

### McHappy donation

Following a successful McHappy Day campaign, Georgetown-Acton McDonald's owner Tim O'Connor (left) was pleased to donate \$7,951 to the Georgetown Hospital Foundation. Accepting the donation were Jackie Fox, Annual Giving and Special Events Coordinator, Georgetown Hospital Foundation and Paul Armstrong, past chair of the Foun-

Photo by Ted Brown

# The McGibbon Hotel

### LUNCH BUFFET SERVED THURSDAY & FRIDAY

11:30 am to 2:00 pm

Featuring:

- Roast Beef

- Assorted Salads

- Dessert Table

Christmas in Quly - Tea & Coffee Turkey with all the trimmings

Private Catering Available

#### ~ LIVE ENTERTAINMENT ~

Silver Creek

Friday 9:30 pm - close Saturday 9:30 pm - close

North of 49°

79 Main Street South, Georgetown

905-877-3388

# KIDS GET ARTHRITIS TOO.

THE ARTHRITIS SOCIETY

. Lend

Me Your

**Ears** 

Ontario Division



Please help us find the cure! To donate, or for more information, call

1-800-321-1433

What's new on the web? Check out the CNIB web site at: www.cnib.ca



The white cane symbol of blindness, courage and independent spirit.

Contact your local CNIB District (905) 275-5332

### Dr. Brian Jordan has RETIRED!

Patients, Colleagues, Family & Friends are welcome to join us to celebrate at an

### OPEN HOUSE

Sunday, July 29th 1:00 - 5:00 pm **Optimist Hall** 13439 Trafalgar Road

(nearest main intersection Trafalgar Rd. & 22nd Sideroad)



#### **COACHING &** COUNSELING SERVICES

Oulude

- INDIVIDUAL
- COUPLES
- FAMILY COUNSELING
  - DEPRESSION
    - ANXIETY
- LIFE & CAREER CHANGES
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38 OAK STREET. **GEORGETOWN ONTARIO** 

info@coachmanon.com 905-873-9393



By Cory Soal

You have probably heard recently, there is legislation being passed that will target drivers using cell phones while operating a motor vehicle. We all know that distractions are a dangerous combination and common part of driving on today's congested roadways. Any way to lessen the number of distractions faced daily would greatly help one to focus on the task at hand, and get on with their day. At the Georgetown Hearing Clinic, we do not condone the use of cell phones while driving, but when absolutely necessary, a hands free device, such as a speaker phone, line Onstar<sup>™</sup> or a bluetooth connected earpiece can be very useful and help reduce distraction - not to mention allow the driver the use of both

At The Georgetown Hearing Clinic, we provide a wide variety of custom fit and non custom fit bluetooth hands free devices.

### HEARING CLINIC

We care about your hearing! Professional Arts Building 99 Sinclair Ave., Suite 210 Georgetown

(905) 873-6642



## Georgetown Denture Clinic Alexander Trenton, DD, F.C.A.D. (A) Denturist

TOOTH CHATTER - georgetowndentureclinic.ca

#### ADJUSTING TO NEW DENTURES

At first your new dentures might feel very large in your mouth. You may even experience a gag reaction. This is normal in the beginning. In time, with a little patience and practice, and some adjustments, you will adjust naturally to this initial fullness, and barely notice it in your mouth.

Many new denture wearers have difficulty at first with their speech. Words containing "S" sounds can be a problem. Practicing speech aloud with your new dentures in place will help restore your normal speaking quality. Try reading aloud from a book or magazine in front of the mirror. This will help you to get used to the new speaking position of your

tongue and new denture. This will also give you more confidence. Also, before you speak, it is helpful to first bite and swallow. This will "set" the dentures in position and improve clarity.

#### **EXCESS SALIVA**

When you first receive your new dentures, you will probably notice an increase in the flow of saliva in your mouth. This is a normal response to the unfamiliar new denture. On the average, most people swallow about 600 times a day. For the first few days after receiving your new teeth, you should try to swallow more frequently. After a few days have passed, your mouth will become used to the denture, and saliva flow will return to normal.

Consultations are always free!!

18 Church Street, Georgetown 905-877-2359