

Cool activities still continue at Georgetown Seniors Centre

By **FLORENCE RIEHL**
Georgetown Seniors Centre

Summer has arrived with a BANG! Hope you celebrated Canada's 145th birthday on July 1. I didn't even have to leave my balcony to see fireworks in almost every direction.

Tuesday, July 3, some of the Active Living programs began their summer session. They include Still Sizzlin', Dance Fitness, and Bone Builder. At last report they were all a go. If you would still like to join one or more of these classes call Sherry at the Centre to confirm availability, 905-877-6444.

On July 12, from 1-2 p.m., a rep from ComForcare Home care is coming to the Centre to speak about the importance of foot care and how it can be more important than we think, especially if you are diabetic. Free refreshments will be served. Come and bring a friend and hear what's new.

Tickets for our raffle are going well. They are \$2 for one, \$5 for three and \$15 for a book of 10. Come and visit our booth at the Farmers' Market on July 14 and 28. We will be located by Heather's Bakery. You could win a Blackberry, \$200 gift card for assorted restaurants, or a bistro set donated by Canadian Tire.

Raffle tickets are available from Board members and always from Reception. Sup-



port our fundraiser.

Sandwiches and hot lunches are suspended until September. Thank you to all who supported these two ventures. Coffee, cookies, bagels and "cup of soup" are always available in the café.

On movie days throughout the summer you can come about 11:45 a.m. and have a slice of pizza before the movie for a mere \$2.50 per slice.

Plans are underway for some great events to take place during Open House week, September 10 to 14. Seems like a long way off but you know the older we get the faster time goes.

Come along and join the Daytrippers as we travel into the wine country of Niagara on Tuesday, August 14. Our trip includes a tour of Henry of Pelham Winery, lunch at Pillar and Post, and a tour of Chateau Des Armes Winery. Last signup date is July 25.

I have two seats available for the *Forever Plaid* show at the Rose Theatre on Sunday, July 25. Free transportation. Open to anyone 55+. Call 905-873-1210.

Keep in mind the Centre is a COOL place to be on a hot summer day.



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