



Come visit with  
**GARRY OCKENDEN**  
*on the occasion of his*  
**90<sup>th</sup> Birthday**  
 Where: Acton Arena  
 When: Saturday August 18th  
 Time: 12 pm to 3:00 pm  
*Best Wishes Only!*

### Sew good!

Christ the King Grade 12 student Michelle Abbott recently picked up her Baby Lock Gracie Model sewing machine at Halton Hills Sewing and Vacuum, at 140 Guelph St. Abbott received the sewing machine for achieving the top mark of 92 per cent in the Grade 12 fashion course at CtK. She will be attending Ryerson in the fall to study fashion. Joining Abbott were (left) Halton Hills Sewing and Vacuum co-owner Heike Ciuffo and CtK Fashion teacher Marianne Ples.  
*Photo by Ted Brown*



## ACTON HOCKEY & SKATING SCHOOL

**Registration** *For Ages 4 to 9 years*  
**AT ACTON ARENA**  
**Sat. Aug. 18**  
**Starts at 9 am until full**  
**Mark Duval 519-855-6572**  
**Jim James 905-877-8339**

*For more information contact:*



## Enter WPEC's Solar Cook-Off challenge

Mmmm! What's cookin'? The Great Solar Cook-Off Contest is taking place on Sunday, August 19, 2-3:30 p.m. This year Willow Park Ecology Centre (WPEC) is encouraging groups (families, friends, co-workers etc.) to create their own solar cooking device and enter it in the cooking challenge. You can create your own model, or you can check out the WPEC website for links for easy and cost-effective suggestions. If you are feeling really adventurous, you can bring along your own recipe which can be cooked using solar-energy. Whether it is a main dish, dessert or drink, all recipe ideas are welcome!

Prizes will be awarded based on solar oven performance and creativity. Renewable energy demonstrations will also be taking place. You will have to check out WPEC's own Renewable Energy Station located in the Pavilion at the park in Norval (off Mary St.) Come out for a bit of friendly competition and a lesson on the value of renewable energy! It is important to note that you need to build your solar cooker before the event as the challenge requires you to cook something in it. If you are interested in signing up for the Solar Cook-Off Challenge, register as soon as possible online, [www.willowparkecolgy.ca/current.html](http://www.willowparkecolgy.ca/current.html)

The premise of **youknowaguy.com** is simple: when you "know someone" you expect a quality product or service at a great value. On this site we have brought together all of these "someone's" and the savings are yours to enjoy!



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Get the "friend discount" at the following local businesses:

- Deals are not limited time offer
- Group Participation not required
- You can shop at the places you already love as well as experience other wonderful places around town

- Abbey Electric
- AMJ Campbell Moving
- Ares Family Restaurant
- Argyle Insurance Brokers
- Bauer Painting
- Beautiful Pets
- Brander and Reynolds Landscape
- Carpet Clinic
- Domino's Pizza
- Downtown Spa and Relaxation Centre
- Dr. Zelek Family & Cosmetic Dentistry
- Emerald Isle
- End Zone Sports Exchange
- Equal Flow Heating & Air Conditioning
- Georgetown Printing
- Goodlife Fitness
- Hair Headquarters
- Halton Pool Guys
- Hassell Automotive
- Helson Kogon Ashbee Schaljo & Associates
- Home Hardware United Lumber
- Investment Planning Council
- J.V. Clothing
- JB Contracting
- LaVita Bakery
- Massage Therapist - Gavin Fisk
- Nashville North
- North Star Dry Cleaners
- Norval by Night
- Pat's Prime Cuts and Deli
- Personal Training - Dan Walinga
- Schilliaci Cafe & Espresso Bar
- Sign Central
- Sparkle Your Space
- St. George Pub
- Sunbeach Tanning
- The Carpet Palace
- TrueLine Flooring
- **BUSINESS OF THE MONTH**  
 Ultimate Hockey Training

**LAUNCH PARTY August 11<sup>th</sup> at the St. George \* Free Food \* Live Music \* Great Fun!**

