LETTER FROM AN FOCUS

I lost my wisdom last month. [Insert joke about how I can't afford to lose any more.] Yep, after putting it off for years and years, I finally had my wisdom teeth removed.



When I told my friends, family, co-workers, acquaintances and random passersby about my imminent oral surgery, nearly every single one of them had a horror story to tell. I heard tales of infection, excruciating pain, extreme recuperation times, and random fainting spells in local video stores. I tried to stay positive and not let these Debbie Downers freak me out, but they made me wonder if a pleasant wisdom teeth extraction experience was possible.

Now that I'm on the other side, I know why nobody has a positive story about their wisdom teeth: because even when all goes according to plan, the whole experience still sucks. Your mouth hurts, your face swells and bruises, and most devastatingly (for me, at least) you can't eat solid foods. Now I like applesauce and overcooked pasta as much as the next person, but it gets old fast. It got to the point where I started dreaming about burgers and Thai food (which, according to my dream self, is a delicious combination).

For those of you about to lose your wisdom, I won't tell you any horror stories (because you will definitely hear more than enough from other people). Instead, I'll give you a piece of advice: before you go under the knife, eat while you can because those happy memories will help you make it through your post-surgery diet of soup and mushy KD.

But before you head out to stock up on your favourite foods, please sit back, relax and enjoy the June edition of *In Focus*. And keep an eye out for our photographers – you could see yourself in our next issue!

Happy June!

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Make Moments Matter - WALK for ALS!

Join in on fun for the whole family: live entertainment

with special guest Darryl London, face painting,

balloonist, NEW silent auction, free BBQ and more!

Acton/Georgetown WALK for ALS

New Location: Dominion Gardens Park Date: June 2, 2012 Sign-In: 9 a.m. at Christ the King High School WALK Start: 10:45 a.m.

WALK for ALS helps to raise money for equipment and support services for those living with ALS, and to fund research to find a cure - you can help!
Early Bird: to avoid lines at WALK, come drop off your fundraising dollars and pick up your WALK t-shirt on May 27 (1-3 p.m.) at Real Canadian Superstore, Georgetown

For more info contact Mary Jo Knox at mknox2@cogeco.ca or www.walkforals.ca/ontario





Mother's Day Tea



Gladys Moorhead, Shelley Lindsay, Gloria Barker and Ruth Michasiw catch up at the celebration.



Rita Parker-Baril, Nellie Bell, Rachel Shield, Joan Archibald and Cynthia VanHerk have a laugh at their table.



Sophie Matheson, Florence Riehl, Bernadette Hill, Sheila Ward and Audrey Brown enjoy an afternoon at the seniors centre.



Links2Care volunteer Belinda Rose serves up platters of tasty treats.

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A group of lucky ladies got an early Mother's Day treat on May 8 when the Georgeotwn Seniors Centre hosted a Mother's Day Tea. The event was organized by Links2Care and featured a delicious spread of food created by Christ the King's nutrition class. Guests sipped tea and coffee while snacking on scones, sandwiches, squares, cookies, brownies, jams and jellies. Happy Mother's Day! Photos by Andrea Lefebvre

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