

## **Georgetown Seniors Centre offers Blackberry as top prize in fundraiser**

## By FLORENCE RIEHL

Georgetown Seniors Centre

Great participation for our Seniors' Month Celebrate, Participate activities. Many people came out to try out various activities.

Dr. Gabor Madarasz will be at the Centre on Friday, June 22 from 10-11 a.m. to talk about losing weight and stay healthy. You will learn from him what your body really needs, what foods can prevent disease, what the Corporate Food Industry doesn't want you to know, and how you can eat more and still lose weight. This event is free and open to members and friends of the Centre.

As a fundraiser, the Centre is selling draw tickets, \$2 each or 3/\$5. First prize is a Blackberry, second prize is two \$100 restaurant gift cards, and third prize is a bistro set. Tickets are available at Reception and watch for us at the Farmers' Market and in the Mall. This is your Centre and needs your support.

I hope you have taken advantage of our new Seniors Centre's section on the Town website. I found if I opened Internet Explorer, typed in www.haltonhills. ca/seniors in the address bar, it came up immediately. I then saved it to My Favourites on Internet Explorer and now our website is at my fingertips.

I'm sure there is still room to take part in a free "Maximize Your Health" series running for six weeks, Wednesday afternoons, 1:30 to 3:30 p.m., June 20 to July 25 at the Centre. These workshops deal with action planning, problem solving for chronic conditions.

To complete our Seniors Month we



offer time for a light lunch and entertainment on Tuesday, June 27, 1-2 p.m. This is sponsored by Dale Brown from Martindale Gardens Retirement Residence.

Entertainment for this event will be supplied by Ingvar Grimsmo, magician, comedian, singer. You won't want to miss him. He sounds like a real fun guy. Tickets, \$5 are available at Reception. Come out and share lunch and a laugh.

Day Trippers are heading for a Day in Niagara trip to include a tour and tasting at Henry Pelham Winery, lunch at the Pillar and Post and a stop at the Chateau Des Charmes Winery for more tasting. Date is Tuesday, August 7. Cost \$85. Final sign up date is July 25. Don't get left behind!

## Weekly euchre at Limehouse Hall



Limehouse Memorial Hall Board hosts euchre, weekly this summer, beginning

at 7:30 p.m. in the hall. Everyone is welcome. The next euchre will be held on Thursday, June 28.



1 EYE & 2 LEGS.