



## THE 2<sup>ND</sup> ANNUAL

# INSPIRATION RUN

5K AND 10K TRAIL RUN/WALK  
SATURDAY, JUNE 23, 2012 AT 10 A.M.  
MOUNTSBERG CONSERVATION, CAMPBELLVILLE

PRESENTED BY:



WITH SPONSORS:



TO REGISTER, GO TO [WWW.VRPRO.CA](http://WWW.VRPRO.CA) OR [WWW.RUNNINGROOM.COM](http://WWW.RUNNINGROOM.COM)

[WWW.MEREDITHHAGANFOUNDATION.COM](http://WWW.MEREDITHHAGANFOUNDATION.COM)

STRONGER • HARDER • FASTER

## Graduation day

At the recent Village Montessori School graduation ceremony, Carter Reaume (left) and Rheanna Silva, both 4, were among the group who took part in the *Ladybug* song. The school, located in St John's United Church in Glen Williams, is now accepting registrations for summer camp.



Photo by Ted Brown

### YOU'RE INVITED!

**Tuesday, June 26th, 2012**

Acclaim Health and Community Care Services is hosting its Annual General Meeting,

**Guest Speaker:** Narendra Shah,  
Chief Operating Officer of the Mississauga Halton LHIN

Reception @ 5:30 p.m.  
Meeting @ 6:00 p.m.

at the QE Park Community & Cultural Centre,  
2302 Bridge Road, Oakville ON

The public is welcome to attend! Please RSVP by June 19th, 2012

For more information, contact Michele Swanson at 905-827-8800 ext. 2011 or by e-mail at [mswanson@acclaimhealth.ca](mailto:mswanson@acclaimhealth.ca)



#9-318 Guelph Street  
Georgetown ON L7G 4B5

# JUNE IS SENIORS MONTH! CELEBRATE. PARTICIPATE.



## FREE Activities for 55+

June is Seniors Month in Ontario, and to celebrate, the Georgetown Seniors Centre is hosting free Active Living Try-It classes for adults 55+. On June 12, 13 and 14 enjoy FREE activities from drop-ins to Zumba classes - There's sure to be something for everyone!

Check out the Halton Hills Seniors Centre New website: [www.haltonhills.ca/seniors](http://www.haltonhills.ca/seniors)

### TUESDAY, JUNE 12

- 9:00 AM - Easy Does It Try-it
- 10:00 AM - Still Sizzlin' Try-it
- 11:00 AM - Line Dancing Try-It
- 1:00 PM - Ontario Migraine Clinic Treating Pain with Acupuncture

### WEDNESDAY, JUNE 13

- 9:00 AM - Dance Fitness Try-It
- 10:00 AM - Mingle & Chat Group MHLHIN Priority Talk
- 10:00 AM - Nordic Pole Walking Demo
- 1:00 PM - Art Show (refreshments)

### THURSDAY, JUNE 14

- 9:00 AM - Bone Builder Try-It
- 11:00 AM - Zumba Try-It
- 1:00 PM - Exercise & Nutrition in Active Aging - Marie Ramsay



### BBQ

Friday, June 15  
12:00 noon

Come out to the Georgetown Centre during Seniors Week and Celebrate. Participate!

The views expressed in this publication are the views of the Georgetown District Seniors Centre and do not necessarily reflect those of the LHIN or the Government of Ontario.

