

— Advertorial —

### Support Your Hormone Health and the Canadian Women's Foundation

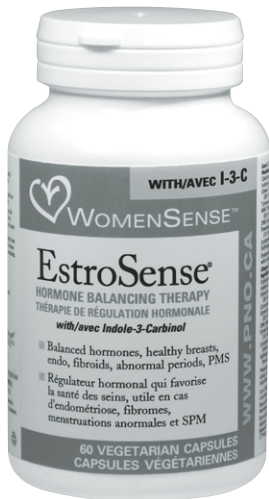


**NATURALLY SPEAKING**  
with  
**Louisa McCarley**  
RHN, ROHP/RNCP

There is no need to suffer the symptoms of hormone imbalance and no better time to ask for AdrenaSense, EstroSense, MenoSense and ThyroSense. Right now for every one of these products you purchase at Willow Lane Natural Foods, \$1 will be donated to the Canadian Women's Foundation by Preferred Nutrition, proud supporter of the CWF with the Have a Heart campaign. Come see the Have a Heart display in our window, support your hormone health and programs for women and children across Canada.

### EstroSense® - HORMONE BALANCE FORMULA

Symptoms of hormone imbalance are sparked by an imbalance of estrogen to progesterone, with estrogen being dominant. EstroSense® is a complete natural formula that helps maintain lifelong healthy hormone balance from puberty onward.



EstroSense is the ideal hormonal health partner for women using oral contraceptives and those suffering from the symptoms of hormonal imbalance: acne, breast health concerns, exposure to xenoestrogens (pesticides, herbicides and toxins), endometriosis, fibrocystic breasts, heavy/flooding periods, PMS, ovarian cysts, uterine fibroids and more...

#### What to expect from this product

- Supports healthy hormone balance (estrogen to progesterone)
- Supports healthy breasts
- Detoxifies the liver of xenoestrogens
- Reduces flooding and heavy periods
- Helps those with PCOS and ovarian cysts
- Inhibits conversion of 2-hydroxyestrone metabolites to carcinogenic estrogens (16-hydroxyestrone)
- Cancer-protecting plant nutrients
- Reduces PMS symptoms
- Supports normal PAP smears
- Helps reduce endometriosis and fibroids

**WILLOW LANE  
NATURAL FOODS**  
75 Mill St. E., Acton  
**519-853-3051**

"Serving your health needs, Naturally, since 1977"



**COMEDY CAST:** The cast of Georgetown Little Theatre's production of Looking, (top photo) including, from left: Lisa Rasanen, Robert Long, Paul d'Entremont and Gillian Taggart, is staging six more performances of the comedy this and next weekend at the Acton Town Hall centre. – Ted Tyler photo



"Rock n Roll music is basically Gospel or Rhythm and Blues"

## The ELVIS SHOW GOSPEL

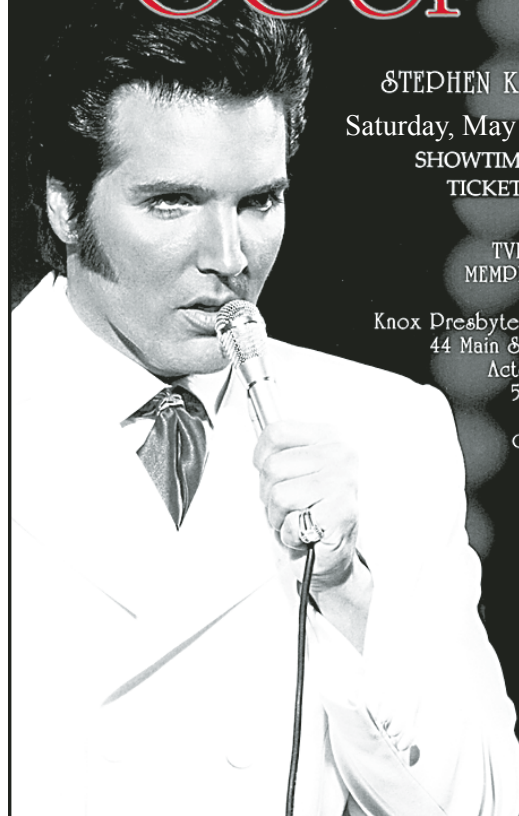
WITH  
STEPHEN KABAKOS

Saturday, May 5th, 2012  
SHOWTIME: 7:30pm  
TICKETS: \$30

Featuring:  
TVB ENSEMBLE  
MEMPHIS SOUND

Knox Presbyterian Church  
44 Main Street North  
Acton, Ontario  
519.853.2360

Or please call:  
519.853.0318  
519.853.0216  
519.856.9981



Heritage Acton presents  
*An Evening of Rock 'n Roll*  
with the real  
**Little Caesar and  
the Consuls**



Saturday May 5, 2012 starting at 8 p.m.  
(Doors open at 7 p.m.)

**Acton Town Hall Centre**  
19 Willow Street North, Acton

Door prizes, silent auction, cash bar, late light buffet  
Enjoy the rockin' music of the 1950s and 1960s.

Tickets (\$50.00 each) are available at:  
**Acton Home Hardware**  
**Halton Hills Furniture & Appliances**

A fundraiser for **Heritage Acton** to build an addition (with elevator) for the **Acton Town Hall Centre**.