

# SPORTS SCOREBOARD

## Georgetown Soccer

### Boys

#### BOYS UNDER-8

**Red Rockets 1**  
Ninjas 4  
Red Rockets goal: Kyle McIlvenna.  
Red Rockets noteworthy players: David Boyington, Jon Booren, Evan Golding.

Ninjas goals: Daniel Roffel 3, Mark Fantegrossi.

Ninjas noteworthy players: Jeremy Baynes, Mark Fantegrossi, Joey Flynn.

**Burger King Bullets 2**  
Purple Pythons 1

Burger King Bullets goals: Timothy Mansfield, Ryan Norton.

Burger King Bullets noteworthy players: Bradley Snow, Derek Graydon, Brian Arnold.

Purple Pythons goal: Chris Boutasis.

Purple Pythons noteworthy players: Graham Leverette, Kyle Deforest, Chris Boutasis.

**Burger King Bullets 0**  
Ninjas 3

Burger King Bullets noteworthy players: Derek Graydon, Colin Jackson, James Partridge.

Ninjas goals: Joe Garvey 2, Mark Fantegrossi.

Ninjas noteworthy players: Jeffrey Van Ravens, Joe Garvey, Jason St. Pierre.

**Purple Pythons 3**  
Red Rockets 0

Purple Pythons goals: Martin Lefebvre, Chris Boutasis 2.

Purple Pythons noteworthy players: Matt Eagleson, Richard Welsh, Thomas Pazichuk.

Red Rockets noteworthy players: Jon Bouren, Matt Dibbits, David Boyington.

**BOYS UNDER 9**  
Green Machine 2

Blue Bombers 2

Green goals: Michael Noonan.

Green noteworthy players: Michael Long, Dale Menken, Jason Hower.

**Gino's Pizza 1**  
Terminal Warehouse 1

Gino's goal: Nathan Cardon.

Gino's noteworthy players: Eric Axford, John Lootsma, Josh Robbins.

Terminal Warehouse goal: Ivan Bosnjak.

Terminal Warehouse noteworthy players: Ivan Bosnjak, John Boutasis, Michael Bukoovcan.

**BOYS UNDER 14**  
Steak Express 0

McEachern "Spare Parts" 3

Steak Express noteworthy players: Ken Armstrong, Dean Ellis, David Cairns.

McEachern goals: Daniel Bukovcan, Jason Tawil 2.

McEachern noteworthy players: Darryl Johnston, Cory Rees, Neil Stopford.

**Marauders 1**  
Blue Blazers 1

Marauders goal: Robert Wright.

Marauders noteworthy players: Robert Wright, Steven Smith, Ryan Taylor.

Blue goal: Damian Jenkins.

Blue noteworthy players: Damian Jenkins, David Vandervinne, Dennis Horton.

**BOYS UNDER 18**  
Red 2

Gold 3

Red goals: Andreas Reichelmayr, Jason Smith.

Red noteworthy players: Chris Breeden, Jeff Zomer, Jason Smith.

Gold goals: Steve Trickett 3.

Gold noteworthy players: Jason Breeden (goal), Henry Anderson, Chris Crawford.

### Girls

#### Under-10

Team No. 5 is now ReMax Realty dressed in robin's egg blue uniforms. They played a tight defensive game with the Dutch Nurseries Blue Sharks on July 2 in the Girls Under-10 mini-soccer games. The Cedarvale field is depressingly brown and lineless but the girls' enthusiasm for running with and without the ball is endless. There were very few chances to score but ReMax Realty light blue centre forward Lindsay Sproule snapped the ball into the Blue Sharks net with an unstoppable shot over everyone's head.

The Dutch Nurseries played well

without any substitutes, and since the girls had responsibly told the coach that they were going to be away, it was easier to plan strategy. Playing well were Katie Duke, Laura Shields and Kathryn Weston for the Blue Sharks. The light blue ReMax Realty players who helped the goal scorer Lindsay Sproule were Kira Lawrence, Christine Mountain, and Annie Schaefer. The final score was 1-0 for ReMax Realty. Thanks are extended to temporary coach Doug Westman substituting for Joe Crane. Thanks also to Henry Anderson who refereed decisively.

The Thursday games were hard fought between all the teams. The Municipal Trust Purple team played the Red Tim Horton Donuts in a good kicking game up and down the field. The Red Tim Horton Donuts played without substitutes with outstanding performances by Jaimie Ellis, Deirdre McGee and Kerri Nielsen. Leah Crane and Tara Rafferty saved kicks with their stomach and eye respectively. Jennifer Duke and Lindsay Talevski kicked a few big ones for the Reds. In the third quarter, Municipal Trust Purple player Bethan Elliott scored in a breakaway, running all the way from center field for a final 1-0 score. Noted Municipal Trust Purple players this time were forward Bethan Elliott, Sarah Ferguson for defence and Angela Sykes who ran hard the whole game.

