

Mark Boere, 14, skipped with two ropes coming from two different directions during last week's two-hour skip-a-thon at Sacre Coeur School. The students were raising money for the Heart and Stoke Foundation. They hoped to raise \$500.

'Air Force' takes flight for Lung Association

The Halton branch of the Lung Association launched a special fund raising appeal May 15 focusing on asthma, with the target goal of \$32,000.

"Approximately one million Canadians, or four per cent of the population have asthma," states President, Mary Campbell. "In the last ten years there has been an upward trend in the death rate due to asthma. Physicians cannot explain why this is happening."

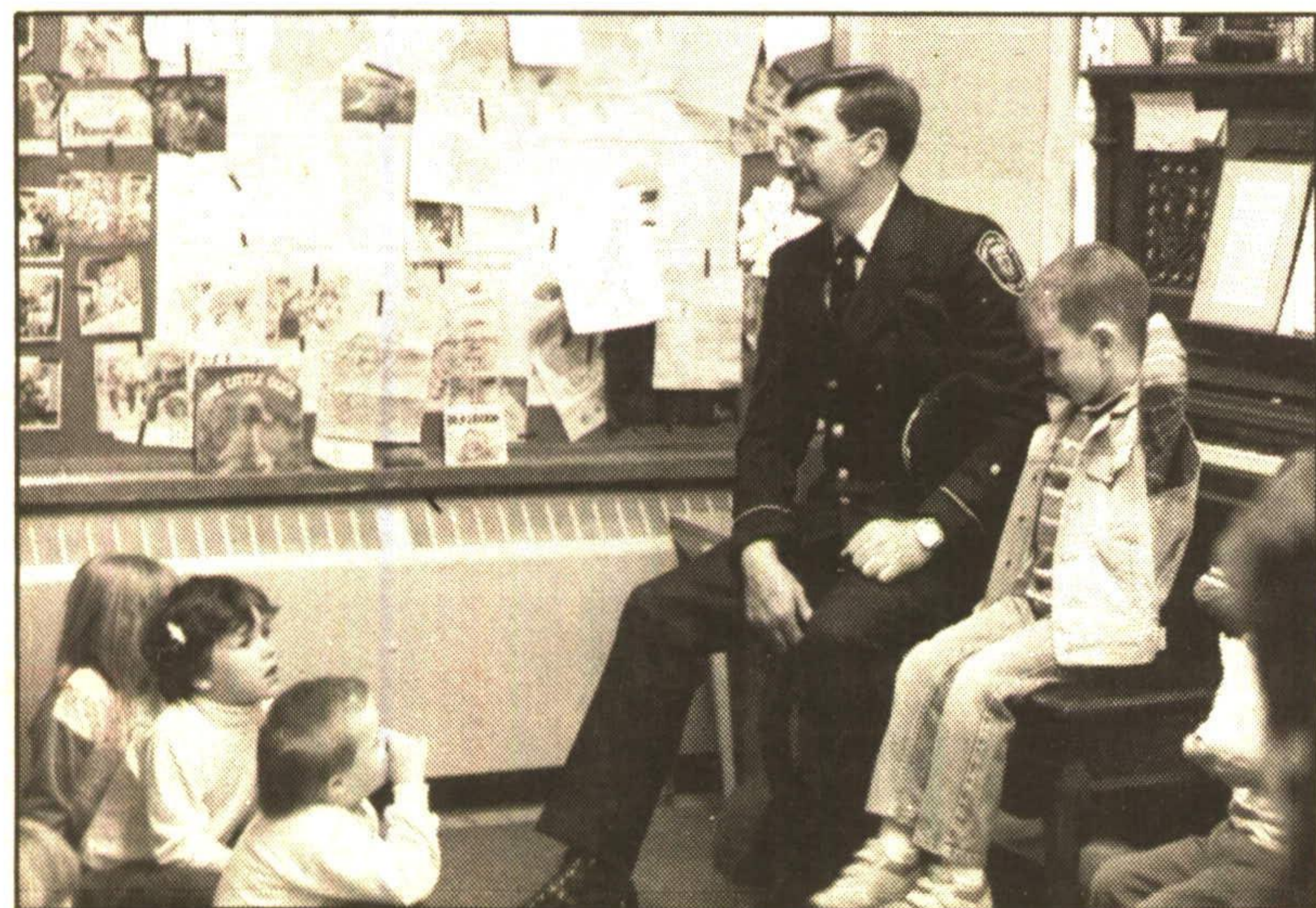
The fight against asthma is being fought on two fronts -- medical research and community programs. Progress in research continues in leaps and bounds, only four years ago asthma was recognized as an inflammatory condition.

A new program has started dealing with asthmatic children. The program, called "Air Force," is a major step in helping children and their parents cope with asthma.

The program, geared toward the six to twelve year old age group, has four main themes -- "What is Asthma?"; "Triggers of Asthma"; "Treatment of Asthma" and "Coping with Asthma." The use of such characters as Larry and Lisa Lung, Ira and Allie Dander, Doc Puffer, and the lovely Asthma, give kids some character which they can relate to.

