





STRUCTURED ACTIVITIES FOR AFTER SCHOOL PROGRAMS INCLUDES:

→ How to Handle the School Yard Bully

→ Goal Oriented Progressive Martial Arts Curriculum
→ Snack Time
→ Quiet Time/Reading Time
→ Healthy Physical Activities For Fitness
→ Daily Supervision & Assistance For Homework

Before & After Program Includes: P.A Camps, Early Dismissals,

March Break Camps & Summer Camps

Before school drop off (Between 6:30am - 8:00am) After school pick up (Between 5:15pm - 6:15pm)

www.georgetownmartialarts.ca 211 Armstrong Ave/Sinclair in Georgetown 905,873,2809