

Cancer can be beaten

The Acton Branch of the Canadian Cancer Society has been meeting to plan, once again, the beginning of the spring campaign. I am sure you are all familiar with the invitation to the volunteers of Acton to meet and greet as we begin the April fundraising campaign.

Last year, we changed the concept of dinner and conversation and invited a well known cancer research specialist to speak. We opened the invitation to the general public as well as all volunteers. This evening proved so informative and was so well received that we are repeating it again this year.

Nelson Ho, a research

specialist at the University of Guelph, currently working toward his doctorate, is the guest speaker this year. This evening takes place Wednesday, March 28 at 7 p.m., at Knox Presbyterian Church, Acton.

Why are we so interested in hearing about the research currently taking place? Ask just about any volunteer and you will probably hear about the loss of a loved one and the common reason for the battle lost, not enough medical knowledge to bring about a cure. That knowledge can only be found by research. It is research that is going to eventually free us from this terrible disease.

Breakthroughs are happening, lives that would have in peril a few years ago are being saved. But we continue to lose too many loved ones. We must keep up the fight.

The Canadian Cancer Society funds approximately 60 per cent of all research done in Canada. Come out this year and hear Nelson Ho's power point presentation. Find out how important all your donated dollars are. Let's all work toward a better future.

Pat Kentner
Publicity
Representative
Acton Branch,
Canadian Cancer
Society



INSIDE RIDE: Approximately 130 students and staff at Acton High School pedalled on stationary bikes in the gym recently and raised \$14,000 for the school's second annual Inside Ride event, which funds for children and families living with, and recovering from, childhood cancer. – Submitted photo

Pedal Power fundrasier

Student Jordan Lenz collected \$2,045 in pledges and was the top fundraiser at Acton High School's recent second annual Inside Ride – an event designed to raise money for chil-

dren and their families living with, and then beyond, childhood cancer.

On stationary bikes set up in the gym, 130 participants, including teams of students, staff and individuals raised

\$14,000. Zachary Krozen was the top male, raising \$605. The top team, Jazz Hands – Krozen, Shannon Crowe, Laura Sinden, Zehra Rajabali and Rachel Dobbs – raised \$2,492.

On stationary bikes set up in the gym, 130 participants, including teams of students, staff and individuals raised

CASHh can help

April is fast approaching for our campaign of funds. For 12 years now Cancer Assistance Services has proven its power to care in our community. During April, invest and believe in the people and ideas that matter.

Perhaps it doesn't matter to you today; however just imagine being diagnosed with cancer. Most are faced with treatments of surgery, chemo and / or radiation. Mustering up the strength to battle this disease usually is secondary to the stress of managing sick leave, care of children and home responsibilities.

CASHh lessens the stress

by providing transportation, or will reimburse for parking expenses when a family member does the driving. Food supplements to withstand weight loss, relaxation programs to regain strength, balance and energy, wigs, night hats, pretty scarves, special pillows for those in treatment, some equipment loans or help in the home when needed.

The *For Goodness Sakes* program has proven a blessing to patients, and is designed to help ease the pressure of what cancer does to families.

The April Residential campaign is our major source of income, and

when someone knocks on your door this is your opportunity to give generously. Please be assured your donation is going directly to services; it takes millions of dollars to fund research, but a small donation will go far in our organization.

Donation dollars are very important to keep our organization vibrant. It's imperative to make a well-informed decision when canvassers start knocking on your door. We hope we can count on you to give generously because we can't imagine Halton Hills without CASHh. We strive to provide comfort and support to the residents of Halton Hills through your thoughtful and giving spirit.

Catch the Fever. We are unique. DIG DEEP



A BUG'S LIFE: Acton's Austin Daleman, 10, and Crusier joined in the fun with Bugzi the Caterpillar on Tuesday at Knox Presbyterian Church's Bug Zone March Break Day Camp. The popular program drew 49 children for the daily fun including crafts, games, stories and nutritious snacks. – Traci Gardner photo

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WED. MARCH 28th, 12:30PM - 2:30PM
THE HIDE HOUSE PARKING LOT
(Eastern & Mill)

20 LB BOX OF CALIFORNIA
Seedless Navel Oranges **\$25.00**
or Ruby Red Grapefruit **PER BOX**

Robbyn Buckley and Raymond Warford of Acton are delighted to announce the upcoming marriage of their daughter

Jessica Sherstyn Buckley
to
Christopher Philip Pugliese
Son of Nick and Janice Pugliese of Guelph.

Wedding to take place
July 14, 2012 in Guelph