Children become official members of the Air Force Detective Agency, seeking out clues and warning signs for their asthma. A detective knows what triggers an attack, uses logic and skill in taking medication correctly, and "reporting" this information to others. Children who participate in the Air Force program will be able to deal with their own asthma more effectively.

Parents of Air Force members will be able to attend short lectures, demonstrations and group discussions.



Captain John Murray of the Halton Hills Fire Department was the guest of honor in the Kindergarten class at Park School in Georgetown last week. It was "show and tell your parent" and son Ryan Murray brought his dad to school, and Dad brought the fire pumper. But first, Captain Murray explained fire safety rules to the interested five year olds.

Nature's Way

Treating for hypothermia

By KEVIN CALLAN

During the spring outdoor enthusiasts tread on very thin ice -- so to speak -- when they so anxiously begin their annual trips along the aquatic highways unprepared for drastic changes in weather.

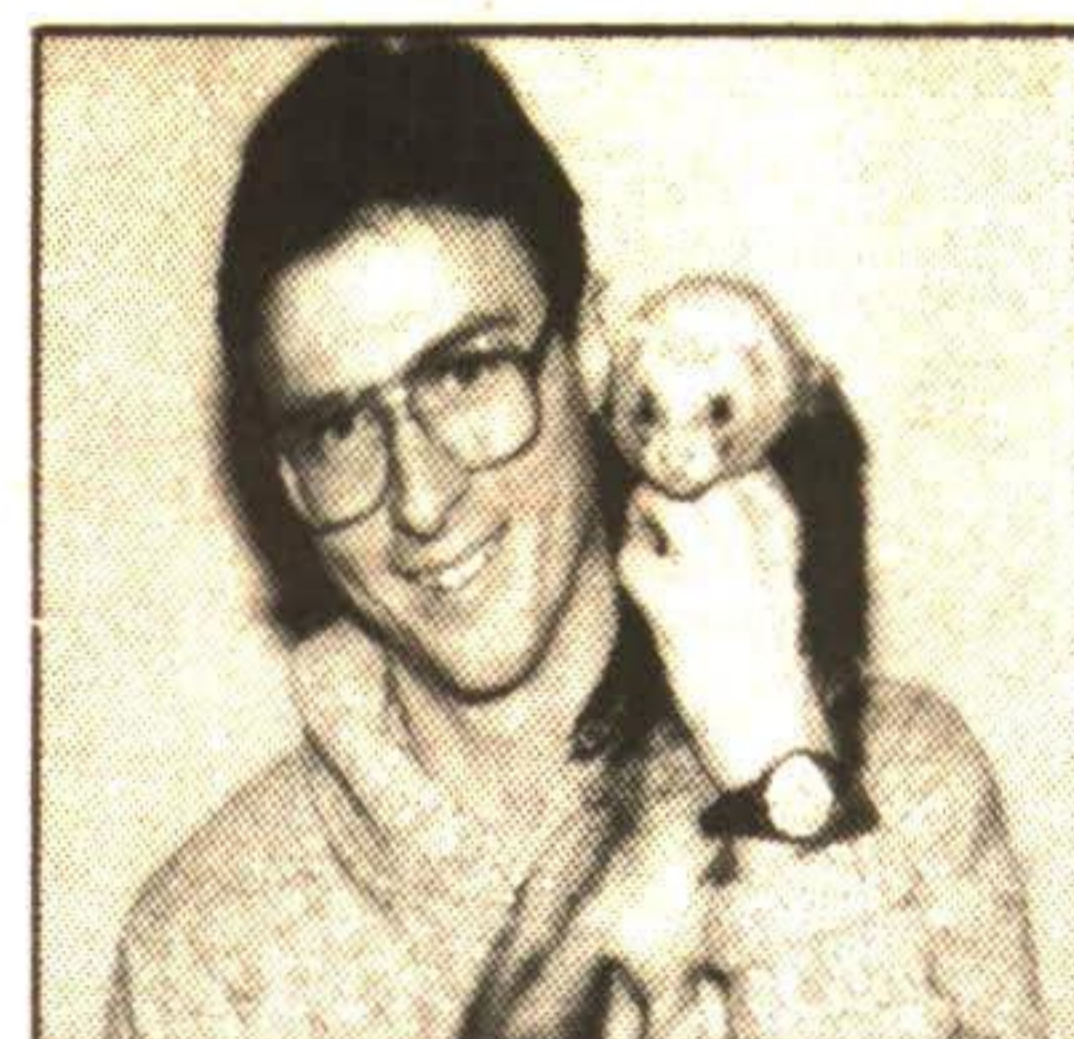
A great number of youth groups always end up in danger when they're surprised by the onslaught of Mother Nature's mood change.

Dozens of eager anglers are also found with their trousers down, indicating that they accidentally overturned the boat while standing up to relieve themselves. These victims, and many more, are sadly introduced to the deadly killer called hypothermia.

