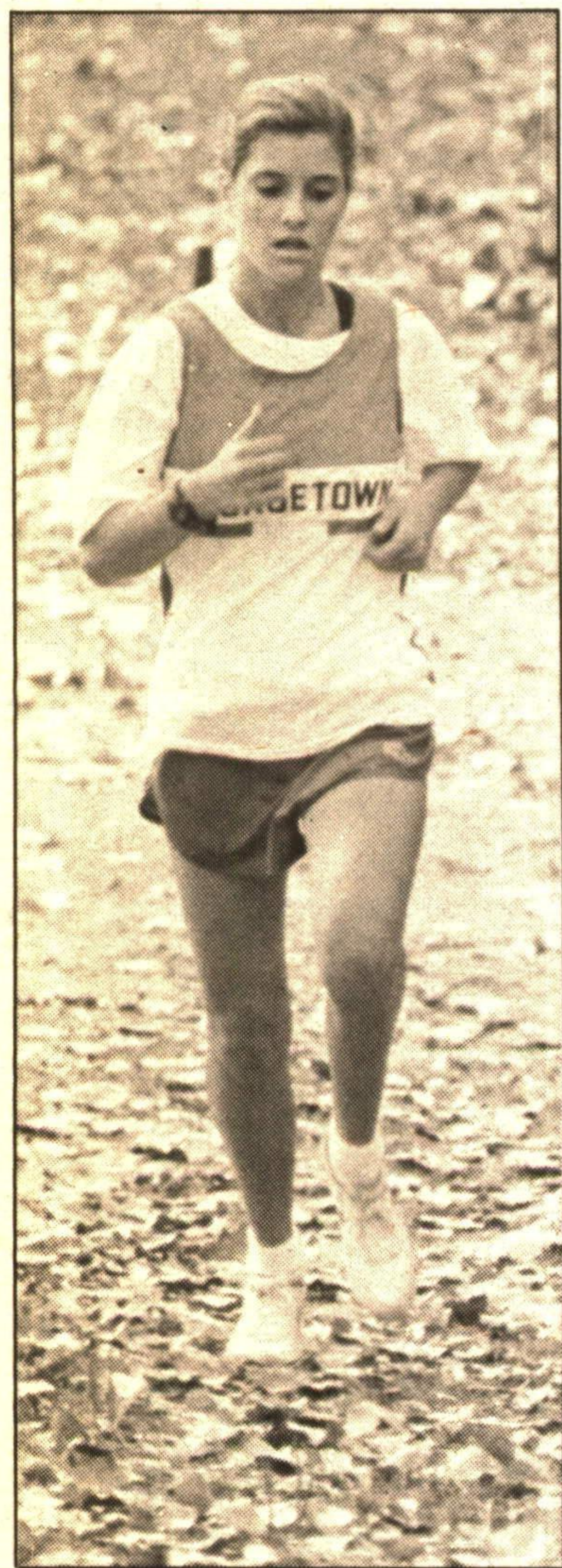
Essential root and bud development occur during this time, so keep the soil evenly moist. When the sprout are one to three inches tall they can be moved to a warmer location (60°F).

In four to six days the container of forced bulbs should be ready to fill your home with spring beauty. For a succession of flowers fill several containers with bulbs and bring one container at a time out of cold storage.

Unlike other bulbs, Narcissi do not require any chilling or soil. These bulbs can be placed in a pot (without drainage hole) and filled with stones around the bulb. Keep it evenly moist, and enjoy fragrant flower this winter.

Pot up your bulbs this fall and force them to bring a little spring into your home.

Photos by Ted Brown, Independent/Free Press



Jody Johnson wasn't too far behind big sister Kristy in the Junior Girls 4 km run. She finished in fourth place.



Leslie Scarth of GDHS showed great endurance as she finished in 43rd place in her run.



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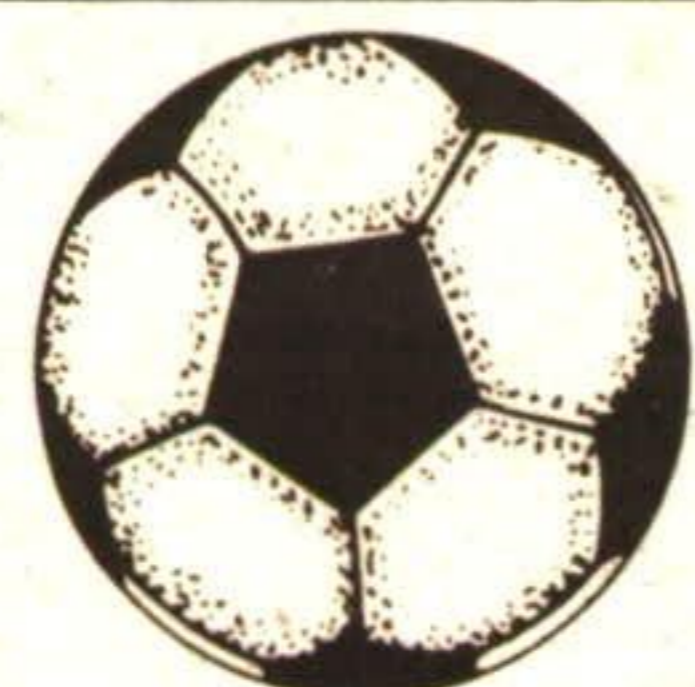
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## ACTON SOCCER CLUB GENERAL MEETING



WED. OCT. 2<sup>ND</sup>

7:30 P.M. Acton Legion

All persons assoc. with this club i.e. coaches, parents, board members are requested to attend.

Each week Christine Cole of Tuitman's Garden Centre and Landscaping, Highway 25, 1 mile south of Acton, 853-2480, will be presenting helpful tips and information to assist you in creating your garden show-place!

TUITMAN'S GARDEN CENTRE  
ACTON  
853-2480