

Top Acton Tanners earn hardware at season ending banquet at Legion



Atom AE: MVP - Spencer Booth, Most Sportsmanlike - Joshua Dunbar, Best Defenseman - Zach Booth, Most Improved Player - Logyn Nyitrai, Carol Smith Award - Owen Borges. - Submitted photo

Give green for Mother's Day

With Mother's Day just weeks away, it is not too soon to begin thinking about that unique gift, and while Mom may appreciate chocolate or flowers, for eco-conscious moms, there are a number of different gift options to make Mom's big day as eco-friendly as it is enjoyable.

- Make a basket of gardening gear. Garden plants and supplies are perhaps the greenest gifts to give Mom. Plants are so plentiful and varied that there are bound to be ideal flowers or greenery for every mother's tastes. Compile different gardening essentials, such as seeds or seedlings, organic soil mix, mulch, all-natural compost, and a few different planting containers. You can also include gardening gloves and ergonomic tools made of recycled materials. Finish the gift with the inclusion of a book that describes different garden designs and gives tips for beginners.

- Dine at a local restaurant. Many families take Mom out for a meal

on her special day. To make the experience eco-friendly, select among restaurants that are close to home in the area. Explore the possibilities of restaurants that may serve foods made with local, organic ingredients. If you cannot find such a restaurant, do not worry, just choose a local establishment to conserve fuel.

- Pay for a car tune-up. Improving the gas mileage on Mom's car is one gift that can be environmentally friendly. Keeping a car in shape can help save money and improve fuel economy. Fixing a serious maintenance problem, such as a faulty oxygen sensor, can improve Mom's gas mileage by as much as 40 percent. Also, be sure to have her car tires properly inflated. She can be losing gas mileage by 0.3 percent for every 1 psi drop in all four tires. Getting an oil change with the recommended grade of motor oil is another gas mileage improvement measure.

- Purchase eco-friendly

kitchen items. It may be a major faux pas to give Mom an appliance or a new vacuum for Mother's Day. However, if your mother is an avid cook or baker, she may appreciate some new mixing bowls or utensils made from recycled materials. If Mom is the consummate entertainer, get her new glass tumblers and sipping straws made from recycled glass. They are perfect for serving cocktails and outdoor entertaining.

- Pamper mom with organic products. What mom doesn't enjoy a little pampering from time to time? You can treat your mother to a spa experience at home by assembling a basket full of organic shampoo, conditioner, massage oils, bath salts, and any other organic spa items you can find.

- Select organic fruits and flowers. Companies like www.organicbouquet.com can assemble a bouquet made from responsibly grown flowers or even a wreath for a wall or door. They also have food gifts, from organic fruits to nuts.



22-Minute **Halton Hills Makeover**

Friday, April 20, 2012

- Businesses, Institutions and Schools – Please send your employees and students out for a quick 22-Minute Clean-Up around your place of business.



Community Clean-Up Day
Saturday, April 21, 2012

HELP *Keep Halton Hills Clean!*

- Individuals, Families, Services Clubs, Youth Groups, Community Groups, and Churches.
- Litter pick up in ravines, parks and roadsides.
- Find a group on-line or form your own.

Free gloves and bags will be available at the Robert C. Austin Operations Centre or from any Halton Hills McDonald's Restaurants.

Thank you to all of our wonderful volunteers for pitching in to make Halton Hills beautiful and clean.

Participants are encouraged to contact the Town of Halton Hills to register.

Contact:

Public Works Division
Robert C. Austin Operations Centre
11620 Trafalgar Road
Halton Hills, ON L7G 4S4
Tel.: 905-873-2601 ext. 2603
www.haltonhills.ca/earthday
inf@haltonhills.ca

1 Halton Hills Drive, Halton Hills, ON L7G 5G2

MacMILLAN'S
Gourmet Frozen Foods

SPECIALS FROM
April 20th
to May 4th

HWY. 7, 1 MILE WEST OF ACTON 519-853-0311 • (800)-387-4039
Go to our website and sign up to receive our store specials by email: www.macmillans.ca

Butcher's Burgers

Lean Sirloin Beef
8 x 4.5oz
\$5.49 (reg. \$8.99)
Fire up the BBQ, it's burger time baby!

Diced Onions 2kg

\$5.49
(reg. \$6.99)

Jumbo Chicken Hotdogs

3kg Box \$16.99
(reg. \$19.99)

What's new you ask??

Turkey Sausages
Alaskan King Crab
Gluten Free Cakes

100% Canadian Pork

LEADBETTERS

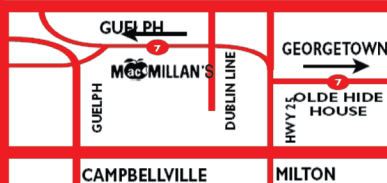
Double Smoked
Side Bacon

500g **\$3.99** (reg. \$4.99)
Breakfast just got a whole lot better!

Dessert Combo \$5.99

1kg Berry Mix
&
6 Individual Sponge Cakes

Great for that after dinner treat.
A \$10 Value



SENIORS 10%
OFF EVERY
WEDNESDAY
(REG. PRICED
MERCHANDISE)

OPEN 7 DAYS A WEEK
Monday - Friday 9 AM - 7 PM
Saturday 10 AM - 6 PM
Sunday 10 AM - 5 PM

SERVING ACTON & AREA
FOR OVER 25 YEARS!

"IT'S WORTH THE DRIVE TO ACTON"