

# Community Calendar

## Wednesday, May 23

**Become Suicide Alert:** Learn four basic steps to recognize persons with thoughts of suicide and connect them with suicide helping resources at Safe-TALK, a three hour training session to be held 7-10 p.m. at the Georgetown police station community room. To register email Gail, dcnh@bellnet.ca

**Youth Drop-in Basketball:** will be held on Wednesdays until June 13 at George Kennedy School, 7-8 p.m. (ages 13-17) and 8-9 p.m. (ages 18-24). It will also be held on Mondays until June 11 at McKenzie-Smith Bennett School, 8-9 p.m. (ages 13-17) and 9-10 p.m. (ages 18-24). Admission: \$3 at the door.

**Family Storytime:** is a free 30-minute program for grownups and young children to enjoy together at Halton Hills Public Library. It includes stories, music and lots of fun. Just drop in. At the Georgetown branch: on Wednesdays, until May 30, 9:45 a.m. and at the Acton HUB: on Wednesdays, until May 30, 2 p.m. Info: 905-873-2681 ext. 2520, 519-853-0301 or www.hhpl.on.ca

**The popular Home Show:** will be held at the Georgetown Market Place, May 23-26.

**Equilibrium:** is a peer support group for individuals and their families who are affected by a mood disorder such as depression or bipolar disorder. Guest speaker Tim Boulton, Transitions Life Coach and Grief Recovery Specialist on how to be attentive to authentic feelings. Equilibrium-Georgetown meets 7:30 p.m. (doors open at 7 p.m.) at Norval United Church, 486 Guelph St., Norval. Free admission. Info: Canadian Mental Health Association, 905-693-4270 or georgetown@equilibrium-oakville.com

**Al-Anon Family Group meetings:** for families and friends of alcoholics on Wednesdays- One Day at a Time Group, 10 a.m. at Knox Presbyterian Church and Acton Al-Anon Family Group, 8 p.m. at Trinity United Church, 70 Mill St., Acton— use back door). Info: 1-888-425-2666.

**Asphasia recovery:** Halton Aphasia Centre can assist persons recovering from a stroke or other trauma and living with aphasia (the resultant language disorder from damage to the communication centre of the brain). Program runs Wednesdays, 9:30 a.m. to 1:30 p.m. at Glen Williams Town Hall, 1 Prince St.,

Glen Williams. Info: 905-702-5312 or www.haltonaphasiacentre.com

**Nordic Pole Walking:** Wednesdays, 6:30 p.m. outside Gellert Centre; bring toonie for the Heart and Stroke Foundation. Led by certified Nordixx Pole Walking instructor Ginger Quinn, 905-691-9122. Sponsored by GEM Health Care Services www.gemhealthcare.com

## Thursday, May 24

**Vacation Bible School registration night:** A registration night with activities and snacks will held 6:30-8 p.m. at St. Andrew's United Church, 89 Mounta-inview Rd. South, which is holding their 8th annual Vacation Bible School August 13-17, 9 a.m. to noon. Children, ages 4-10, are welcome. Join us for a week of fun and exciting games, stories, music, crafts and other activities. The cost is for a donation only. Space is limited to the first 100 children. Please call 905-877-4482 or email standrewsoffice@cogeco.ca for info or to register early.

**Free business advice:** A professional business consultant from the Halton Region Business Development Centre will be available at Georgetown library, 224 Maple Avenue) 10 a.m. to 4 p.m. to help you start or expand your existing small business. Appointments must be booked in advance. Register for a free one-hour consultation at 1-866-4HALTON or bus-dev@halton.ca

**Ballinafad Hall Board euchre:** is held 7:30 p.m. at the Ballinafad Community Centre. Cost is \$3/ player. Light lunch, coffee, tea.

**Thursday afternoon euchre:** 1:15-3:35 p.m. at the Acton Legion, 15 Wright Ave. Hosted by the Ladies Auxiliary. Everyone is welcome. Come out and meet others for a good time. Admission: \$2.

**Learn and perform celtic music:** Play in the Georgetown Celtic Orchestra. Violin/fiddle, guitar, mandolin, etc. Age 12+. Rehearsals are Thursdays, 7:30-9 p.m. at 330 Guelph St. from Sept. to June. Info: www.georgetowncelticclub.com, 905-877-2770.

**Bingo:** every Thursday hosted by Georgetown Optimist Club, 13439 Hwy. 7, 7-9 p.m. Cash prizes. Fundraiser for youth activities. Info: Clay, 905-873-1709.

**ANVIL:** men's fellowship ministry :of Georgetown Christian Fellowship (GCF) meets every Thursday, 7 p.m. at the church, 13619 Hwy. 7 West, Georgetown. ANVIL provides an environment where men can establish and build genuine brotherly relationships and grow in their spiritual journey. Info: www.theanvilnewsletter.blogspot.ca, 905-873-9652.



## How important is communication?

Try not talking for 24 hours. How would you communicate with the people around you – at work, or at home? How would you feel? What would you learn about the reality of one out of every ten Canadians? That's how many people suffer from a speech or hearing disorder, and they encounter many educational, social, psychological, emotional and vocational issues every day.

And that's not just talking. Communication disorders have a wide range of causes and symptoms, from physical conditions to accidental injuries, and from stuttering to aphasia. They are especially challenging for children, since communication disorders are often misdiagnosed in school as learning disabilities or behavioural problems.

These are some of the reasons that May has been designated as Speech and Hearing Awareness Month, with a goal to provide information about educational programs, treatment, and prevention for disorders.

Noticeable age-related hearing loss starts at about 30 or 40 years of age, and is the third most prevalent chronic disability among older adults, behind arthritis and hypertension. Noise induced hearing loss (NIHL), caused by prolonged exposure to loud noises, may be temporary after a rock concert or a spin on the 4-wheeler, but may be more tenacious when it results from years in an excessively noisy workplace.

Children are also showing an increasing tendency to develop NIHL by the age of 17. A 1996 study of university students showed the after-effects of listening to music with headphones is comparable to adults who have worked for years around noisy equipment. About 99% of this hearing loss is preventable with early detection.

## Speech Pathways

905-302-0264

Speech Therapy - Home Visits

Days/Evenings/Weekends

Serving all ages: infants to adults



- Articulation (speech sounds)
- Late talkers (preschoolers)
- Stuttering
- Autism Spectrum Disorders
- Reading/writing development

www.speechpathways.ca

Covered by most benefit plans

## INVISIBLE hearing aids are now AVAILABLE!

They fit deep within the ear canal and are suitable for active sports such as golf, cycling and tennis.

TEST DRIVE these instruments for 14 days with NO obligation!

HEAR the DIFFERENCE for yourself

## HEARING SCIENCES

Audiology and Hearing Aid Centre

905-877-0099

211 Guelph Street, Suite 1, Georgetown  
(In the M&M plaza, across from Winners)

## The GEORGETOWN HEARING CLINIC

Professional Arts Building  
99 Sinclair Ave., Suite 210,  
Georgetown

905-873-6642

Serving the community of Halton Hills and surrounding area since 1992

At The Georgetown Hearing Clinic, we are committed to your individual hearing needs. Find out how we can help.

