

## SOCCER LEAGUE SAYS THANKS



Georgetown Youth Soccer held an end-of-season reception at the Lions Hall last weekend to thank sponsors and media for their support. Among those exchanging thanks for a great season and best wishes for the coming one were (from left) treasurer Kathy Jubenville and son David — the under-11 league champ — registrar Gail Houghton and convenor John Bannister. The season really ends today (Saturday) at Cedarvale Park, where soccer fans can take in a full day of boys' and girls' action starting at 8:30.

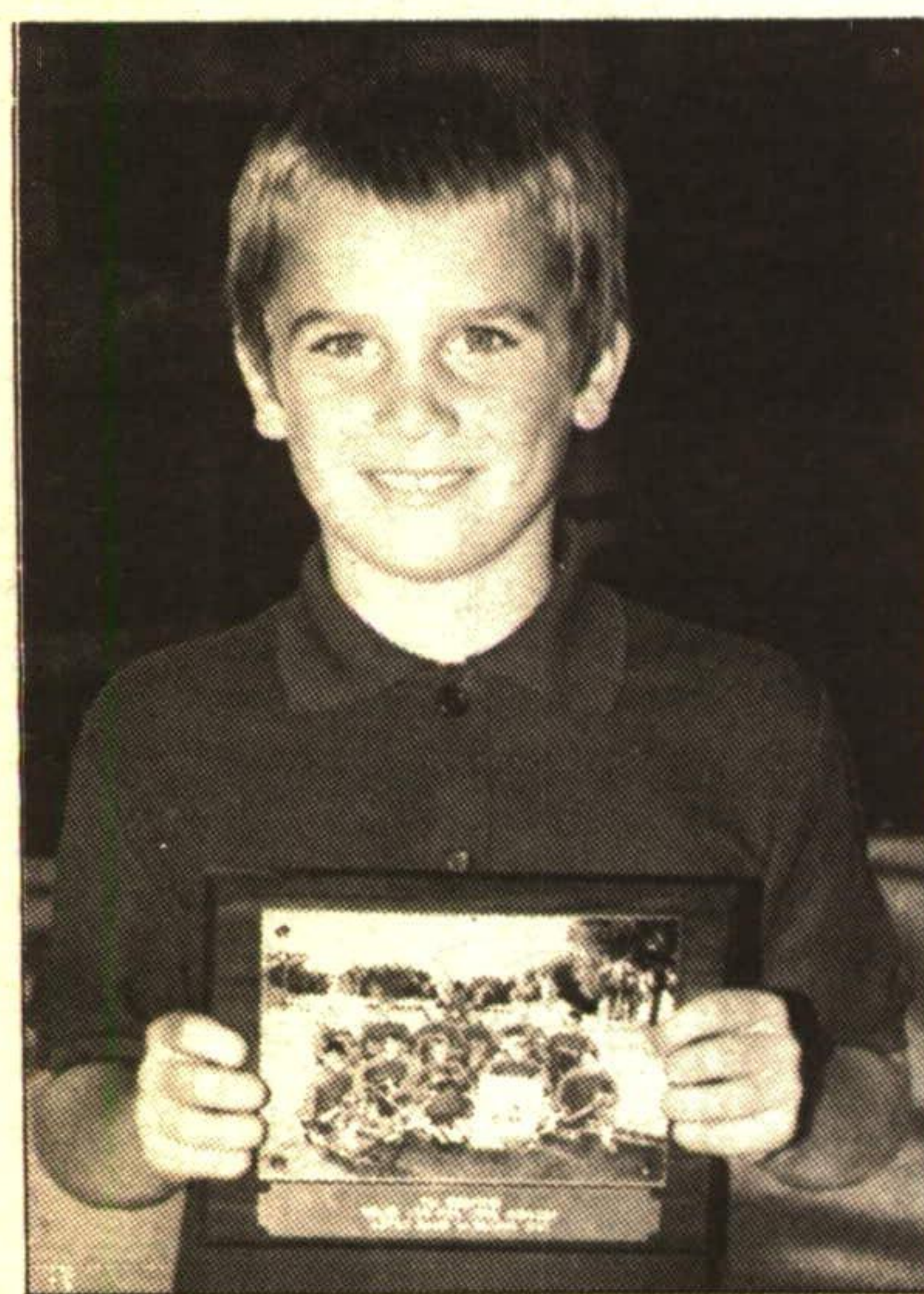
Photo by BARB STEPHENS



## LITTLE LEAGUE LACROSSE

She's three months shy of her second birthday, but Jessica Petkoff is raring to get started on her lacrosse career. Seen wielding a mean stick at last weekend's Acton Rams Lacrosse Banquet at AHS, Jess must have been inspired by big brother Joel's outstanding season with the novices. He was one of many players and officials given a well deserved round of applause as another season closed. Noah Malinosky (left) holds his copy of his team photo.

Photos by BARB STEPHENS



## Blue Springs tourney for asst. pros has \$20,000 pot

A record field of 145 assistant golf professionals from across Canada will compete in the Canadian Golf Industry Association sponsored Canadian Assistants' Championship next Wednesday through Friday (Sept. 18 to 20) at the Blue Springs Golf Club in Acton.

A pair of former runners-up, Kevin Dugas of Moncton, N.B., and Jean Chatelain of Lachute, Que., are expected to vie for the first prize cheque of \$3,600 in the \$20,000 event.

Admission is free to spectators who wish to view the event.

"This year's record field includes the finest young professional golfers in the country," said CPGA Director of Tournaments Steve Carroll. "The future of professional golf in Canada will be competing at the Blue Springs Golf Club."

The week begins with a Shoot-out and Pro-Am Tuesday and the championship action gets underway Wednesday morning.

## Swinging Fore...

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## "Feel"... is most important

You have two components of the swing that constantly affect the direction in which you hit the ball. Sure, alignment, grip, stance, swing centre, timing, etc. all have something to do with it, but a major key to an excellent game is "swing plane." Today we are going to discuss the swing-plane and the club face relative to this plane.

