

#### HOME, LAWN & GARDEN Check out today's special section for tips

for homeowners

4 PAGES

#### **HEALTH CARE** Look inside for health care

tips and information 4 PAGES



## www.theIFP.ca THE INDEPENDENT & FREE PRESS 28 Pages

Tuesday, July 17, 2012

Halton Hills' award-winning newspaper serving Acton & Georgetown

50 Cents (+HST)



### Hunger doesn't take a holiday

Kevin Flynn, Director of Marketing and Media for Georgetown Bread Basket, checks out the empty shelves at the facility. The food bank is in need of non-perishable items. Flynn says many people are on vacation in the summer, and food donations drop off, but the need for food items is still there all summer. Georgetown Bread Basket Food Bank is located at 55 Sinclair Avenue, Unit 12. Photo by Ted Brown

# **Back injury** sidelines Nurse for Olympics

#### **By EAMONN MAHER** Staff Writer

Nagging lower back pain has unseated Cristy Nurse from her spot in Canada's women's 8s rowing team and the local native will instead serve as the alternate for the Summer Olympics in London, set to begin later this month.

Nurse, 25, was in the Canuck boat that earned silver medals in the 2010 and 2011 world championships but had to sit out the recent World Cup in Germany with the back injury and women's 8s coach John Keogh decided last week to name Nurse as an alternate should another team member be unable to compete.

"It's obviously heartbreaking to go through the long selection process, win, be named to the boat and then be derailed by injury," Nurse said by email prior to departing for London Saturday.

The Georgetown District High School grad took a two-



Georgetown's Cristy Nurse has been relegated to an alternate on the Canadian women's 8s Olympic rowing team because of a nagging back injury.

File photo

year sabbatical from the University of Ottawa to train fulltime for the 2012 Summer Games and hopes to finish her graduate law degree in 2013.