The Yellow Millieries TV scorer from last week was Robyn Pembleton with a single. This week the Yellow Millieries TV team played the Green Hornets. The Green Hornets Rebecca Culp got a goal after a corner kick in the second quarter and a second goal by Erin Longworth in the last quarter that the Yellow goalie had her hands on but it skidded into the corner. The Green Hornets goal scorers were helped out especially by Karen Dilabough and Courtney Evers-Jordan. The Green Hornets were passing well this game while the Yellow Millieries TV team players were making good long throw-ins. The Yellow players cited for good field work were Tyrenny Anderson, Robyn Pembleton and Julie Thompson. The Yellow players fought back bravely and Jacquie Bajic stopped a kick with her face. Geoff Sketcher who usually referees the "rep" teams got a good run with these two games. Thanks Geoff.

**GIRLS UNDER-14**  
Georgetown Green 6

Butcher Shop 2

Green goals: Danielle Cary, Amy Longworth, Marci Roy 3, Coleen Steringa.

Green noteworthy players: Elizabeth Crawford, Amy Sykes, Branwen Williams.

Butcher Shop goals: Becky Devries, Marita Lescak.

**NRS Brand Realty 10**  
Bellamy's Restaurants 1

NRS goals: Jenny Royce 2, Melissa Watts, Leigh Shillington 3, Jo McMenemy 3, Cheryl Zomer.

NRS noteworthy players: Tanya Evers-Jordan, Mary Lynn Hogan, Shannon Rodda.

Bellamy's goal: Louise Hatton.

#### Under-14 Selects

At a Select tournament held in Bolton on June 15 and 16 the Georgetown Girls Under-14 Select soccer team played their first tournament of the year with confidence and determination making every game exciting for parents and fans in attendance.

Sponsored this year by Food City, the Select team were rewarded for their exceptional performance with the Consolation Championship trophy.

Strikers for the Food City Select squad with two goals each were Cheryl Rivard, Melissa Watts and Marci Roy, with singles from Danielle Cary, Courtney O'Brien, Katie Blyth and Jill McMenemy.

Other team players making strong contributions in play were Jennifer Atkinson, Tracey Andrews, Leigh Shillington, Becky Devries, Louise Hatton, Karita Lescak, Allison Bobor, Mary Donnelly and Mary Lynn Hogan.

## Acton soccer

#### MINI SQUIRT REPORT

The Acton Mini Squirt League has now played half of their regular season games and all teams are doing terrific!

Hunt Plymouth Chrysler are out to set a new record for scoreless games. So far every game they have played has been 0-0 but they have had some great goaltending and lots of breakaways. Neal Dawkins, Kory Killingbeck and

Kody Killingbeck have been outstanding players for their team.

Acton Bears are having a very successful season with four wins and two ties so far. Derrick McKeown has scored five goals, Stephen Baychuk has scored three and Phillip Doucette has two goals. A great improvement has been seen by every player on the team since the beginning of the season.

Acton Wolves have been playing very hard this season. They have two wins, two ties and one loss so far. Corey Burgan, Kyle Murray and Blaine Murray have shown terrific performances for their team.

Acton Panthers team members have shown a big improvement since the season started. Matthew Van Der Leest, Lisa Wood and Joel Landsborough have shown a great effort to help their team.

#### SQUIRT SOCCER

JULY 3

GV - 0

R1 - 1

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Mimosa Meats 1

Super Sub 5

Super Sub had too much shooting power for Mimosa Meats.

R3 - 6

Gordon Dawe 0

Special mention for Acton are Shawn Prentice and John Yundt for an excellent effort.

JULY 4

R2 - 1

Acton Town Milk 1

A well balanced evenly contended game. Special mention to Rockwood's Chris Jowett and John Field.

ATOM RESULTS

JULY 2

H2 - 0

Advance Woodworking 6

Even though Hillsburgh lost they played extremely well the second half. Acton goalie and defence were great.

Rockwood 1 - 2

MacMillan Frozen Veggies 6

MacMillan goals: Joel Petkoff 3, Derrick Incoe 2, Joe Field.

UNDER-12

Acton 2 - 4

Rockwood 1 - 2

Acton goals: Andre Savard 3, Paul Guy.

Special recognition to Allen Durelle. Excellent defensive play by Matt West, Josh Wilson, Mark Faseruk and Allen Durelle.

FIVE COUNTY UNDER 12

JULY 3

Acton 1

Fergus 0

Acton goal: Devon Fraser.

Special recognition to Mark Faseruk. Defence worked extremely well.

## Tyke ball

JULY 2

George & Dragon Yankees 15

Mike Reed D.J. Angels 5

A home run by Brendan Alexa, a triple by Wesley Whitlam, and two RBIs from Kevin Becker showed Angels' potential; but Yankees just kept snatching fly balls out of the air. Jon Borg, David Cormier, Roddy Heinz, and David Cormier each accounted for one, and were assisted defensively by Errol Smith. Chad Miersma provided the defensive sparkle for Angels, but Yankees simply had more stoppers and held Angels to five while bringing in 15 of their own.

