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*Of particular interest to investors with family income exceeding \$80,000 and net worth in excess of \$250,000.*

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This material does not constitute an offer to sell, nor a solicitation of an offer to buy any security. The offer can only be made by the offering memorandum where permitted by law.

## GREAT GIFT FOR GOLFERS!

# PREVIEW PACKAGES

A limited number of special green-fee packages for our preview period next spring are now available from just \$55. Visit our new preview centre in the old Hide House or call 853-0904 for details.



**BLUE SPRINGS GOLF CLUB**

A Collection of Signature Holes

## LEN TUITMAN AND STAFF PRESENT GREEN THUMB GARDENING

### CARING FOR YOUR CUT CHRISTMAS TREE

Each year many of us go to a great effort to select the perfect Christmas tree. But proper care is required to keep it fresh, resilient and holding its needles throughout the holiday season.

Follow these few rules to prolong the life of your cut Christmas tree:

\* Store the tree outside until you are ready to bring it indoors for decorating. During this time keep it protected from the sun and drying winds. A protected porch or patio is an ideal spot.

\* Just before you bring the tree indoors, make a fresh cut across the butt about 1" above the original cut. This opens up the stem for better water absorption.

\* Keep water in the tree stand at all times. It should not drop below the cut or it will reseal and water absorption will be impeded. Trees use about one to four quarts of water per day! A nutrient solution added to the water is also beneficial.

\* Place tree in house away from heat sources such as fireplaces, ventilators, radiators etc.

If you think of your Christmas trees like a cut flower and care for it in a similar manner and follow the above tips it will ensure your tree is attractive for several weeks.

Each week Christine Cole of Tuitman's Garden Centre and Landscaping, Highway 25, 1 mile south of Acton, 853-2480, will be presenting helpful tips and information to assist you in creating your garden showplace!



A gift of poinsettias will brighten the homes of elderly clients of the Victorian Order of Nurses' Volunteer Support Programs. Two hundred and forty plants were donated by the Burlington-Nelson Lions Club and were delivered by VON volunteers to areas all across Halton Region. A recipient, Rachel Cuthbertson, happily receives her plant from Volunteer Barbara Davidson and Burlington-Nelson Lions Club member, Wilf Antonation. Photo by Peter Thompson

## First deadline, December 21

# Students wanted to study abroad

Through Interculture Canada, high school students can enjoy a unique and rewarding adventure studying abroad.

This non-profit organization specializing in international learning is presently concluding its

Canada-wide search for students, aged 15-18, interested in meeting the challenge of living and studying in any of over 30 countries around the world.

The young people chosen to participate in this program will live with a host family and study in a local high school. Families have been carefully selected to host students and during their stay, students benefit from the support of a volunteer counselor.

The program's participation costs are equivalent to the sum parents normally spend on a teenager in Canada. Financial

assistance is also available.

The registration deadline for summer 1991 departures is December 21, 1990. Students who like adventure and want to acquire new knowledge are urged to apply without delay.

Interculture Canada is a member of AFS Intercultural Programs, the world's largest network of international student exchange programs established in 1947 and now operating in 54 countries.

For more information, please contact the national office at 1-800-361-7248.



**Tooth Chatter**  
by  
**ALEX TRENTON,**  
Denture Therapist

## ORAL HEALTH

It is especially important for denture wearers to maintain good nutrition. Your oral tissue and the ridge of bone that supports your dentures must be kept healthy. Your diet directly affects the health of these areas. It is very important that you eat balanced meals and get the proper amounts of vitamins and minerals each day.

Also, the supporting bone and tissue need regular rest from your dentures. You should remove your dentures for a short time each day, or leave them out at night. This gives your gums a chance to "breathe" and also improves circulation, which promotes healthy tissue. You should put your dentures in a container of water, which prevents them from drying out. If dentures dry out for long periods of time, they may become damaged. To protect the health of your mouth tissues, you should remove your dentures and brush the supporting ridges, as well as your tongue, with a soft toothbrush. This generates blood flow and stimulates tissue. It also removes food particles and bacteria, and will make your whole mouth feel fresh.

Remember, a healthy mouth is a happy mouth!

A.W. Trenton, D.T.,  
Denture Clinic, 18 Church Street,  
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