

**SHOPPERS DRUG MART**

**OPEN**

BOXING DAY  
WED. DEC. 26th '90

IN GEORGETOWN  
**GEORGETOWN MARKET PLACE**  
290 Guelph St.  
877-2291

10 A.M. - 5 P.M.

**CHRISTMAS TREES**  
(Pine, Spruce, Balsam)

★ DRY, SEASONED FIREWOOD (pick up or delivered) ★

★ CHRISTMAS HOURS: Mon.-Fri. 9-8 Sat. 9-6 Sun. 11-5 ★

**Cedar & White Pine Roping Unique Gifts Decorations Christmas Plants**

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Season's Greetings

May you drive through the holidays with our best wishes of the season, and our thoughts of thanks

**KIYO'S JAPANESE CAR SERVICE**

21 MILL ST. GEORGETOWN 873-0550

**GREAT GIFT FOR GOLFERS!**

**PREVIEW PACKAGES**

A limited number of special green-fee packages for our preview period next spring are now available from just \$55.

Visit our new preview centre in the olde Hide House or call 853-0904 for details.

**BLUE SPRINGS GOLF CLUB**

A Collection of Signature Holes

Along With All Your Cards and Letters...

We offer our thanks and best wishes for a fine holiday.

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**Your Week Ahead Horoscope**

**ARIES** Mar. 21-Apr. 19 Stick to the conventional. Looking for the shock value in a situation can put you on the unemployment list.

**TAURUS** Apr. 20-May 20 Take precautions in your holiday travel and make sure you arrive at destination in one piece. Saturn says be careful.

**GEMINI** May 21-June 20 Unexpected happenings cause a change in plans. An opportunity arises that seems too good to pass up.

**CANCER** June 21-July 22 Keep your attention focused on conventional matters. Wandering off the beaten path can lead to heavy consequences.

**LEO** July 23-Aug. 22 Heavy demands are made on your time, energy, and finances. Give help and support where you can.

**VIRGO** Aug. 23-Sept. 22 Emphasis is on social affairs and environment. You may get involved in a bolt-from-the-blue romantic experience.

**LIBRA** Sept. 23-Oct. 22 Arrival of the New Year may be a bit subdued. An unexpected visitor drops by, stirring up a little excitement.

**SCORPIO** Oct. 23-Nov. 21 Keep your mind on what you are doing. A one-second lapse can lead to months of litigation.

**SAGITTARIUS** Nov. 22-Dec. 21 Unexpected expenses call for revised budget accruals. There is a hint of mystery surrounding monetary gains and losses.

**CAPRICORN** Dec. 22-Jan. 19 Keep your options open for the big New Year's celebration. The best has not yet come to light.

**AQUARIUS** Jan. 20-Feb. 18 Welcome the New Year in with mate or partner, in the quiet and comfort of home. There is a need.

**PISCES** Feb. 19-Mar. 20 Burning the candle at both ends can be exhausting, but health aspects seem to indicate a quick recovery. Enjoy the good times.

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ANNE GENOE KEN THOMSON

**'One for the road' is dangerous custom**

It wasn't long ago that parties used to routinely wind down with the host offering his guests "one more for the road."

This Christmas, that sort of farewell is likely to get the host into almost as much trouble as his guests.

The Addiction Research Foundation reports that under Ontario law, hosts and bartenders may be held liable not only for the safety of their intoxicated guests but for any damage they cause as well.

Robert Solomon is a professor of law at the University of Western Ontario. He's an expert on the civil liabilities related to serving alcohol and also acts as a consultant to the Server Intervention Program (SIP) set up by the Addiction Research Foundation.

"The host has a basic responsibility to his guest," he says. "If you serve someone past the point of intoxication and they hurt themselves or anyone else, you can be held liable."

Deciding whether guests are capable of driving or whether to call a cab instead depends on a couple of critical factors - how quickly they consumed alcoholic beverages as well as their weight and age.

According to the Addiction Research Foundation, if a 160-

pound man of average build with no food in his stomach has about 2 1/2 standard drinks in the first hour of drinking, he'll register a blood alcohol concentration (BAC) of .05 per cent in the first hour. If that same man is over the age of 50, he'll only need two standard drinks to reach the same level. A 120-pound female of average build with no food in her stomach, will register a BAC of .05 per cent after only 1 1/2 standard drinks. And that's enough for the police. They'll impound a vehicle and suspend the driver's license for 12 hours if they find a BAC between .05 and .08 per cent.

Vicki Ronald heads the ARF's Server Intervention Program. She has additional advice for anyone giving a party.

"There are a couple of things you can do to help your guests drink safely. An open bar makes alcohol too accessible so you might want to get someone who's not drinking to pour the drinks. Have plenty of alternatives on hand - drinks that are either non-alcoholic or with low alcohol content. Stop serving alcohol well before the guests begin to leave - and finally, make sure there's plenty of food available."

High protein foods, such as unsalted nuts, raw vegetables and dip, meats and unprocessed cheese, are best because they slow down the rate at which alcohol is absorbed into the blood. And alternate drinks can range from coffee and tea to eggnog made without rum and fruit punches made with soda water instead of alcohol.

Ronald adds that if guests do become intoxicated, they should be sent home in a cab or offered overnight accommodation. So-called remedies like coffee, fresh air or a cold shower do not work.

The Addiction Research Foundation advises that alcohol consumption be limited to less than one standard drink per hour to stay safely below the legal limit of .08 per cent BAC. A standard drink is defined as 12 ounces of beer, five ounces of table wine, three ounces of fortified wine or 1 1/2 ounces of distilled spirits.

There's a growing awareness in Ontario of the dangers associated with drinking and driving... and few people will resent a host who shows concern for their well-being. In fact, it begins to make the old offer of "one more for the road" look like the poorest form of hospitality.

**Did you know...**

Did you know that Jacqueline Kennedy Onassis, Henry Fonda, Groucho Marx and Winston Churchill all drew original artwork reproduced by Hallmark on Christmas cards.

Christmas cards as we know them began in London in 1843, the same year that Dickens' classic "A Christmas Carol" was written. Within 10 years Christmas cards were the rage in England. Of the 1,000 original Christmas cards printed, only 12 are known to exist, and two of these are in the Hallmark Historical Collection.

Parents with school-age children who are at the peak of involvement in family Christmas activities send the most Christmas cards.

Hallmark first introduced decorated gift wrap in the 1920s as an alternative to the plain brown wrapping paper and the colored tissue used. In the 1930s, Hallmark introduced ribbon that sticks to itself when moistened.

Season's Greetings

Happy Holiday wishes to all our customers. We've enjoyed serving you this year and look forward to seeing you next year.

**BUD, EVE & JEFF HILLSIDE SAND & GRAVEL**

5 Durham St., Georgetown 877-3302