Halton Credit Union A's 12

Blake Leavitt Expos 12

Right from the five-run-per-side first inning, A's and Expos split the game evenly. Joel Springer and Matt Walker drove in homers for A's, while Nick Johnston and Jeff Russell did the same for Expos. Expo John Murray did some fine fielding on a hard-hit ball; Johnston snatched one for the A's. A's could not keep up to Owen Blake, who stole three bases and counted for two runs. Expos could not get past pitcher Richard Cunningham, who gave A's breathing room for the five-run catch-up final inning.

J.V. Clothing Blue Jays 15

Beaver Lumber Mets 2

Tuesday began well for Mets as Jason Hayes fired three strikeouts at the Jays in the first inning. In the second, Jays turned the tables: Paul Larocque faced down three Mets batters in succession. When Jays batters started to connect, they did it in a big way: a Dylan Lee grand slam, a Matt McMullen homer, and a Topher Baker double, backed by RBIs by Alan Gilmor and Justin Hunt, racked up 15 Jays runs.

Though Bryan Stuttard homered and also pulled off a spectacular sliding catch in left field, his two RBIs were the only Mets counters against a defence led by a Gilmor catch in center field and Andrew Peden, who specialized in ground outs at first.

JULY 4

Jim & Pat Akers Countrywide Tigers 2

Beaver Lumber Mets 11

Mets rebounded sharply from Tuesday night's loss, behind hitting from Bryan Stuttard, Chad Gemmil, Jason Hayes, and a grand slam by Matt Hotham, which totalled 11 runs. Tabbies' claws were trimmed at two runs; Gemmil putting in two outstanding innings on the mound, and Hotham foiling an attempted steal at second.

Mike Reed D.J. Angels 7

J.V. Clothing Blue Jays 21

Blue Jays extended Angels' slump to four games on the strength of power hitting by regulars Topher Baker, Alan Gilmor, Justin Hunt, Paul Larocque, Dylan Lee, Matt McMullen and David Zeni. Jays displayed additional batting depth in doubles by Ian Murphy, Shawn Pearce and Jason Watt. Mike Budgel, in his best outing of the season, surfaced as a triple threat. He delivered well from the mound, trapped a fly-ball out, and

produced a home run on offence. Though determined, Angels could muster only seven runs while Jays appear to be developing fresh talent for the second half of the season.

Halton Credit Union A's 10

George & Dragon Yankees 3

Yankees were unable to follow up on their Tuesday night win against Angels. A's batting squad of Craig Anderson, Warren Anderson, Jamie Larocque and Jeff Russell opened up, with Warren Anderson knocking in three runners. Infield play featured Mike Madill on second and Richard Cunningham with double outs at first. Gerrard Purcell's pop fly catch and an Adam Scurall-Daniel Hardstaff out at home held A's to ten runs. Yankees, who went into the final frame with only three, picked up briefly on a Hardstaff triple, but had to walk off with Hardstaff stranded on third.

FUTURE GAMES

JULY 16

George & Dragon Yankees versus Akers Countrywide Tigers at the Armories; Halton Credit Union A's versus Beaver Lumber Mets at Kennedy; Mike Reed D.J. Angels versus Blake Leavitt Expos at Centennial.

## Swinging Fore...

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### "Good golf begins with a good grip" - Ben Hogan

As promised, the next few weeks will be devoted to helping golfers understand the principles and fundamentals responsible for hitting the ball with more consistency. Let's begin with the grip.

#### The balanced grip!

In order to swing the club with a consistent swing motion and with as few compensations as possible, you must acquire a grip that enables you to place your hands on the club in a neutral position.

Your only contact with the ball is through the clubhead and your only direct physical contact with the club is through your hands. Energy



Photo #1

brakes on all this transmission of energy. With a grip other than neutral, a golfer will not hold the club securely throughout the swing. Chances are the clubhead will be all twisted and the golfer will ultimately be acquiring not only a poor swing motion but also a weak swing motion. Weak swings are caused from strong grips whereas strong swings develop from neutral, balanced grips. That's what Nicklaus says! Therefore, if you want to plug into all your body energy and transfer that energy to the clubhead, you must first stop interfering with a poor grip. Find neutral!

What is a neutral grip? Although there are many words and pictures

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available to explain this, there isn't any guarantee that you will understand, see, and do "neutral" right away. Therefore my explanation is none other than simple. After all, if you want a simple, no frills golf swing, you must start with a simple, no frills grip.

As shown in photograph #1, a balanced grip will have the shaft or grip directly underneath the hand formation. If you are right-handed, the back of the left hand faces the target (pin) which enables you to contact the ball with your clubface square or 90 degrees to the target. The right hand opposes the left.

Photograph #2 shows the most common incorrect grip where the shaft, or grip of the club, is to the left side of the golfer's hand formation with the back of the left hand facing the sky! You'll see the right hand wrapped too far under the shaft. Even though this grip feels "strong," remember what Nicklaus says, "Strong grips are the cause of weak swings!"

There's no glamour to it! The "neutral" grip that is. You may see it accomplishing nothing active, nothing decisive. On the other hand, there is some kind of beauty in the way fine players place their hands on the club. They all understand that, far from being a static, "still life" sort of thing, the grip is the HEARTBEAT of the golf swing's motion.

Tip of the Day! Why worry about grip pressure - when your wrists move your hands?



Photo #2