



GROUP WORKSHOPS

We Will Help you live your **BEST** life possible with **Chronic Health Conditions**

UPCOMING WORKSHOP

Georgetown

93 Main Street April 4th to May 9th 9:30 am to 12:00 pm

Many more dates to come!

REGISTER NOW

Phone: (905) 338-4432 ext. 4871 or 1-888-670-6636 ext. 4871 Email: maximizeyourhealth@haltonhealthcare.on.ca

DO YOU

LIVE WITH A CHRONIC HEALTH CONDITION SUCH AS DIABETES, LUNG DISEASE OR HEART DISEASE? EXPERIENCINCE CHRONIC PAIN, FATIGUE OR DEPRESSION?

WE CAN HELP YOU MAXIMIZE YOUR HEALTH WITH A 6 WEEK GROUP WORKSHOP





The Regional Municipality of Halton

Halton Hills (Collection Areas 3, 4, 5 only)



Yard Waste Collection

- Use paper yard waste bags or reusable, rigid containers (no lid).
- No plastic bags.
- Tie and bundle brush.

From April 2 to December 14, 2012, yard waste is collected once every other week, on the same day as your garbage.

Yard waste in cardboard boxes, Blue Boxes, GreenCarts, plastic bags, compostable bags or biodegradable bags will not be collected.



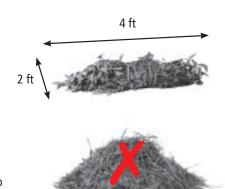
Yard waste labels are available at no charge. To order a yard waste label, visit www.halton.ca/

wastetools, or call Halton Region by dialing 311. Place yard waste labels on your reusable container.

Containers must be no heavier than 23 kg (50 lbs) and may have a capacity up to 125 L (27.5 gallons).

Brush must be tied in bundles no larger than 1.2 m x 0.6 m (4 ft x 2 ft) wide, with branches a maximum of 7.5 cm (3 in) in diameter.

Grass clippings are **not** accepted in Yard Waste collection. Please "grasscycle" by leaving grass clippings on your lawn. Grass clippings will decompose quickly, releasing valuable nutrients back into your soil. Grass clippings are not accepted in the garbage, Blue Box or GreenCart.





- **Acceptable Yard Waste Materials**
- Leaves and weeds
- Sticks, twigs and tree trimmings
- Decorative cornstalks
- **Pumpkins**
- Fallen fruit from trees
- Yard and garden trimmings



Unacceptable Yard Waste Materials

- Grass clippings
- Sod, soil, clay and rocks
- Plastic shopping or garbage bags
- Plastic flower/plant pots
- Flower/plant markers and tags