

The ROCKWOOD Miller

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**Specializing in:**

- late model vehicles
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YOU ASKED FOR IT !

**SO WE'RE NOW OPEN
SATURDAYS
8- NOON**

**Starting Sat. Oct. 27
To Sat. Dec. 15**

**108 Station St. Rockwood
519-856-1531**

Century Church Theatre

72 Trafalgar Rd, Hillsburgh www.centurychurchtheatre.com

The Muir Family

with special guests

Doug Heaslip & steel-guitar player Doug Johnson

Routes of Country

Saturday, November 3, 8:00pm \$25

Nov 16-25

Cinderella

A traditional English Pantomime by Bev Nicholas
Directed by Jo Phenix Musical Director Dale JonesFridays & Saturdays 7:00pm. Saturdays & Sundays 2:00pm
Tickets at Erin & Hillsburgh libraries, "Brighten Up" 67 Main St, Erin \$10
Or call the Box Office - Tickets \$12Benefactor **Scotiabank** Box Office 519.855.4586

Season Sponsors: Erin Optimist Club, RAPID RENTALS, Jacqueline Guagliardi, Media Partners: ERIN ARTS FOUNDATION, ROYAL LEPAGE RCR Realty, ADVOCATE



SEAT SAFETY: Safe car seat installation and use was stressed at safety clinic at the Rockwood fire station last Wednesday afternoon, sponsored by East Wellington Community Services and the Guelph/Eramosa Fire Department. Ospringe mom Cherlena Grinchpan, holding daughter Caelynn, was glad to have her car seat checked by Chantal Twerdun. – Ted Tyler photo

Township Digest

Nurturing non-denominational

Local senior Sytske Drijber offers a "safe, nurturing and non-denominational" after-school Bible Club in her Rockwood home on Fridays. With Bible stories, songs and activities, Drijber hopes to help kids

develop their relationship with God.

Drijber, who has taught Sunday school for more than 40 years, was surprised at a recent session, the first of the school year, when the six kids who showed up were all in Grade eight. She said there's usually a younger

crowd – but was pleased to welcome the older kids who had "more to talk about and question."

All are welcome to Bible Club, which meets Fridays, from 3:30 to 4:30 p.m., at 231 Mary Street, Rockwood.

Book sale fundraiser

Rockwood's Christian, 7, and Anika Berringer, 11, hope to raise \$3,000 through a used book sale to help Dan Lajoie, a friend

of their mother's, buy a new wheelchair accessible van. Lajoie, a resident of Cambridge, suffers from spinal muscular atrophy and lost his van in a fire this summer.

Charlene Berringer's kids, 7 and 11 years old, didn't need much persuasion to help out, and are asking for donations of books for the sale, which will be on Saturday, November 3, from 10 a.m. to 2 p.m., at the Rockwood Tennis Club, which donated the space at Rockmosa.

The new van is estimated to cost \$60,000 and so far, the insurance settlement and some donations to a website – vanfordan.com – have brought in approximately \$35,000. On Sunday, Charlene Berringer said they'd collected more than 250 books and intend to make over 200 items for a bake sale. To make a book donation, until November 2, call 519-856-0363.

New Year's levee

Guelph / Eramosa Township officials have accepted an invitation from the Rockwood Lions Club to attend a New Year's Day levee at Rockmosa. "We decided on a levee, instead of trying to get a New Year's Eve party off the ground," Lions member Darryl Nichol said on Sunday. "We want the public to be able to meet their councillors, if they wish," he said, adding, by the time they approached council last year it was too late, and most had already made plans. Council voted unanimously to approve the levee plans, and waive the rental fee for Rockmosa. The hours for the levee have not been finalized.

East Wellington
Family Health Team

Check out our **FREE** workshops this fall to help improve the health and quality of life of those living in East Wellington

WALK FIT – 6 WEEK WALKING GROUP

Erin: Starting Friday, Oct. 19, 26, Nov. 2, 9 – 9:00 am

PRE-DIABETES: YOUR CHANCE TO CHANGE THE FUTURE

SESSION 2 - Erin: Tues. Oct. 23 – 6:30 pm - 8:30 pm

SESSION 2 - Rockwood Nov. 13 – 6:30 pm - 8:30 pm

LIVING WELL WITH DIABETES (3 SESSION SERIES)

Erin: Nov. 1 & 29 – 6:30 pm - 8:30 pm

Rockwood: Nov. 6 – 6:30 pm - 8:30 pm

HEALTHY YOU – 6 WEEK SERIES

Erin: Thurs. Oct. 18, Oct. 25, Nov. 1, Nov. 9 – 9:30 am - 11:30 am

Rockwood: Tues. Oct. 23, Oct. 30, Nov. 6 – 3:00 pm - 5:00 pm

RELAXATION AND STRESS MANAGEMENT

Erin: Thurs. Oct 18, 25, Nov. 1 – 7:15 pm - 8:45 pm

CRAVING CHANGE

Erin: Nov. 22, 29 – 9:30 am - 11:30 am

Rockwood: Nov. 20, 27 – 3:00 pm - 5:00 pm

BETTER SLEEP

Rockwood: Nov. 8, 29 – 6:30 pm - 8:30 pm

DIABETES DROP IN

Rockwood: Mon. Oct. 29, Nov. 19 – 3:30 pm - 5:00 pm

Erin: Weds. Oct 24, Nov. 28, 27 – 3:30 pm - 5:00 pm

NUTRITION AND HIGH BLOOD PRESSURE

Rockwood: Nov. 13 – 9:30 am

Erin: Nov. 15 – 3:30 pm

HEART HEALTH NUTRITION

Erin: Nov. 23 – 9:30 am

Erin Location: ERIN WELLNESS CENTRE - 6 THOMPSON CRESCENT
Rockwood Location: ROCKWOOD CLINIC - 175 ALMA

To register please go to www.ewfht.ca and click on workshops or call Leah at 519-833-9396 Ext 362.

What's Your Beef?



Put it in a letter to the Editor!
It's better than just chewing your cud!

Deadline is Tuesday at noon.