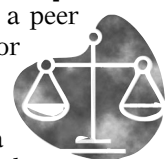


Wednesday, Sept. 26

Equilibrium: is a peer support group for individuals and their families who are affected by a mood disorder such as depression or bipolar disorder. Equilibrium-Georgetown meets 7:30 p.m. (doors open at 7 p.m.) at Norval United Church, 486 Guelph St., Norval. Free admission. This month: Kim Umbach, MDAO manager of support programs on the overview of programs and services offered by the Mood Disorders Association of Canada. Info: Canadian Mental Health Association, 905-693-4270 or georgetown@equilibrium-oakville.com

Nordic Pole Walking: Wednesdays, 6:30 p.m. outside Gellert Centre; bring toonie for the Heart and Stroke Foundation. Led by Ginger Quinn, 905-691-9122. Sponsored by GEM Health



Community Calendar

Care Services www.gemhealthcare.com

Thursday, Sept. 27

Thursday Youth Group: All youth in Grades 7-12 are invited to Norval United Church's 'House Next Door', 484 Guelph St., 6:30-8:30 p.m. for a time of games, discussion, singing and hanging out, every Thursday until the end of June. Info: 905-877-6122, www.norvalunited.ca.

Meeting cancelled: of the Halton Hills Parkinson Support Group. Next meeting October 25. Interesting in helping with the group? Info: Karen, 519-763-0366.

Zumba with Elizabeth Bell: at The Old Armoury, 1A Park Avenue, Georgetown Fairgrounds,

6-7 p.m. Cost: \$10 drop-in rate. All proceeds go to Globe Productions for the Old Armoury.

Acton Farmers' Market: 3-7 p.m. on Willow St.

Thursday euchre: 1:15-3:35 p.m. at the Acton Legion. Hosted by the Ladies Auxiliary. All welcome. Admission: \$2.

Limehouse Memorial Hall Board euchre: 7:30 p.m. at the hall. All welcome.



Euchre will be held every week in Sept. and October, & Nov. 1, 15, 29.

Bingo: Thursdays, hosted by Halton Hills Optimist Club, 13439 Hwy. 7, 7-9 p.m. Cash prizes.

ANVIL men's fellowship ministry: of Georgetown Christian Fellowship (GCF) meets every Thursday, 7 p.m. at the church, 13619 Hwy 7 West, Georgetown. Info: www.theanvilnewsletter.blogspot.ca, 905-873-9652.



Terry Fallis entertains

A large crowd of book lovers turned out to listen to author Terry Fallis— Halton Hills Library's featured book club author— at St. Andrew's Church Wednesday evening. Fallis recounted his hilarious journey to becoming a published author. He is the winner of the Stephen Leacock Memorial Medal for humour writing and won the 2011 CBC Canada Reads contest for his first book *The Best Laid Plans*. Halton Hills Public Library has chosen *The Best Laid Plans* for its One Book One Halton Hills book club. To reserve a copy of *The Best Laid Plans*, visit the Library's catalogue at www.hhpl.on.ca. For more information, please call 905-873-2681 ext. 2511 or 519-853-0301 or visit www.hhpl.on.ca

Photo by Cynthia Gamble



GAME OF THE WEEK

GEORGETOWN JR. A RAIDERS

vs
OAKVILLE BLADES
Saturday, September 29, 2012
7:30 pm

Mold-Masters SportsPlex (Alcott Arena)

GO
RAIDERS
GO!

GEORGETOWN JUNIOR "A"



www.georgetownraidersjra.com



Georgetown Denture Clinic

Alexander Trenton, DD, F.C.A.D. (A) Denturist

TOOTH CHATTER - georgetowndentureclinic.ca

THE "CONSULTATION APPOINTMENT"

Our office does not charge for a consultation. So if you're having any problems or have any concerns regarding your dentures, don't hesitate to call our office. Our friendly staff would be more than happy to make you an appointment that suits your busy schedule. We offer flexible hours and evening appointments for your convenience. During your consultation, we will do the following:

1. Welcome you to our office and ask you to complete a questionnaire that will better enable us to understand your personal denture needs.
2. Examine your mouth tissues and evaluate your existing dentures.
3. Show you actual samples of the quality denture services available.
4. Make recommendations as to what denture services you may need. We make everything in our own lab from start to finish.
5. Make any necessary arrangements, if you require a referral to another dental professional regarding your dental health.
6. Discuss all costs, and answer any questions regarding your dental insurance.
7. Answer any questions you may have regarding your dentures.

WE BUILD BEAUTIFUL SMILES!
Consultations are always free!!

18 Church Street, Georgetown 905-877-2359

GEORGETOWN SOCCER CLUB

Soccer Tryouts

Tryouts for 2013 Rep and Developmental teams will be held on September 29 and 30 at the Trafalgar Sports Park. Participants turning 7 or older in 2013 are eligible to try out!

Please see our website
www.georgetownsoccerclub.com
for times!!



By Cory Soal R.H.A.D.

... Lend Me Your Ears

COMMON QUESTIONS ABOUT TINNITUS - PART 1

WHAT IS IT?

Tinnitus is a subjective experience where one hears a sound, ringing or noise when no external physical sound is present. Some call it "head noises", "ear ringing," or other similar things.

WHAT CAUSES IT?

There are many causes; indeed almost everything that can go wrong with the ear has Tinnitus associated with it as a symptom. Things as simple as wax against the eardrum to very serious items such as tumors on the 7th facial nerve can produce Tinnitus. Meniere's disease has Tinnitus associated with it. One of the most common causes of Tinnitus is exposure to excessively loud sounds such as shooting, chain saw, rock concerts, or other loud noises.

For more information feel free to call...

The Georgetown HEARING CLINIC

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