If 12 golfers were asked to explain why the ball flies straight or 'off line', you could easily get 10 different answers! So why continue practising unless you have the knowledge and understanding necessary to send the ball in the desired direction?

Swing plane is the path along which the club travels. If the club face is square to this path at all times, the ball is bound to fly relatively straight.

As shown in the photographs, A (left) then B (right), I am demonstrating the "plane control" drill. From the starting position, you take the club back until the shaft is waist high or as I am showing, slightly higher. The club should be pointing away from the target with the toe of the club pointing straight up. The right



elbow is folded and the left arm is extended.

At least 75 per cent of your weight should be over the back foot. Starting with your feet and working up, transfer your weight and "plane control" drill to your front foot. Now the club should be waist high with the shaft parallel to the ground. As shown my club is a little higher with the club pointing up. The left elbow is folded as the right arm is extended and the rest of the body is facing the target.

Remember that the "how" in golf is important but the "feel" of how is even more important. Repeat this drill going back and forth, side to side, being aware of the club path, the club face and of the weight transferring from foot to foot. Accomplish the drill first without the ball and then introduce the ball later. This drill will help you hit the ball much straighter and more in the centre of the club... dead - solid, perfect!

Tip of the Day! Being able to hit the ball far isn't the key to happiness, especially when it's in the wrong direction... The straight way to the hole is normally the shortest!!



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## GEORGETOWN MINOR HOCKEY ASSOCIATION EQUIPMENT EXCHANGE and

**FINAL REGISTRATION  
Sat. Sept. 14 - Memorial Arena**

Drop off equipment - 8:30 a.m. - 11:00 a.m.

Sale 12:00 - 4:00 p.m.

Pick up un-sold items 4:00 - 5:00 p.m.

Registration 10:00 a.m. - 4:00 p.m.

- All items not claimed by 5:00 p.m. become property of G.M.H.A. - no exceptions.