EDITORIAL

with Frances Niblock

Cancer can be beaten

Every three minutes, another Canadian is told they have cancer – words which will change their lives forever. They will also be told that for the first time ever, more people diagnosed with cancer are living than dying, and that they are not alone in the fight.

This month, more than 170,000 volunteers across Canada will help raise \$200-million for the Canadian Cancer Society's annual fight against cancer. Locally, the Acton Branch of the Canadian Cancer Society kicked off its campaign Wednesday night with words of hope from a cancer expert who talked about new research and treatments.

Experts agree that key in the fight against cancer is early detection, healthier eating and better-trained medical staff. Experts said that cancer is not a difficult disease to cure, as long as it's detected early enough. Last year, approximately 177,800 new cases of cancer were diagnosed, and an estimated two-infive Canadians are expected to be diagnosed with cancer in their lifetimes. An estimated one of every four Canadians is expected to die from cancer, and over 60 per cent of Canadians diagnosed with cancer will survive at least five years after their diagnosis, up from 25 per cent in the 1940s.

It is easy to join the fight – buy daffodils – the symbol of hope this weekend, and be generous when a volunteer canvasser comes to your door. Help make "Cancer can Be Beaten" more than just a marketing slogan.



Ten Years Ago

• Dufferin Aggregates received industry recognition with three community relations "Good Neighbour" awards.

• Construction began on the new McDonald's Restaurant in the Sobeys plaza, which will employ 60 staff, 15 to 20 of them full-time.

Five Years Ago

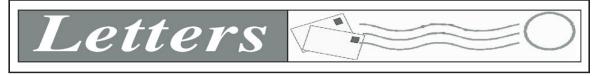
• Acton's Anthony Querques, 14, a Grade 8 student at St. Joseph Catholic School, won a Gold medal and top prize – an all expenses paid trip to the Canada Science Fair.

• With cake and punch, loyal customers and staff at Acton's Scotiabank celebrated the bank's 175th anniversary.





SPIRIT AWARD: Acton's Nicole Walker, 17, (left) accepted a Spirit of Inclusion Award from Christ the King Principal Ms. C. MacDonald at the Halton Catholic District School Board offices on Monday. The prestigious award – the first for CTK – honours a student who is involved in extra-curricular activities, who exhibits acts of friendship and strong school spirit, is committed to school activities, including the spiritual life of the school, causes others to be valued and included, and has the support of teachers and staff. – *Submitted photo*



To the Editor,

RE: See "Letters", in The New Tanner March 8, 2012

Too bad that a person can send into the local paper a somewhat derogatory letter about the village of Rockwood but wish to remain anonymous "name withheld at writers request". The village of Rockwood isn't big enough to support a Walmart, a Home Depot, a Zehrs and maybe a Canadian Tire, so why not support the local businesses, run by local people. Many of us "locals" (old timers, including me) like the village and the people just the way it is. If certain people don't like the area, why not move to Acton or Erin where life is so much better.

P.S: if Rockwood is so dull and "mediocre" how come so many people have chosen to move to the village the last few years?

Ian Wallace, R.R.2 Guelph, ON

Earth Day is a great teaching opportunity for parents

Earth Day has been around for more than 40 years, and has inspired millions of people to increase their awareness of, and their appreciation for, the environment with eco-friendly lifestyles and attitudes.

While a transition to a more eco-conscious lifestyle might not be seamless, it's far easier than many might suspect and even easier for kids who have yet to develop a lifetime of habits that might not be so ecofriendly.

Over the last several years, the opportunities to eat in an ecofriendly manner have increased dramatically. Organic foods have grown more and more popular, and parents can use this growing trend to teach their kids about the environment. When shopping for groceries, choose organic products that weren't grown with pesticides or harmful chemicals and explain this difference to kids.

Shopping locally provides another opportunity for parents to involve food when teaching kids about the environment. Explain to kids that shopping locally reduces reliance on fuel because products don't need to be shipped, be it through the air or on the ground, to your community, minimizing fuel consumption.



Publisher Ted Tyler

Frances Niblock

Editor

Editorial Contributors Angela Tyler

Advertising and Circulation Marie Shadbolt

Composing Traci Gardner, Iain Brennan

Typesetting Melissa Paul

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