

HALTON HILLS SENIORS RECREATION CENTRES ACTON



By Julie Conroy

There are quite a few interesting trips planned over the next six months, and the sign up sheets fill up quickly. If you are interested pop in on a Monday or Friday morning and talk to the travel desk.

People that went to Cuba last year are asking me if I am planning a trip somewhere warm during 2013. The travel books are just out and I am trying to get information on Varadero, and Cayo Coco, Cuba plus St Lucia. I will have an information session at 1:30 p.m., on Tuesday, August 21, with locations and prices.

Please sign the appropriate sheet if interested, or call me at 519-853-2063. We will go at the end of January for one week.

Tickets are at the front desk for the 1950 Sock Hop featuring Juke Box. Dig out your favourite 50's outfit or visit the local thrift shop and join the fun. (If you are able to get up and dance after enjoying Swiss Chalet chicken with a baked potato followed by pecan pie). When? Thursday, September 13- doors open at 5:45 p.m. This is during our Open House week.

Also looking for signatures are the lists for Mohawk on Monday, September 19, and golfing

and lunch at Blue Springs on September 19.

During Open House week, the various Active Living programs are free for you to try. This includes Bone Builder, Zumba Gold and Gentle Yoga, plus our popular Gentle Fitness and Fit and Fun classes.

The Reception Committee Chair Susie Blanchet-Haffey will be holding the semi-annual meeting on September 4 at 10 a.m. in the Seniors Centre. All volunteer receptionists must attend. This is a great opportunity for anyone interested in volunteering at the reception desk to inform themselves of the worthwhile service the receptionist performs. Refreshments will be served.

September is promising to be a very busy and exciting month.

Heather Thompson will be glad to hear she was the winner at this week's 50/50. She won \$175.55.



PAGEANT PROMOTERS: With their reign almost over, Miss Acton Fall Fair Jessica Watson (centre) and her court, first runner-up Stephanie Kroezen (left) and second runner-up Janice Chapman encouraged young women at the Festival to sign up for this year's Miss Acton pageant at the Fall Fair. – Frances Learment photo



The Regional Municipality of Halton

Access Halton at: www.halton.ca (Dial 311)

Reduce Your Outdoor Water Use *Our Wells Depend on It!*

Early and continued hot temperatures combined with very little rainfall this year have led to low ground water levels. Halton Hills depends on ground water as a primary source of drinking water. With limited rain in the forecast, it is important that everyone do their part to conserve water to avoid the need to enter into mandatory water restrictions.

Reduce your water use by:

- Limit lawn watering. Water deeply and only once or twice a week.
- Reduce and limit any car washing.
- Install a rain sensor if you have an automatic irrigation system.
- Only water your plants between the hours of 6 to 9 in the morning and evening when it is the coolest.
- Water plants and shrubs with a watering can or rain barrel instead of the hose.
- Adjust sprinklers so only your lawn is watered and not the house, sidewalk, or street.
- Use mulch around plants to prevent evaporation.
- Check outdoor faucets, pipes and hoses for leaks.
- Do not wash your driveway or sidewalk – use a broom instead.
- Only water when necessary.

Lets all work together to conserve water by following Halton's Outdoor Water Use Program. For more information on the program levels or to sign up to receive an e-alert when the restriction level changes please dial 311 or visit www.halton.ca/waterconservation.

Please contact us, as soon as possible, if you have any accessibility needs at Halton Region events or meetings.

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