

KP Building Products receives electricity rebate

Upgrading all 850 fluorescent lights with more energy efficient high performance fixtures at KP Building Products Acton plant earned the vinyl siding manufacturer at \$37,799 rebate through a Retrofit Program.

In conjunction with the Ontario Power Authority and Halton Hills Hydro (HHH), the retrofit program resulted in an electricity demand reduction of 81.4 kW, which meant lower energy costs for the company, which employs approximately 100 people.

Plant manager Mike Phelan was unable to estimate how much the retrofit will save the company, but said he expects the cost will be repaid within approximately 18 months. On Monday as he gratefully accepted a cheque from Halton Hills Hydro officials, Phelan said another benefit is that "it is brighter on the production floor."

Linda Boyer, HHH's Conservation and Demand Management Officer said companies would probably get the "biggest bang for their buck" by replacing lighting, although the Electricity Retrofit Program, offered by the OPA and HHH also focuses on motors, heating/cooling and overall electricity systems. Phelan said they are looking for further energy conservation savings by reducing the peak demand on production equipment motors.

Boyer said HHH has processed between 20 and 25 Retrofit Program applications in the past year – KP Building Products is one of HHH's largest customers.

HHH invites all of its customers to take part in conservation programs – for more information on the programs and incentives, visit www.haltonhillshydro.saveonenergy.ca



RETROFIT REBATE: Replacing 850 fluorescent lights with more energy efficient lighting earned Acton's KP Building Products a \$37,799 rebate through an Electricity Retrofit Program offered by the Ontario Power Authority and Halton Hills Hydro (HHH.). KP Plant manager Mike Phelan (centre) accepted the cheque from HHH CFO David Smelsky, and HHH Conservation and Demand Management Officer Linda Boyer on Monday. – Frances Learment photo

Working Together to Out Run Cancer

By: John Hurst

This Sunday, September 16, the 32nd annual Terry Fox Run will take place at the Acton High School track. The official opening is at 8 a.m., with Mayor Rick Bonnette and Acton Citizen of the Year Julie Conroy cutting the ribbon. Participants can arrive any time between 8 a.m. and 3 p.m. to walk, jog or cycle some or all of the 25 laps around the track. Pledge forms are at all banks, schools and other locations around town, and further information can be obtained by calling 519-853-2015.

At the age of 18, Terry Fox lost his right leg to bone cancer, and during his subsequent cancer treatment he

decided to run across Canada to raise money for cancer research. The following is his letter requesting support for his Marathon of Hope.

"The night before my amputation, my former basketball coach brought me a magazine with an article on an amputee who ran in the New York Marathon. It was then I decided to meet this new challenge head on and not only overcome my disability, but conquer it in such a way that I could never look back and say it disabled me. But, I soon realized that that would only be half my quest, for as I went through the 16 months of physically and emotionally draining ordeal of chemotherapy, I was rudely awakened by the feelings that surrounded and coursed

through the cancer clinic. There were faces with the brave smiles, and the ones who had given up smiling. There were feelings of hopeful denial, and the feelings of despair. My quest would not be a selfish one. I could not leave knowing these faces and feelings would still exist, even though I would be set free from mine. Somewhere the hurting must stop... and I was determined to take myself to the limit for this cause. From the beginning the going was extremely difficult, and I was facing chronic ailments foreign to runners with two legs in addition to the common physical strains felt by all dedicated athletes. But these problems are now behind me, as I have either

out-persisted or learned to deal with them. I feel strong not only physically, but more importantly, emotionally. Soon I will be adding one full mile a week, and coupled with weight training I have been doing, by next April I will be ready to achieve something that for me was once only a distant dream reserved for the world of miracles – to run across Canada to raise money for the fight against cancer. The running I can do, even if I have to crawl every last mile. We need your help. The people in cancer clinics all over the world need people who believe in miracles. I am not a dreamer, and I am not saying that this will initiate any kind of de-

finite answer or cure to cancer. But I believe in miracles. I have to."

Today, as we reflect on Terry's accomplishment with his Marathon of Hope, it seems almost unbelievable. He averaged 26 miles a day for 143 days, 3,339 miles, from St Johns, Newfoundland to Thunder Bay. The exertion on his body was more demanding than any other athletic endeavour, be it amateur or professional. He galvanized the country and emerged as a true Canadian hero. Terry left us with a lasting legacy, that with determination and

effort, we can all accomplish so much more than even we believe we are capable of, and when we face the kinds of obstacles he faced, we should do so with courage and conviction, believing that we can and will succeed.

Terry once said, "Even if I don't finish, we need others to continue. It's got to keep going without me." Terry would be proud and humbled to know that his Marathon continues, his goal is closer, and today cancer patients in clinics across the country have so much more hope, and success.

Celebrating 50th Wedding Anniversary!

Please join Margaret & David Dodgson at St. Alban's Anglican Church, Acton.

Saturday September 22, 2012
Church Service: 1:00pm - 2:00pm

Get together in parish hall from 2:00pm till 4:00pm

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