

Your Health, Your Way at the Mississauga Halton CCAC

Join the Mississauga Halton CCAC for a free one-hour public information session.

Wednesday June 6, 2012
6:30 pm to 8:00 pm
BraeBen Golf Course
The Clubhouse at BraeBen
5700 Terry Fox Way, Mississauga, Ontario, L5V 2W2

When planning for your own or your loved ones' health care needs, it's important to think about your preferences and options – before facing a crisis.

Join us at our second annual *Your Health, Your Way* event and hear:

Mark Handelman, Whaley Estate Litigation: An overview of the importance of planning so that families can start talking about "what if and what's next."

Dr. Rudolph Hyles, Family Physician: Cancer: A personal approach to conversations with patients and families.

Natoya Hylton, Case Manager: Outlines how the Mississauga Halton CCAC designs personal care plans.

June Rimar, Placement Coordinator: How to apply to Long Term Care

Register by phone: 905-855-9090 ext. 2070,
or email: yourhealthyourway@mh.ccac-ont.ca

For more information, visit www.yourhealthyourwaymh.org



Planning for care before a crisis.

What to think about?
What to plan for?
What to do?



Synchro Splash

Halton Hills Synchro held its 18th-annual year-end showcase event called International Splash earlier this month at the Georgetown Indoor Pool and club member Ashley Ortega (pictured above) was an enthusiastic participant. Halton Hills Synchro welcomes new members for the 2012-13 season, which begins in September. For more info, email hhsynchro@gmail.com.

Photos by Jon Borgstrom

Ask the Professionals DIRECTORY

"It's not about your resources. It's about your resourcefulness."
 ~ Tony Robbins

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PROFESSIONALS WANTED

to inform our readers & answer their questions

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Contact Amy Sykes in Special Features to find out about our booking specials
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asykes@theifp.ca

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