The do's and don'ts of treating hypothermia are an essential component of an outdoorsman's survival skills.

If you are faced with the job of treating a victim with hypothermia the first thing to do is stay calm. Panicking in front of the injured person only makes matter worse.

Wet clothing should be removed immediately from the victim because it conducts heat away from the body almost 30 times quicker than usual. If a sleeping bag is handy, place the victim inside.



Another person should disrobe and attempt to warm the person with their own body heat within the bag. This is not a time to become self-conscious of your body; believe me you are dealing with a life and death situation and I'm sure the victim will keep the obscene comments for later.

This emergency procedure may have its downsides, however, for it warms the periphery of the body first, giving a slight chance the blood flow will be diverted to the outer skin. This could cause the colder peripheral blood to drop the core or central temperature cooling the heart and other vital organs. Logically, however, it's better than doing nothing.

Warm drinks can also be given to help warm the person inside. Make sure the victim is alert or the hot fluid will end up being sucked into the lungs instead of being swallowed.

Advance stages of hypothermia are frightening to both the victim and the first-aiders for the frozen body can become uncontrollable.

If other sources of heat, such as a campfire or cooking stove, are available use them to heat the victim. Hot packs or the equivalent can also be

placed over the major blood vessel in the neck, armpit, and groin.

For severe hypothermia the medical treatment is much more invasive. Cardiopulmonary resuscitation, including artificial respiration and cardiac massage must be given to patients whose hearts have stopped. This must be maintained until they can be rewarmed and defibrillated.

Victims in the hospital are given fluids inserted directly into their major body cavities to become rewarmed. It is very important to remember that one is not dead until the body has 'defrosted' and is pronounced dead. People have survived after hours of resuscitation efforts.

Make sure to forget all those ancient remedies like rubbing snow on the exposed skin of the victim or forcing down alcoholic beverages (to either the victim or first-aiders) it just makes matters worse.

Never carelessly move the hypothermia victim or take any unnecessary risks with other lives. And most of all don't get discouraged.

What's more important than how to care for someone suffering from hypothermia is how to prevent it from ever happening in the first place. Experience, practised rescue techniques, prepared trips during times of temperature changes, and common sense are the most essential lifesaving ingredients to have in your first aid kit while venturing out on spring wilderness excursions.

Deficit, new taxes subject for Turner at PC Annual

MP Garth Turner gave the keynote address as the Progressive Conservative Association of Halton-Peel riding held its annual meeting last week in Georgetown.

Mr. Turner, just named chairman of the House of Commons Standing Committee on Consumer and Corporate Affairs and Government Operations, reviewed the recent federal budget and its architect, Michael Wilson, in his address.

Turner said it took political guts and courage for the government to do what it did and he had a great deal of respect for the way Mr. Wilson handled it. He said the finance minister asked for his input both before and after the budget.

Canadians have to be proud of the new tax system soon to be implemented, the speaker said. He maintained it's a much fairer form of taxation.

The Halton-Peel Association in its financial report showed a \$40,149.42 deficit and owes another \$5,262.32 but expects \$23,000 from federal coffers to ease the red ink.

A 16 member executive, elected by acclamation is headed up by Ian Fraser of Inglewood. Four executive vice-presidents include: Doreen Shaw, Burlington; Donna Gracey, Caledon; Marilyn Mitton, Georgetown; and Jamie Snow, Milton-Acton.

Other officers include: vice-president, organization -- Angus Doughty; vice-president, member-

ship -- Vince Whelan; secretary -- Fran Parker; treasurer -- Mike Armstrong; and six directors: Marilyn Cook, Joyce Duggan, Bill Patterson, Dennis Stephenson, Bill Swybrous and Ron Tuck.

Six delegates were elected to attend the national general meeting of the PC Party August 23 to 27. These include: Ian Fraser, Donna Gracey, Pam Johnston, Marilyn Mitton, Ross Husband and Bert Post. The four alternates are Carol Carter, Marilyn Cook, Joanne Ukos and Jamie Snow.

Three youth delegates elected are: Christine Carter, Angus Doughty and Rob Inglis. The two youth alternates are: Mike Delouche and Martin Elliott.

Bert Post was elected auditor.

Symphony pianists here on June 4

The Oakville Symphony Orchestra (OSO) will be joined by two internationally acclaimed pianists for a concert at the John Elliott Theatre in Georgetown June 4.

Anagnoson and Kinton will appear with the symphony at 8 p.m. with a programme of Mozart: Concerto for Two Pianos, and Brahms: Symphony #2.

The event is sponsored by the University Women's Club of Georgetown.

The Oakville Symphony Orchestra is a talented group of community musicians dedicated to musical excellence. Over the past 20 years, what started as a small collection of local musicians has grown into a thriving organization boasting more than 60 playing members.

Anagnoson and Kinton travel with their own Yamaha grand pianos.

Tickets are \$15 and can be purchased at Young's Pharmacy in Georgetown. For more information call 877-7252, 877-5408 or 877-7137.



Internationally acclaimed pianists to appear at John Elliott.