

PRICES EFFECTIVE SATURDAY
DECEMBER 29 THRU MONDAY
DECEMBER 31, 1990.
**ALL STORES CLOSED
NEW YEARS DAY &
REOPENING
WEDNESDAY JANUARY
2, 1991 AT 8 AM.**



**OPEN SUNDAY
10 a.m. - 6 p.m.
and
MONDAY
8 a.m. - 6 p.m.**

HAPPY HOLIDAYS

CUT FROM CANADA GRADE "A" BEEF, WING STEAK OR ROAST OR



**T-Bone
Steak or Roast**

8.77/kg

3.98
lb

FIRST GRADE

**Wildmere
Butter**

1 lb
package

1.79

WITH COUPON BELOW



SELECTED VARIETIES

**Humpty Dumpty
Potato Chips**

190 g-
200 g bag

.99

REGULAR OR DIET

Pepsi-Cola or 7UP

2 LITRE BOTTLE
(Unit cost 5.0¢ per 100 mL)

750 mL bottle
(Unit cost 4.4¢ per 100 mL)

.99

WITH COUPON BELOW

6/1.99

PLUS 40¢ PER BOTTLE DEPOSIT



FROZEN, SELECTED FLAVOURS

**Beatrice Classic
Ice Cream**

2 LITRE CONTAINER

2.79

WITH COUPON BELOW



HEINZ, FANCY, TOMATO JUICE OR

**Vegetable
Cocktail**

48 FL OZ TIN

.79



FRESH DAILY

**Beatrice 35%
Whipping Cream**

250 mL CARTON

.99



DELI SLICED OR SHAVED

**Black
Forest
Ham**

lb

4.99

1.10/kg

SUPERB BLEND

**8 'Clock
Bean
Coffee**

300 g
bag

1.49

WITH COUPON BELOW

REGULAR, WHOLE WHEAT OR 50% LESS SALT

**Ritz
Crackers**

250 g BOX

.99

WITH COUPON BELOW

JANE PARKER

**Mince
Pie**

625 g
size

1.99

FROZEN, VAC PAC, 20 - 24 oz AVERAGE

**Cornish
Hens**

lb

2.59

5.71/kg

WITH THIS COUPON

FIRST GRADE - 1 lb PACKAGE

**Wildmere
Butter**

1.79

SAVE

LIMIT: 1 package per coupon. Offer valid Sunday* Dec. 23
until Monday Dec. 31, 1990. (Pay regular price without coupon.)

S.C. #632

WITH THIS COUPON

FROZEN, SELECTED FLAVOURS - 2 LITRE CONTAINER
**Beatrice Classic
Ice Cream**

2.79

SAVE 70¢

LIMIT: 1 container per coupon. Offer valid Sunday* Dec. 23
until Monday Dec. 31, 1990. (Feature price without coupon 3.49)

S.C. #631

WITH THIS COUPON

REGULAR, WHOLE WHEAT, 50% LESS SALT - 250 g BOX
**Christie
Ritz Crackers**

.99

SAVE 90¢

LIMIT: 1 box per coupon. Offer valid Sunday* Dec. 23
until Monday Dec. 31, 1990. (Feature price without coupon 1.89)

V.C. #

WITH THIS COUPON

REGULAR OR DIET - 2 LITRE BOTTLE (Unit cost 5.0¢ per 100 mL)
**Pepsi-Cola
or 7UP**

.99

SAVE \$1.00

LIMIT: 1 bottle per coupon. Offer valid Sunday* Dec. 23
until Monday Dec. 31, 1990. (Feature price without coupon 1.99)

V.C. #2346514

FROZEN, GRADE "A", MIRACLE BASTE, BUTTERBALL OR

**Golden Deluxe
Basted Turkey**

3.28/kg

1.49

lb

FULLY SKINLESS, SHORT SHANK, SMOKED
Whole Cooked Ham

4.39/kg

1.99

lb

WITH THIS COUPON

SUPERB BLEND - 300 g BAG

**Eight O'Clock
Bean Coffee**

1.49

SAVE 50¢

LIMIT: 1 bag per coupon. Offer valid Sunday* Dec. 23
until Monday Dec. 31, 1990. (Feature price without coupon 1.99)

S.C. #633

WITH THIS COUPON

KRAFT, PLAIN, ONION, LIGHT - 250 g PACKAGE
**Philadelphia
Cream Cheese**

1.49

SAVE

LIMIT: 1 package per coupon. Offer valid Sunday* Dec. 23
until Monday Dec. 31, 1990. (Feature price without coupon.)

V.C. #

WITH THIS COUPON

SUPERB BLEND - 1 kg BAG
**8 O'Clock
Bean Coffee**

4.99

SAVE \$1.00

LIMIT: 1 bag per coupon. Offer valid Sunday* Dec. 23
until Monday Dec. 31, 1990. (Feature price without coupon 5.99)

S.C. #628

WITH THIS COUPON

Buy any 2 packages of Melitta Ground
Coffee 250 g at 2.99 each & get a package of
Melitta Coffee Filters package of 40 for 49¢

SAVE \$1.00

LIMIT: 1 tin per coupon. Offer valid Sunday* Dec. 23
until Monday Dec. 31, 1990. (Feature price without coupon 2.99)

V.C. #